Bipolar molecular outflow of the very low-mass star Par-Lup3-4
Evidence for scaled-down low-mass star formation*

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ABSTRACT

Context. Very low-mass stars are known to have jets and outflows, which is indicative of a scaled-down version of low-mass star formation. However, only very few outflows in very low-mass sources are well characterized.

Aims. We characterize the bipolar molecular outflow of the very low-mass star Par-Lup3-4, a 0.12 $M_\odot$ object known to power an optical jet.

Methods. We observed Par-Lup3-4 with ALMA in Bands 6 and 7, detecting both the continuum and CO molecular gas. In particular, we studied three main emission lines: CO(2–1), CO(3–2), and $^{13}$CO(3–2).

Results. Our observations reveal for the first time the base of a bipolar molecular outflow in a very low-mass star, as well as a stream of material moving perpendicular to the primary outflow of this source. The primary outflow morphology is consistent with the previously determined jet orientation and disk inclination. The outflow mass is $9.5 \times 10^{-7} M_\odot$, with an outflow rate of $4.3 \times 10^{-9} M_\odot$ yr$^{-1}$. A new fitting to the spectral energy distribution suggests that Par-Lup3-4 may be a binary system.

Conclusions. We have characterized Par-Lup3-4 in detail, and its properties are consistent with those reported in other very low-mass sources. This source provides further evidence that very low-mass sources form as a scaled-down version of low-mass stars.

Key words. stars: formation – ISM: individual objects: Par-Lup3-4 – ISM: jets and outflows – submillimeter: stars – techniques: interferometric

1. Introduction

Outflows and jets are ubiquitous structures that accompany the formation of low-mass stars (Arce et al. 2007; Lee 2020), especially during the Class 0 and I evolutionary phases. As the material is accreted from the envelope or the protoplanetary disk onto the protostar, a fraction of the material is expelled as a result of angular momentum conservation. The gas can be ejected in high-velocity collimated jets or in low-velocity disk winds (Hartmann et al. 2016, and references therein).

In recent years, jet-like structures and molecular outflows have been reported in several young very low-mass (VLM) stars and brown dwarfs (BDs), mostly based on optical and infrared spectral and spectro-astrometric observations. Examples of well-studied VLM objects with jets are Par-Lup3-4 (Fernández & Comerón 2005), LS-R CrA 1 (Whelan et al. 2009), 2M1207 (Whelan et al. 2012), ISO 143 (Joergens et al. 2012a), ISO-217 (Joergens et al. 2012b), and ISO-Op100 200 (Whelan et al. 2018).

Jets and outflows in VLM stars and BDs have also been detected at centimeter (cm) and millimeter (mm) wavelengths. In the cm regime, Morata et al. (2015) discovered compact free-free emission in four sources. In the (sub)mm regime, several VLM stars and BDs have been reported to host jets or outflows in different evolutionary phases: the Class 0/I proto-BDs L1014-IRS (Bourke et al. 2005; Huard et al. 2006), and L1148-IRS (Kaufmann et al. 2011); and Class II sources ISO-Oph 102 (Phan-Bao et al. 2008), the VLM star MHO 5 (Phan-Bao et al. 2011), and GM Tau (Phan-Bao et al. 2014). Common and notable characteristics of outflows from these sources include a very small physical size (600–1000 au), and a low outflow velocity (<5 km s$^{-1}$). Other characteristics, such as the ratio between wind mass-loss and accretion rate (Phan-Bao et al. 2014), have been studied to search for trends among VLM stars and BDs with evolution. The observational uncertainties are still large, however.
VLM stars and BDs are very faint and difficult to detect because of sensitivity limitations, resulting in only few studies of mm-wave molecular outflows. Phan-Bao et al. (2014) detected only three out of eight VLM outflows surveyed in their (sub)mm study. Moreover, there are no sufficient studies (to our knowledge) in the very low-mass regime on the details at the base of the outflow near the driving source; nor have the inner cavity walls near the launch region been observed and described in great detail.

The study of outflows from VLM stars may provide further evidence about their formation mechanism. VLM stars may be formed similarly to low-mass stars (Mac Low & Klessen 2004), or their formation may be more similar to that of BDs. The dominant formation mechanism of BDs is still under debate; for a review, see Joergens (2014). Theories such as photoevaporation (Whitworth & Zinnecker 2004), disk fragmentation (Stamatellos & Whitworth 2009), dynamical ejection (Reipurth & Clarke 2001), or gravoturbulent fragmentation (Padoan & Nordlund 2002; Hennebelle & Chabrier 2008) can explain the formation of VLM stars and BDs.

In this work, we present new ALMA observations of Par-Lup3-4, a VLM star located in the Lupus 3 molecular cloud. We detect the source in Band 6 and 7 continuum and in three gas emission lines: CO(2–1), CO(3–2), and $^{13}$CO(3–2). These observations reveal that an outflow structure surrounds Par-Lup3-4. This outflow is consistent with being a scaled-down version of outflows detected in more massive stars.

2. Previous observations of Par-Lup3-4

Par-Lup3-4, located in the Lupus 3 molecular cloud, is a VLM star with a mass of 0.12 $M_\odot$ and spectral type M5 (Comerón et al. 2003). The name of the object is taken from Comerón et al. 2003. The source appears underluminous when compared to similar sources in the same star-forming region, and this is likely due to its edge-on disk orientation. Stellar parameters of Par-Lup3-4 were estimated by fitting its visible and near-infrared spectrum, including a temperature of 3197 K and a luminosity of 0.003 $L_\odot$ (Alcalá et al. 2014, assuming a distance of 200 pc) as well as a mass accretion rate of $\dot{M}_{acc} = -9.1 \pm 0.4 M_\odot$ yr$^{-1}$.

A jet from this source was first reported by Fernández & Comerón (2005). A bright knot at $1''3$ was detected in Hz and [S II]. Comerón & Fernández (2011) followed the jet up with narrow-band imaging with the FORS2 instrument, and the knot moved to 2''55 in 7.2 years; it was not detected in Hz in the second epoch, and it was fainter in [S II] by around 30%. The velocity of the jet is 168 ± 30 km s$^{-1}$ in the plane of the sky, giving a jet inclination of 6°7 ± 1°4. The mass-loss rate was estimated as $3.2 \times 10^{-10} M_\odot$ yr$^{-1}$ (Bacciotti et al. 2011). A detailed study of the optical jet can be found in Whelan et al. (2014); the jet extends to $\pm 3''$, and is in agreement with the kinematics derived in previous studies. The authors also obtained a better estimate of the ratio $M_{out}/M_{acc} = 0.05^{+0.10}_{-0.02}$, which supports theoretical predictions of jet launch (Ferreira et al. 2013; Frank et al. 2014).

The early classification as Class I was revisited based on high angular-resolution infrared observations, which revealed no thick envelope around Par-Lup3-4. The spectral energy distribution (SED) was modeled using radiative transfer simulations, and several parameters were estimated. One of them is a disk inclination of 81°, which is compatible with the value obtained by Fernández & Comerón (2005). The maximum derived grain size is $>10\mu m$, which may be indicative of dust processing. Recently, Ansdell et al. (2016, 2018) reported the detection of dust continuum emission from Par-Lup3-4 with ALMA at 335.8 GHz and 225.66 Hz, but there is no report about the bipolar molecular outflow cavity.

Using data from Gaia DR2, we have estimated the distance to the Lupus 3 cloud to be 155 ± 10 pc (Santamaria-Miranda, in prep.), which agrees within uncertainties with the distance derived by Zucker et al. (2020). This distance is closer than the 200 pc that was previously adopted for this region. We also derived a distance of ~155 pc to Par-Lup3-4.

3. ALMA observations

We present ALMA Cycle 3 and 5 observations of Par-Lup3-4 in Bands 6 and 7, respectively. The ALMA Band 6 (1.33 mm) observations were part of a continuum survey that studied the formation mechanisms and evolution of BDs. These observations comprised more than 60 substellar object candidates covering different stages of evolution, from the prestellar core phase to Class II objects (Santamaria-Miranda et al., in prep.). Par-Lup3-4 was included in the list of objects to study, and we present here the continuum emission and CO(2–1) gas emission associated with this source. These observations were performed on 31 March 2016 as part of the Cycle 3 ALMA program 2015.1.00511.S. Data were taken in single-field interferometry mode, and the time on source was 3.5 min. The number of antennas used was 43, with minimum and maximum baselines of 15 m and 452 m, respectively. The angular resolution achieved was ~0.9 arcsec (see Table 1, and the largest angular scale was ~11 arcsec. The field of view was 23 arcsec. Observations were taken with a precipitable water-vapor column of ~1.17 mm. QSO J1517-2422 was used as bandpass and flux calibrator, and QSO J1610-3958 as a phase calibrator.

This project was carried out in dual-polarization mode, and it was designed mainly to detect the continuum and serendipitous gas emission from CO(2–1). The correlator setup included four different basebands, three of them in time-division mode centered at 233.5 GHz, 217.0 GHz, and 219.25 GHz, with a total bandwidth of 1.875 GHz and a spectral resolution of 1.94 MHz. These three spectral windows also covered the frequencies of the C$^{18}$O(2–1), SiO(5–4), and DCN(3–2) transitions with a velocity resolution of ~2.5 km s$^{-1}$, although these molecules were not detected. A fourth baseband was split into two spectral windows with a bandwidth of 468.75 MHz and a velocity resolution of ~0.32 km s$^{-1}$ each, centered at 231.15 GHz for continuum detection and at the rest frequency of the CO(2–1) line (230.538 GHz).

ALMA Band 7 (0.89 mm) observations were performed in Cycle 5 on 24 March 2018 as part of the ALMA program 2017.1.01401.S. Two individual executions were performed to achieve the requested sensitivity. The time on source was ~72 min. Data were taken using 45 antennas with maximum and minimum baselines of 15 and 783 m, respectively, which provided an angular resolution of ~0.25 arcsec and a largest angular scale of 7.29 arcsec. The observations were taken with a precipitable water-vapor column of ~0.60 mm. The field of view was 16 arcsec. We observed a single field in dual-polarization mode, dedicating one spectral window of 0.469 GHz bandwidth to observing CO(3–2) with a velocity resolution of 0.11 km s$^{-1}$. The other three spectral windows were selected to study continuum emission with a bandwidth of 1.875 GHz. These three spectral windows covered transitions of $^{13}$CO(3–2), CS(7–6), and SO$_2$(4(3,1)–3(2,2)) for a serendipitous detection of gas tracers with a velocity resolution of 0.44 km s$^{-1}$, as well as centering at strategical frequencies to obtain the best atmospheric transmission. Bandpass
and flux calibrations were made using QSO J1517-2422, while QSO J1610-3958 was used as the phase calibrator.

Data were processed using the Common Astronomy Software Applications package (CASA, McMullin et al. 2007). We used the pipeline version 4.5.3 for the Cycle 3 observations, and version 5.3.0 for Cycle 5 observations. The task CLEAN was used to produce continuum and spectral line images. We used Briggs weighting with different robust parameters in order to obtain the best compromise between spatial resolution and signal-to-noise ratio, varying from 0.5 for CO gas emission lines to 2 for the $^{13}$CO (see Table 2 for more details). Primary beam correction was applied before inferring physical parameters from any of the images.

4. Results

4.1. Continuum emission

ALMA continuum emission images in Band 6 and Band 7 were generated considering all spectral channels from all spectral windows, but excluding channels with spectral line emission. The gas emission lines identified were CO($v = 0$ 2–1) in Band 6, and CO($v = 0$ 3–2) and $^{13}$CO($v = 0$ 3–2) in Band 7. Details of the continuum emission properties are included in Table 1.

We detect dust continuum emission at 1.3 mm (225.27 GHz) at the position RA = 16h08m51.426s, Dec = $-39\degree05'30.82''$ (see the left panel Fig. 1). The ALMA Band 6 continuum image with best sensitivity was obtained using natural weighting (Briggs weighting with robust = 2). Par-Lup-3-4 was detected at a 6σ level with a flux density of 0.31 ± 0.05 mJy, including a flux calibration error of 10%. The synthesized beam size is 0.93''×0.84'', and the source is spatially unresolved. Our results are compatible with previous observations reported by Ansdell et al. (2018), who measured a flux of 0.35 ± 0.11 mJy.

Dust continuum emission at 0.89 mm (338.15 GHz) is clearly detected at more than 5σ (see right panel Fig. 1) at the J2000 position RA = 16h08m51.424s, Dec = $-39\degree05'30.91''$. The best-quality image (prioritizing the signal-to-noise ratio while optimizing angular resolution to resolve the spatial structure) was

![Image](image-url)
obtained using a robust parameter value of 1.5, yielding an unresolved source with a flux density of 0.59 ± 0.06 mJy, including a flux calibration error of 10%. Ansdell et al. (2016) showed the first ALMA continuum image of this source in Band 7, where dust properties were constrained with a flux density of 0.91 ± 0.26 mJy. Our results are marginally compatible with theirs within 1σ uncertainty. In an attempt to improve the spatial resolution, we generated an image using uniform weighting, but still did not resolve the source, we therefore additionally adopted the value of the synthesized beam (∼0.24 arcsec) of the image with uniform weighting as an upper limit of the dust disk size (60 au diameter at 155 pc).

Assuming the ALMA continuum emission comes from thermal dust emission, and considering optically thin emission, we derive the total dust mass from Hildebrand (1983) as

$$M = \frac{S_d D^2}{B(T_{dust}) \kappa_d},$$

(1)

where $S_d$ is the flux density from Table 1, $D$ is the distance to the source (155 pc), and $B(T_{dust})$ is the Planck function at a temperature $T_{dust}$. The temperature was derived using $T_{dust} = 25$ K $\times (L_d/L_\odot)^{0.25}$ (Andrews et al. 2013). We used the stellar radius to obtain the luminosity ($L_*$), assuming an effective temperature of 3197 K (Alcalá et al. 2014). We did not use the standard $L_*$ estimates (i.e., visual magnitude plus bolometric correction) because the extinction toward the photosphere is highly uncertain because the source is seen edge-on and therefore appears underluminous in the Hertzsprung-Russell diagram. We first used a radius of $R_*$ (Huelamo et al. 2010), obtaining a temperature of 15 K. Then, we used a radius of $2 R_*$, as the result of our SED fitting (see Sect. 5.2), obtaining a temperature of 20 K. $\kappa_d$ is the absorption coefficient obtained from Ossenkopf & Henning (1994) for thin ice mantles and a density of 10$^6$ cm$^{-3}$. We interpolated for the wavelength of 1.3 mm and for 0.89 mm and obtained values of $\kappa = 0.85$ cm$^2$ g$^{-1}$ and 1.8 cm$^2$ g$^{-1}$, respectively. The derived masses for the dust at a temperature of 20 K are $0.28 \pm 0.05 M_\oplus$ for Band 7 and $0.60 \pm 0.15 M_\oplus$ for Band 6. Using a temperature of 15 K, we obtained a dust disk mass of $0.43 \pm 0.08 M_\oplus$ for Band 7 and $0.88 \pm 0.22 M_\oplus$ for Band 6. When the fluxes from Ansdell et al. (2016, 2018) with a distance of 155 pc instead of their assumed 200 pc, and the opacity law from from Ossenkopf & Henning (1994) are used, our results are compatible with theirs within the errors.

### 4.2. Gas emission lines

We detected three different gas emission lines toward this source for the first time with ALMA. In this section we describe structures with 3σ detection or more. The results for CO(3–2), CO(2–1), and $^{13}$CO(3–2) are summarized in Table 2, and they are described in detail in the following subsections.

#### 4.2.1. CO(3–2)

CO(3–2) (top left panel in Fig. 2) emits in a velocity interval between $-2.92$ km s$^{-1}$ and 11.60 km s$^{-1}$ (see Fig. 3). The spectrum of Par-Lup3-4 displays a double-peak profile with blue-shifted and redshifted wings and a self-absorption feature at $\sim3.4$ km s$^{-1}$ (see Fig. 4), probably due to the cold foreground parental molecular cloud. The self-absorption feature is close...
Fig. 3. Zoom-out CO(3–2) channel maps toward Par-Lup3-4 using robust value of 1. We used a range > 50 k\(\lambda\) to eliminate the extended emission. We binned the image to a velocity resolution of 0.44 km s\(^{-1}\). The velocity of the channels is shown in the LSR frame in km s\(^{-1}\), centered at the frequency of CO(3–2). All maps share the same linear color scale. White contour levels are 3, 5, 9, and 17\(\sigma\). \(\sigma\) is the rms noise level of the map. The cyan star marks the position of the peak intensity in the continuum image. The beam size is represented by a yellow ellipse in the bottom left corner.

The CO(3–2) blueshifted emission spans velocities between −2.92 km s\(^{-1}\) and 2.80 km s\(^{-1}\), and the redshifted emission is between 3.70 km and 10.72 km. The blueshifted arc-like structures are seen from −2.92 to 2.36 km s\(^{-1}\) in the southeast and from 0.60 to 2.80 km s\(^{-1}\) to the northwest. The redshifted emission
comes from a northwest arc-like structure that emits between 3.68 km s$^{-1}$ and 6.32 km s$^{-1}$ and from a southeast structure that extends from 5.00 to 10.72 km s$^{-1}$. Integrated red- and blueshifted CO(2–1) contour maps are provided in Appendix A.1.

CO(3–2) traces low-velocity outflowing material with an inclination near the plane of the sky, as revealed by the different arc-like quasi-symmetric structures with superimposed blue- and redshifted emission that traces the base of a compact bipolar outflow very close to the position of Par-Lup3-4 (Fig. 5). This outflow has the same orientation as the jet and the counterjet detected by Fernández & Comerón (2005). The CO(3–2) lobe structures clearly delineate the southeast and northwest side of the outflow cavities that result from the interaction between the ejected material with the surrounding envelope.

Cloud emission is seen as an inhomogeneous distribution of material that is spread randomly throughout the whole map between 2.51 km s$^{-1}$ and 4.41 km s$^{-1}$ and between 5.26 km s$^{-1}$ and 5.58 km s$^{-1}$. Beyond 5.90 km s$^{-1}$ and below 7.20 km s$^{-1}$, we cannot distinguish clearly between cloud emission and outflow emission.

There is an elongated and clumpy structure northeast of Par-Lup3-4 with a size of $\sim$5″ and a velocity gradient from 5.44 to 7.20 km s$^{-1}$ whose origin is unknown (see Fig. 6, right panel). This structure seems to originate close to the position of Par-Lup3-4, with a velocity that increases with distance. It ends in the north at the position of a more extended clump, which may be part of the surrounding parental molecular cloud. We discuss the possible nature of this feature in the next section.

### 4.2.2. CO(2–1)

The first molecular gas emission detection (bottom panel in Fig. 2) of Par-Lup3-4 was at the frequency of CO(2–1) as part of our ALMA Band 6 Lupus 1 and 3 dataset. The CO(2–1) emission spans a total velocity of $\sim$13 km s$^{-1}$ in velocity channels ranging from $-3.2$ to 10.0 km s$^{-1}$ (see Appendix A.2), and it shows similar spatial and spectral characteristics as CO(3–2). Its spectrum has a double-peak profile, with a more intense red wing and a self-absorption feature between 2.3 km s$^{-1}$ and 4.5 km s$^{-1}$ (see Fig. 4). The CO(3–2) emission described in the previous subsection suggests the existence of a compact bipolar outflow, which is confirmed by the CO(2–1) emission line detected in our Band 6 data.

The blueshifted emission spans velocities between $-3.2$ km s$^{-1}$ and 2.8 km s$^{-1}$ with two spatial components that show an arc-like structure in the southeast direction (from $-3.2$ to 1.5 km s$^{-1}$) and in the northwest (from 1.8 to 2.5 km s$^{-1}$). The redshifted emission (velocities between 3.7 km s$^{-1}$ and 10 km s$^{-1}$) shows a similar trend, tracing an arc-like shape in the northwest direction between $-4$ km s$^{-1}$ and 6.6 km s$^{-1}$ and in the southeast direction between 7.0 km s$^{-1}$ and 10 km s$^{-1}$ (see Appendix A.2). These blue- and redshifted structures for the first time suggest that a compact low-velocity bipolar molecular outflow near the plane of the sky is powered by Par-Lup3-4, with the southern lobe showing higher velocities than the systemic velocity than does the northern lobe. Integrated red- and blueshifted CO(2–1) contour maps are provided in Appendix A.3.

Extended emission and negative features due to the effects of filtering large-scale structures by the interferometer are present near 2.7, 4, and 5 km s$^{-1}$. In particular, the remnants of the parental cloud are seen in velocity channels from 3.4 to 4.3 km s$^{-1}$, and this might be a remnant of the envelope in which the source was originally embedded.

The northern stream of clumpy material (hereafter called possible secondary outflow) observed in CO(3–2) at velocities between 5.6 km s$^{-1}$ and 7.2 km s$^{-1}$ is also detected in the CO(2–1) transition, with similar characteristics in terms of speed and location. The nature of this structure is discussed in Sect. 5.1.

### 4.2.3. $^{13}$CO(3–2)

$^{13}$CO(3–2) emission is detected very close to Par-Lup3-4 in a velocity range between 0.96 km s$^{-1}$ and 7.12 km s$^{-1}$ (see...
Fig. 6. Left panel: CO(2–1) ALMA channel maps toward Par-Lup3-4 and the possible secondary outflow following the northeast direction. All the maps share the same linear color scale with a robust value of 1. Right panel: ALMA-integrated emission of CO(2–1) from a velocity of 5.63–6.90 km s$^{-1}$. Contours show 3, 5, and 7 times the rms ($6.0 \times 10^{-3}$ Jy beam$^{-1}$). The cyan and white star shows the peak intensity in the continuum source position for all the images. The beam size is represented by a yellow ellipse in the bottom left corner.

Appendix A.4). $^{13}$CO(3–2) traces a more compact and denser structure than the structure that is observed with the other two $^{12}$CO molecular transitions, where the northwestern outflow cavity is still well perceived (top right panel in Fig. 2).

To investigate the nature of the $^{13}$CO line, we calculated the optical depth and obtained a value of 0.31 that is in the optically thin regime. The $^{13}$CO spectrum is less affected by possible cloud contamination (compared to the $^{12}$CO spectra), and we used it to infer a more accurate value for the systemic velocity of the source, that is, the velocity average of gas, which we found to be between 3.46 km s$^{-1}$ and 3.90 km s$^{-1}$. The velocity map (Fig. 7) of the most intense and compact gas close to Par-Lup3-4 suggests a rotation pattern with redshifted material in the northeast and blueshifted material in the southwest, in a flattened structure perpendicular to the direction of the molecular outflow that is clearly detected in the other CO transitions. Moreover, the velocity pattern is oriented in the expected direction of the circumstellar disk. The spatial and spectral resolution as well as the sensitivity of our data do not allow us to confirm the Keplerian nature of this rotation. Future ALMA observations are required to confirm and study this structure properly. A schematic view of the relative position of the protoplanetary disk, the primary bipolar molecular outflow, and the possible secondary outflow are in Fig. 8.

4.3. Geometrical and dynamical properties of the outflow

We derived the geometrical and dynamical properties of the primary outflow of Par-Lup3-4 to add evidence for the characterization of outflows surrounding VLM stars and BDs. The calculated geometrical properties include the opening angle, the average length, and the position angle of the outflow, which were measured by hand for both lobes. Our ALMA observations are consistent with the base of a molecular outflow (Sect. 4.2.1), but neither the full ellipsoidal lobe nor the shockwave front are detected. Therefore we can only obtain a lower limit for the average lobe length. The average length was measured using the 3σ contour of the CO(3–2) flux-integrated map (Fig. 5), and we obtained values of 2.5 arcsec for the southeast lobe and 1.1 arcsec for the northwest lobe. The average size is 1.8 arcsec. The opening angle was calculated in this map, providing an angle of 108° for the southern lobe and 116° for the northern lobe. Additionally, we measured a position angle of 116° and 307° for the southern and northern lobes, respectively.

The dynamical properties we studied comprise the outflow mass ($M_{\text{outflow}}$), the dynamical time ($t_{\text{dyn}}$), the momentum ($P_{\text{outflow}}$), the kinetic energy ($E_{\text{outflow}}$), the luminosity ($L_{\text{outflow}}$), and the force ($F_{\text{outflow}}$). The brightness temperature of the CO(3–2) line peak (20.6 K) is similar to the kinetic temperature, which indicates that at systemic velocities, the line is optically thick ($\tau \gg 1$). We therefore derived an excitation temperature ($T_{\text{ex}}$) of ~26.4 K from this spectrum. This value is similar to the value that was obtained in previous studies of similar sources (Phan-Bao et al. 2008, 2011, 2014), where $T_{\text{ex}}$ ranges between 20 K and 35 K.

The column density and the mass of the primary CO outflow were calculated following the prescription in Scoville et al. (1986) and Palau et al. (2007) for the CO(3–2) transition. The optical depth, measured channel by channel in the four arc-like outflow structures described in Sect. 4.2.1, provides values of $\tau \ll 1$. We obtained a mean optical depth value of 0.25 for
both the blueshifted and redshifted southwest cavity as well as for the redshifted northwest cavity, and a value of 0.15 for the blueshifted northwest cavity. Therefore we consider that the wings of the CO(3–2) emission line are in the optically thin regime. Emission close to the position of the central object is optically thick, and therefore this emission was excluded from calculations. Consequently, our estimates of the outflow mass are lower limits because the border between the central object and the base of the outflow is almost indistinguishable.

We obtained a total outflow mass of $9.5 \times 10^{-7} M_\odot$ as the sum of the mass of the four arc-like structures: the sum of $3.4 \times 10^{-7} M_\odot$ and $2.3 \times 10^{-7} M_\odot$ for the blueshifted ($[-1.60 \, \text{km s}^{-1}, 2.36 \, \text{km s}^{-1}]$) and redshifted ($[6.76 \, \text{km s}^{-1}, 9.84 \, \text{km s}^{-1}]$) components of the east lobes plus the sum of $9.8 \times 10^{-8} M_\odot$ and $2.8 \times 10^{-7} M_\odot$ for the blueshifted ($[1.48 \, \text{km s}^{-1}, 2.36 \, \text{km s}^{-1}]$) and redshifted ($[4.12 \, \text{km s}^{-1}, 5.88 \, \text{km s}^{-1}]$) components in the west lobes. The outflow velocities extend to $\pm 2.7 \, \text{km s}^{-1}$ in the blueshifted lobe and to $9.8 \, \text{km s}^{-1}$ in the redshifted lobe, resulting in a $v_{\text{max}}$ of $\sim 6 \, \text{km s}^{-1}$. In our calculations we did not apply an outflow inclination correction because the brighter emission of the CO(3–2) at the borders of the cavity suggest a limb-brightening effect, and therefore also that this emission is mostly dominated by material closer to the plane of the sky.

The remaining dynamical parameters were obtained using the formulas in Table 3. Their values are $\tau_{\text{dyn}} = 220 \, \text{yr}$, $P_{\text{outflow}} = 5.7 \times 10^{-7} L_\odot \, \text{km s}^{-1}$, $E_{\text{outflow}} = 3.4 \times 10^{38} \, \text{erg}$, $L_{\text{outflow}} = 1.2 \times 10^{-3} L_\odot$, and $F_{\text{outflow}} = 2.6 \times 10^{-8} M_\odot \, \text{km s}^{-1} \, \text{yr}$.

We finally warn that the values obtained in this section should be treated with some caution. Although these measurements are useful for constraining models, it is highly probable that not the entire outflow structure is detected, and molecular cloud contamination affects several emission channels near the cloud velocity. We estimate that other uncertainties such as $T_e$, optical depth, and the outflow extent may result in an increase in outflow mass by less than a factor 2.

### 4.4. Spectral index

The spectral index ($\alpha$) at millimeter frequencies used to be a tool for inferring grain growth signatures under the assumptions that the emission is in the Rayleigh-Jeans regime and is optically thin. The spectral index in the optically thin regime provides information on the dust opacity index ($\beta$); its value depends on dust size, and consequently, on grain growth in the case of large dust particles. Typical $\alpha$ values for the interstellar medium (ISM) are close to 3.7 (Draine 2006), while lower values $\lesssim 3$ are found in most disks, and they are interpreted as a signature of grain growth (Ricci et al. 2010b,a; Ribas et al. 2017). We assume that the emission is associated with the Rayleigh-Jeans regime and that the optically thin emission $\alpha$ depends on the flux as $F_v \propto v^\alpha$, where $\beta = \alpha - 2$ and $\kappa_v \propto v^\beta$.

We obtained the spectral index, $\alpha$, using the formula

$$\alpha = \frac{\log F_v}{\log v},$$

where $F$ is the flux density at frequencies $v_1 = 328 \, \text{GHz}$ and $v_2 = 225 \, \text{GHz}$. The $\alpha$ uncertainty is determined as

$$\Delta\alpha = \sqrt{\left(\frac{\Delta S_1}{S_1 \ln \left(\frac{v_1}{v_2}\right)}\right)^2 + \left(\frac{\Delta S_2}{S_2 \ln \left(\frac{v_2}{v_1}\right)}\right)^2}.$$

Using the values given in Table 1, we obtained that the Par-Lup3-4 spectral index is $1.6 \pm 0.4$. $\alpha$ values below 2 imply that the disk does not appear to follow the Rayleigh-Jeans approximation (Ansdell et al. 2018). Therefore we cannot obtain information about the composition and size of the dust using the spectral index for Par-Lup3-4.

### 5. Discussion

#### 5.1. Nature of the extended gas emission to the northeast

This subsection discusses the nature of the elongated and clumpy structure observed in CO(3–2) (Fig. 9) and CO(2–1). The structure is redshifted with respect to the LSR of Par-Lup3-4 and propagating from the center toward the northeast side of the field of view, with less redshifted velocities toward the position of the source. Here we discuss four possible origins of this structure.

First, it is possible that this structure is a second molecular outflow originating from Par-Lup3-4. This could be explained if Par-Lup3-4 is not a single object but a close binary system. Adaptive optics (AO)-assisted observations (Huélamo et al. 2010) have not revealed an additional companion down to 0.1 arcsec ($\sim 15.5 \, \text{pc}$), but closer companions cannot be excluded. Additionally, another argument in favor of this possibility is that the

---

**Table 3. Geometrical and dynamical properties of the outflow.**

<table>
<thead>
<tr>
<th>Derived properties</th>
<th>Formula</th>
<th>Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Length</td>
<td>$R_{\text{lobe}}$</td>
<td>1.8 arcsec</td>
</tr>
<tr>
<td>Velocity</td>
<td>$v_{\text{max}}$</td>
<td>6 km s$^{-1}$</td>
</tr>
<tr>
<td>Dynamical time</td>
<td>$\tau_{\text{dyn}}$</td>
<td>220 yr</td>
</tr>
<tr>
<td>Mass-loss rate</td>
<td>$M = M_{\text{outflow}} / \tau_{\text{dyn}}$</td>
<td>$4.3 \times 10^{-6} M_\odot$ yr$^{-1}$</td>
</tr>
<tr>
<td>Momentum</td>
<td>$P_{\text{outflow}} = M_{\text{outflow}} \times v$</td>
<td>$5.7 \times 10^{-7} L_\odot$ km s$^{-1}$</td>
</tr>
<tr>
<td>Energy</td>
<td>$E_{\text{outflow}} = 1/2 M_{\text{outflow}} \times v^2$</td>
<td>$3.4 \times 10^{38}$ erg</td>
</tr>
<tr>
<td>Luminosity</td>
<td>$L_{\text{outflow}} = E_{\text{outflow}} / \tau_{\text{dyn}}$</td>
<td>$1.2 \times 10^{-5} L_\odot$</td>
</tr>
<tr>
<td>Force</td>
<td>$F_{\text{outflow}} = P_{\text{outflow}} / \tau_{\text{dyn}}$</td>
<td>$2.6 \times 10^{-8} M_\odot$ km s$^{-1}$ yr</td>
</tr>
</tbody>
</table>

**Notes.** Because the flux mass is probably underestimated (see Sect. 5.4), these values should be regarded as order-of-magnitude estimates.
emission appears to originate from the location of Par-Lup3-4. The emission is detected with a velocity of $\sim-5.4\,\text{km\,s}^{-1}$ at a distance of $\sim2\,\text{arcsec} (310\,\text{au})$ northeast of the source; and up to $\sim6.7\,\text{km\,s}^{-1}$ at a distance of $\sim6\,\text{arcsec} (930\,\text{au})$ from the source, as is clearly seen in the position-velocity diagram of Fig. 9. Bands 6 and 7 show very similar morphologies and velocity patterns. If the emission arises from an actual outflow, it appears to be a monopolar one, as there is no counterpart with emission moving toward the southwest. Monopolar outflows have been observed in the literature for low-mass stars (Codella et al. 2014; Louvet et al. 2018). On a related note, the jet detected by Fernández & Comerón (2005) in Par-Lup3-4 shows an asymmetry, as the southeast lobe is much more prominent than the northwest lobe. Although the orientation of this second molecular outflow, perpendicular to the optical jet, is less likely, a similar scenario with two perpendicular outflows has previously been seen in other sources (Tobin et al. 2015); this might be interpreted as another indication of the binary nature of the central source.

A second possibility is that we are observing cloud contamination. In support of this hypothesis, we note that the velocity of the structure is very close to the velocity of the second component of the cloud. In the same low-velocity regime, we also detect extended cloud emission compatible with the cloud velocity. However, we detect very compact structures when we perform a visibility range (see Appendix A.5), and inhomogeneities with this morphology in molecular clouds, although possible, are not common. It is also not expected that we see clear strips in the field of view pointing toward Par-Lup3-4 along several channels instead of randomly distributed material, as we can see in the channels with a velocity higher than $5.70\,\text{km\,s}^{-1}$ in Appendix A.6.

A third scenario is that the outflow comes from another source that is neither Par-Lup3-4 nor a close companion. This may be the unlikely case of a source in the line of sight of Par-Lup3-4 that would be responsible for the molecular outflow. Another possibility is a nearby source that just happens to be outside the field of view to one edge or another. It might even be a poorly known source in Lupus located at several dozens or hundreds of arcsec away.

Another possibility to discuss is a stream of envelope material that is infalling onto Par-Lup3-4. In case of pure infall of foreground material (i.e., material located between the star and us), we would expect a velocity pattern with more redshifted velocities closer to the central source and we see the opposite, where the pattern is more consistent with outflowing material from a Hubble-type outflow in which the velocity increases with distance from the protostar. Now, if the infalling stream is also rotating clockwise, this material might be slowed down closer to the protostar, providing a velocity pattern more compatible with the observed pattern.

The current (sub)mm and optical observations do not allow us to distinguish between the four scenarios. Future studies using ALMA should be able to unveil the origin of the moving structure. ALMA observations with better velocity resolution and higher sensitivity may also help to distinguish between outflow or cloud emission in the second scenario. High angular resolution observations as well as radial velocity observations in the infrared may help to detect a close binary.

5.2. SED fitting

As part of a study of Par-Lup3-4, we have also tried to characterize its circumstellar disk, taking advantage of the fact that new
photic properties of a mid-M subtype (Coudé du Nord et al. 2013). We therefore complemented the photometric points from Huélamo et al. (2010) with new Herschel (PACS and SPIRE; see Table 4) and ALMA data. The resulting SED is displayed in Fig. 10. Then, we used the radiative transfer code MCFOST (Pinte et al. 2006, 2009) to infer the main disk properties.

Modeling protoplanetary disks involves defining several free parameters, some of which are highly uncertain or degenerate. Such a scenario is better dealt with within a Bayesian framework and using statistical tools such as Markov chain Monte Carlo methods, but this approach is computationally very demanding and has only been applied in a few cases (e.g., Ribas et al. 2016; Wolff et al. 2017). Because the amount of data available at long wavelengths for Par-Lup3-4 is limited, we chose to run a grid of models to obtain a general idea of the system parameters.

Our initial attempts at fitting the SED of Par-Lup3-4 used fixed stellar parameters from the BT-Settl models (Allard et al. 2012; Baraffe et al. 2015) based on previous studies. The stellar temperature was fixed to 3200 K (Alcalá et al. 2017) because it is firmly given, with a narrow uncertainty margin, by the spectral classification of the star. Age estimates for the source range from 1 to 3 Myr (Comerón et al. 2003; Alcalá et al. 2017). Assuming 2 Myr and using the BT-Settl models, we derived a stellar radius and a mass of 1.1 $R_\odot$ and 0.2 $M_\odot$. The distance to the source was set to $d \sim 155$ pc (see Sect. 2). Regarding the disk parameters, we have fixed the disk inner radius and the minimum grain size to 0.05 μm and 0.005 μm, following Huélamo et al. (2010).

For our model, we defined eight free parameters and explored them within reasonable ranges:
- the stellar radius, including the value of 1.1 $R_\odot$ derived from isochrones, plus 1.5, 2, and 2.5 $R_\odot$ as additional values;
- the disk dust mass, from $1 \times 10^{-7}$ to $1 \times 10^{-5}$ $M_\odot$ in steps of 0.5 dex;
- the maximum grain size, from 500 μm to 1 cm in steps of 0.5 dex;
- the scale height at a radius of 100 au, from 5 to 20 au in steps of 5 au;
- the flaring index, with values 1.0, 1.1, and 1.2 (the disk is assumed to flare following $H(\rho) \propto \rho^\gamma$, where $H(\rho)$ is the scale height as a function of radius, and $\gamma$ is the flaring index);
- the surface density index, with values -0.5, -1.0, and -1.5;
- the inclination, with values 80, 82.5, and 86 deg, based on the inclination derived from the optical jet (Comerón & Fernández 2011); and
- the interstellar extinction values, from 0 to 5 mag in steps of 0.5 mag.

This setup resulted in a significant underestimation of the optical fluxes, even assuming no extinction. Huélamo et al. (2010) found a similar problem in their modeling efforts of this source, but attributed it to an uncertain distance value. However, the distance measurement and uncertainty in the distance estimate by Gaia clearly show that this is not the case, and the source must be intrinsically more luminous in order to reproduce the observed fluxes. For this reason, we then included the stellar radius as a parameter in the subsequent modeling process.

The results from the SED modeling are shown in Table 5 and Fig. 10. SED fitting is, in general, a degenerate process, and in our case, the photometric coverage from the IR to mm wavelength is rather poor. The derived values are highly uncertain (especially when we consider that Par-Lup3-4 may still be surrounded by a dusty envelope, which we did not consider in our models). However, one crucial result is the fact that a radius of 2 $R_\odot$ is required in both cases. Different tests with varying source distance and radius showed that it is not possible to fit the optical part of the observed SED with a source of 3200 K and a radius of 1.1 $R_\odot$ at the distance of 155 pc measured by Gaia because the source is simply not bright enough. Given the small uncertainties associated with the parallax in the Gaia DR2 catalog and because its distance is compatible with that of other sources in the region, a plausible explanation is that the radius of Par-Lup3-4 is larger, and thus it is younger than the median age of Lupus. The radius is even inconsistent with models at any age. This idea is also supported by the presence of a molecular outflow, and by the fact that the source appears to be still embedded in the cloud.

A second possibility to explain the 2 $R_\odot$ radius, and therefore the higher luminosity of Par-Lup3-4, is that the source is a binary system with a mass ratio near one. If this is the case, the perpendicular structure described in Sect. 5.1 could be an outflow originating from the companion. However, as explained before, no clear signature of a companion has been found so far. If any of these two scenarios applies, the disk parameters derived from our modeling process should be treated with caution because the models we used may not reflect the true nature of the source.

We note that there is a factor of ~2 to ~27 in difference between the dust disk mass obtained from fitting the SED and the values obtained in Sect. 4.1. We acknowledge that the model itself may need to be refined in order to minimize this discrepancy.

<table>
<thead>
<tr>
<th>Wavelength [μm]</th>
<th>Flux [mJy]</th>
<th>Flux error [mJy]</th>
</tr>
</thead>
<tbody>
<tr>
<td>71.42</td>
<td>59.4</td>
<td>2.4</td>
</tr>
<tr>
<td>160</td>
<td>&lt;159.2</td>
<td>–</td>
</tr>
<tr>
<td>250</td>
<td>&lt;1215</td>
<td>–</td>
</tr>
<tr>
<td>350</td>
<td>&lt;1455</td>
<td>–</td>
</tr>
<tr>
<td>500</td>
<td>&lt;1101</td>
<td>–</td>
</tr>
</tbody>
</table>

Table 4. PACS and SPIRE photometry.

Fig. 10. SED and modeling results for Par-Lup3-4. Dots are photometric observations. Arrows are upper limits. Red and blue dots are the 2MASS and the Comerón et al. (2003, CM03) observations, respectively. The best-fit models are also shown with a similar color code.
The SED fitting reported in Huélamo et al. (2010) fixed the stellar parameters from BT-Settl models, but they found that it was not possible to fit the SED unless they changed the distance. Now, using Gaia, we are certain that the distance is not the main problem. While it is impossible fit the SED by assuming a single central object of a plausible luminosity, the existence of a secondary outflow leads to the reasonable explanation that Par-Lup3-4 is formed by a close binary with two equal-mass components.

5.3. Characterizing the molecular outflow cavity

Par-Lup3-4 is the first VLM star to date for which we detected the base of a bipolar molecular outflow at (sub)mm wavelengths, and for which the highly supersonic outflow (jet) has been detected at optical wavelengths. Following the low-mass star outflow model, the interaction between the jet or the wide-angle outflow and the envelope creates the detected cavities (Li & Shu 1996). The expelled gas and material carves out the cavities in the envelope, and the interaction in the boundary between the outflowing gas and the envelope material creates the physical conditions for exciting the CO transitions that we detected. In this section, we characterize the VLM outflow of Par-Lup3-4 in the context of mass ejection from low-mass protostars.

The first property that we use to characterize the outflow is the lobe length, which in the case of the primary outflow of Par-Lup3-4 is $\sim$1.8 arcsec ($\sim$295 au). This is a lower limit. The uncertainty on the lobe length is at least about one half of the beam size at a distance of $\sim$155 pc, which yields a value of $\sim$28 au, and it is likely much more as we cannot recover the entire lobe. The length of this outflow is on the same order of magnitude as the lengths of other VLM protostars and proto-BDs within the uncertainties, such as ISO-OpH 102, GM Tau, MHO 5 (Phan-Bao et al. 2014), IC348-SMM2E (Palau et al. 2014), or L1148-IRS (Kaufmann et al. 2011), which have outflows between 500 au and 1800 au. The outflow length for low-mass stars is between 0.1 pc and 10 pc (20000 and 200 0000 au) (Arce et al. 2007, and references therein), which is one or two orders of magnitude larger than the sizes of outflows from VLM protostars and proto-BDs. Therefore, the length of the Par-Lup3-4 outflow, comparable to those of VLM protostars and proto-BDs, is a scaled-down version of outflows from low-mass protostars.

The outflow velocity measured for Par-Lup3-4 is slightly higher (6 km s$^{-1}$) but on the same order as the velocities observed in other VLM stars and BDs, which are between 1 km s$^{-1}$ and 4.7 km s$^{-1}$ (Phan-Bao et al. 2008, 2014; Kaufmann et al. 2011). Low-mass stars have outflows with velocities in the range between 10 km s$^{-1}$ and 100 km s$^{-1}$ (Arce et al. 2007, and references therein). The velocity of the Par-Lup3-4 outflow is closer to the VLM regime than that of low-mass stars.

Par-Lup3-4 has a molecular outflow mass of $\sim$10$^{-6}$ $M_\odot$, which is in the range of the observed values for other VLM stars and BDs that span 10$^{-4}$–10$^{-6}$ $M_\odot$ (Phan-Bao et al. 2014). As pointed out by Phan-Bao et al. (2014), the VLM outflow values are at least one order of magnitude lower than the values obtained for low-mass protostars in a similar evolutionary status.

The mass-loss rate from Par-Lup3-4 ($\dot{M}_{outflow} = \dot{M}_{outflow}/\tau_{dyn}$) is 4.3 x 10$^{-9}$ $M_\odot$ yr$^{-1}$. The outflow mass-loss rate for a typical low-mass protostar ranges from $8.9 x 10^{-9}$ to $4 x 10^{-7}$ $M_\odot$ yr$^{-1}$, although the median value is $10^{-7}$ $M_\odot$ yr$^{-1}$ (Lebreault 1988b). The mass-loss rate for VLM stars and BDs is lower, with values lying between $2.5 x 10^{-9}$ and $2 x 10^{-7}$ $M_\odot$ yr$^{-1}$ (Phan-Bao et al. 2014). The mass-loss rate for Par-Lup3-4 is even lower than the expected value for VLM stars and BDs, but this might be an effect of the potentially missed flux emission from the whole outflow extent that we do not observe.

The mass-loss rate of the stellar wind was obtained as $\dot{M}_{wind} (\dot{M}_{wind} = \dot{M}_{outflow}/\tau_{dyn}) = 1.53 x 10^{-10}$ $M_\odot$ yr$^{-1}$, which is very similar to the expected value of MHO5, another VLM star studied by Phan-Bao et al. (2014). We compare the outflow mass against the mass-loss rate of the stellar wind for Par-Lup3-4 along with other VLM stars, BDs, and low-mass stars using low-resolution observations in Fig. 11, and it appears that Par-Lup3-4 follows the trend of more massive sources.

Accretion and outflow, jet, or winds are phenomena that are deeply linked (Hartigan et al. 1995; Calvet et al. 1997; Riglia et al. 2013; Natta et al. 2014). As the material infalls from the envelope or disk onto the central source, a jet perpendicular to the disk is launched by angular momentum conservation. The accretion rate in combination with the outflow rate of the stellar wind for Par-Lup3-4 along with other VLM stars, BDs, and low-mass stars using low-resolution observations in Table 5.

### Table 5. Best-fit parameters from SED modeling.

<table>
<thead>
<tr>
<th>Parameter</th>
<th>JHK from 2MASS</th>
<th>JHK from Comerón et al. (2003)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Stellar radius ($R_\odot$)</td>
<td>2.0</td>
<td>2.0</td>
</tr>
<tr>
<td>Disk dust mass ($M_\odot$)</td>
<td>$5 \times 10^{-7}$</td>
<td>$1 \times 10^{-7}$</td>
</tr>
<tr>
<td>Maximum grain size (mm)</td>
<td>10</td>
<td>0.5</td>
</tr>
<tr>
<td>Scale height at 100 au (au)</td>
<td>20</td>
<td>20</td>
</tr>
<tr>
<td>Flaring index</td>
<td>1.2</td>
<td>1.1</td>
</tr>
<tr>
<td>Surface density index</td>
<td>$-1.5$</td>
<td>$-1.0$</td>
</tr>
<tr>
<td>Inclination (deg)</td>
<td>82.5</td>
<td>85</td>
</tr>
<tr>
<td>Interstellar extinction (mag)</td>
<td>3.5</td>
<td>2.5</td>
</tr>
</tbody>
</table>

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the range of \( \sim 0.0003 \text{–} 0.4 \) (Hartigan et al. 1995). When we use the obtained wind mass-loss rate and the accretion rates from the literature, the relation \( \dot{M}_{\text{wind}}/\dot{M}_{\text{acc}} \) varies between 0.07 and 22, which is in the expected range for VLM stars and BDs.

Additionally, we investigated another parameter, the opening angle, that can be used for evolutionary classification. The wide opening angle of the outflow, described in Sect. 4.3, has an average value of \( \sim 112^\circ \) between the two lobes. Previous studies of low-mass stars have discussed the relation between the age or evolutionary classification and the opening angle because the angle broadens with age (Offner et al. 2011). Arce & Sargent (2006) classified low-mass stars as Class 0 with opening angles \( \leq 55^\circ \), Class I if the angle is \( \geq 75^\circ \), and Class II when the outflow has no clear structure. A year later, Arce et al. (2007) defined the boundary for Class I as \( \geq 90^\circ \). Par-Lup3-4 is consistent with Class I based on these studies and is near to the transition to Class II given the wide opening angle, although these values are still under discussion in the field and cannot be considered as the only parameter to classify the evolutionary stage of the source. Unfortunately, there are no previous records in the literature about the opening angle in VLM stars and BDs. Future studies should correlate opening angle and evolutionary stage in VLM stars using larger samples.

5.4. VLM stars and BDs as a scale down version of low-mass stars?

In the previous section, we reviewed the outflow properties of Par-Lup3-4. Properties such as the outflow length, the velocity, outflow mass, and wind mass are in the expected range for VLM protostars and proto-BDs. Additionally, other properties such as the disk mass are in the expected range for VLM stars and BDs. The disk mass of Par-Lup3-4 is \( \sim 10^{-6} M_\odot \) with the assumptions mentioned in Sect. 4.1. Low-mass protostar disk masses are in the range of \( 10^{-7} \text{–} 10^{-5} M_\odot \) and the theoretical values obtained for VLM stars and BD disks using radiative transfer algorithms extends from \( 10^{-6} \) to \( 10^{-3} M_\odot \). Recently, Sanchis et al. (2020) measured the mass of several BD disk in Lupus and obtained masses between \( 7 \times 10^{-6} \text{–} 6 \times 10^{-5} M_\odot \). The disk mass measured for Par-Lup3-4 therefore indicates a downsized version of the low-mass protostar disks, although the mass inferred from our ALMA observations may represent a lower limit given the disk inclination and the uncertainties with the optical depth. All these properties are in agreement with previous studies of VLM stars and BDs (e.g., Phan-Bao et al. 2014), which pointed out that the formation of VLM stars and BDs follows a scaled-down version of low-mass star formation.

While these characteristics indicate a downsized version of star formation, there are still several uncertainties in the measurements that may further constrain this. For example, uncertainties are related to the outflow mass calculation, such as the optical depth or the CO abundance relative to the H\(_2\), that can vary by a factor of three (Dunham et al. 2014, and references therein). In the case of Par-Lup3-4, all these uncertainties are negligible when we compare the geometry of the outflow, which is not fully revealed with our interferometric ALMA data. This directly affects the average length of the outflow and the dynamical time, propagating the uncertainties into the dynamical parameters, which may be longer if we are able to reveal the whole extent and shape of both outflow lobes. Another important source of uncertainty is the missing flux and possible faint extended emission in our observations; the maximum outflow length that we detect is 2.9 arcsec, but it is expected to have larger scales because we do not detect the shockwave front. Therefore, our results might be impaired by two effects: extended flux was filtered with the interferometer, and the sensitivity is not high enough.

Additionally, previous studies of VLM stars and BDs are biased by low-sensitivity observations, showing a smaller velocity range. This affects the dynamical properties. Another important bias in previous studies comes from the inclusion of face-on disks or disks with inclinations up to \( \sim 30^\circ \), which are easier to detect than edge-on disk systems. Previous observation of molecular outflows in VLM stars and BDs might be affected by the limited sensitivity that affects the low detection rate found so far (e.g., Phan-Bao et al. 2014). With this work, we proved that we can detect a very low amount of expelled mass with the high ALMA sensitivity with enough resolution to observe the base of the outflow. Therefore we conclude that more sensitive observations are indispensable to improve the statistics of outflows in these sources. In spite of the uncertainties and the small and biased sample of VLM stars and BDs with outflows, the main conclusion still remains: the formation of VLM stars and BDs can be understood as a downsized version of low-mass stars.

5.5. Revealing the true nature of Par-Lup3-4

Par-Lup3-4 is a complex object that may help to understand the formation of VLM stars and BDs. Previous SED fitting (Huelamo et al. 2010) was not accurate because of the degeneracies between age and distance. The last Gaia data release broke the degeneracy by providing a precise distance value. Our SED fitting was underluminous in the optical, and this can best be explained with two main possibilities: either the source is younger than expected, or it is a binary. The presence of a bipolar molecular outflow, which is more common in Class 0 and I sources, together with the opening angle of the outflow points to a younger nature than Class II, and this is in agreement with one of the modeling results.

We detect a stream of gas perpendicular to the detected bipolar outflow, whose origin is puzzling. We discussed four scenarios that might explain this. The possibility that this is a secondary molecular outflow, which would mean that ParLup 3-4 might be a binary, would agree with the results obtained in the SED fitting analysis. Deep ALMA observations with higher resolution that point at the base of this possible secondary outflow may help to
distinguish between outflowing material and cloud contamination, and might also help resolve the continuum emission of a possible binary source. Additionally, ACA and Total Power ALMA observations are required to recover the larger spatial scales, in an attempt to detect the full extent of the outflow.

6. Conclusions

Par-Lup3-4 is a very low-mass protostar located in the Lupus 3 cloud. It has an edge-on disk with an optical jet. We observed Par-Lup3-4 using ALMA Bands 6 and 7, and we detected continuum and gas emission for three molecular lines (CO J = 2–1, CO J = 3–2 and $^{13}$CO J = 3–2). These observations revealed for the first time the faint base of a molecular outflow and the cavity walls associated with this source, and a rotation pattern is seen with $^{13}$CO near location of the continuum source. The main results from this work are listed below.

- The dust disk is faint and unresolved. The lower limit of the dust disk mass is 0.28 $M_\odot$.
- The SED of Par-Lup3-4 can only be fit with models including a stellar radius 2 $R_\odot$, which is far from the 1.1 $R_\odot$ value derived in evolutionary models at the age of 2 Myr. We suggest that this radius value, and therefore a higher stellar luminosity, can be explained if Par-Lup3-4 is a close binary system.
- The average extent of the outflow is ~300 au, which is a relatively short length for an outflow in the very low-mass regime. The outflow mass is found to be $10^{-6}$ $M_\odot$, and the maximum outflow velocity we derive is 6 km s$^{-1}$. We may not be observing the full extent of the outflow, and as a consequence, a portion of the outflow mass may be also missed. Our observations place lower limits on these outflow quantities.
- We detected a secondary structure that extends from the location of Par-Lup3-4 to the northeast and perpendicular to the primary molecular outflow that we report here. This might be a second outflow from Par-Lup3-4, suggesting that the source is a binary, or it may come from another nearby source. However, cloud contamination and a stream of infalling and rotating foreground material from the envelope cannot be discarded.

After measuring the particular properties of this VLM star, including the outflow length, mass, and maximum velocity, we compared our results with the predictions for VLM star and BD formation theories and found that they are all consistent with the formation of Par-Lup3-4 as a scaled-down version of low-mass star formation, as expected.

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References

Appendix A: Additional figures

**Fig. A.1.** CO(3–2) integrated ALMA map. Blue contours show blueshifted emission between $-1.6 \ \mathrm{km \ s}^{-1}$ and $2.36 \ \mathrm{km \ s}^{-1}$ and red contours show redshifted emission between $[4.12 \ \mathrm{km \ s}^{-1}, 5.88 \ \mathrm{km \ s}^{-1}]$ and $[6.76 \ \mathrm{km \ s}^{-1}, 9.84 \ \mathrm{km \ s}^{-1}]$. Contour levels are 3, 5, 8, 11, 14, 18, 22, 25, and 50 times the rms. The beam size is represented by a gray ellipse in the bottom left panel.

**Fig. A.2.** Zoom out CO(2–1) channel emission maps toward Par-Lup3-4. Contour levels are 3, 5, and 7 times the rms. The possible secondary outflow is between velocities $5.6–7.2 \ \mathrm{km \ s}^{-1}$ from the center to the northeast of the image. The cyan star marks the position of the peak intensity of the continuum image. These maps have been obtained using a robust parameter equal to 1. The beam size is represented by a yellow ellipse in the bottom left panel. The LSR velocity in $\mathrm{km \ s}^{-1}$ is indicated in the top right corner of each image.
Fig. A.3. CO(2–1) integrated ALMA map. Blue contours show bluish shifted emission between $-2.9\ km\ s^{-1}$ and $2.14\ km\ s^{-1}$, and red contours show redshifted emission between $6.90\ km\ s^{-1}$ and $10.0\ km\ s^{-1}$. Contour levels are 3, 5, 8, 11, 14, 18, 22, and 25 times the rms. The beam size is represented by a gray ellipse in the bottom left panel.

Fig. A.4. Zoom-out $^{13}$CO channel maps toward Par-Lup3-4 using a robust value of 2. The velocity of the channels is shown in the LSR frame in km s$^{-1}$. Channels are binned to 0.88 km s$^{-1}$. All maps share the same linear color scale. White contour levels are 3, 5, and 7 times the rms. The cyan star represents the position of the peak intensity in the continuum image.
Fig. A.5. Left panel: CO(3–2) integrated ALMA map. Right panel: CO(3–2) ALMA velocity map. The beam size is represented by the gray ellipse in the bottom left corner. Only pixel values above 5σ are included in the two panels. We used a uv range >50 kλ to remove the extended emission. The cyan and black star marks the position of the peak intensity in the continuum image.

Fig. A.6. CO(3–2) channel maps toward Par-Lup3–4 and the second outflow. The velocity of the channels is shown in the LSR frame in km s$^{-1}$. All maps share the same linear color scale. The cyan star shows the position of the peak intensity in the continuum image.