Multi-line *Herschel*/HIFI observations of water reveal infall motions and chemical segregation around high-mass protostars^{★,★★}

F. F. S. van der Tak^{1,2}, R. F. Shipman^{1,2}, T. Jacq³, F. Herpin³, J. Braine³, and F. Wyrowski⁴

¹ SRON Netherlands Institute for Space Research, Landleven 12, 9747 AD Groningen, The Netherlands
e-mail: vdtak@sron.nl

² Kapteyn Astronomical Institute, University of Groningen, Groningen, The Netherlands

³ Université de Bordeaux, Bordeaux, France

⁴ Max-Planck-Institut für Radioastronomie, Auf dem Hügel 69, 53121 Bonn, Germany

Received 6 July 2018 / Accepted 18 March 2019

ABSTRACT

Context. The physical conditions during high-mass star formation are poorly understood. Outflow and infall motions have been detected around massive protostellar objects, but their dependence on mass, luminosity, and age is unclear. In addition, physical conditions and molecular abundances are often estimated using simple assumptions such as spherical shape and chemical homogeneity, which may limit the accuracy of the results.

Aims. We aim to characterize the dust and gas distribution and kinematics of the envelopes of high-mass protostars. In particular, we search for infall motions, abundance variations, and deviations from spherical symmetry, using *Herschel* data from the WISH program.

Methods. We used HIFI maps of the 987 GHz H₂O 2₀₂–1₁₁ emission to measure the sizes and shapes of 19 high-mass protostellar envelopes. To identify infall, we used HIFI spectra of the optically thin C¹⁸O 9–8 and H₂¹⁸O 1₁₁–0₀₀ lines. The high-*J* C¹⁸O line traces the warm central material and redshifted H₂¹⁸O 1₁₁–0₀₀ absorption indicates material falling onto the warm core. We probe small-scale chemical differentiation by comparing H₂O 752 and 987 GHz spectra with those of H₂¹⁸O.

Results. Our measured radii of the central part of the H₂O 2₀₂–1₁₁ emission are 30–40% larger than the predictions from spherical envelope models, and axis ratios are <2, which we consider good agreement. For 11 of the 19 sources, we find a significant redshift of the H₂¹⁸O 1₁₁–0₀₀ line relative to C¹⁸O 9–8. The inferred infall velocities are 0.6–3.2 km s^{−1}, and estimated mass inflow rates range from 7 × 10^{−5} to 2 × 10^{−2} M_⊙ yr^{−1}. The highest mass inflow rates seem to occur toward the sources with the highest masses, and possibly the youngest ages. The other sources show either expanding motions or H₂¹⁸O lines in emission. The H₂¹⁸O 1₁₁–0₀₀ line profiles are remarkably similar to the differences between the H₂O 2₀₂–1₁₁ and 2₁₁–2₀₂ profiles, suggesting that the H₂¹⁸O line and the H₂O 2₀₂–1₁₁ absorption originate just inside the radius where water evaporates from grains, typically 1000–5000 au from the center. In some sources, the H₂¹⁸O line is detectable in the outflow, where no C¹⁸O emission is seen.

Conclusions. Together, the H₂¹⁸O absorption and C¹⁸O emission profiles show that the water abundance around high-mass protostars has at least three levels: low in the cool outer envelope, high within the 100 K radius, and very high in the outflowing gas. Thus, despite the small regions, the combination of lines presented in this work reveals systematic inflows and chemical information about the outflows.

Key words. stars: formation – ISM: molecules – astrochemistry

1. Introduction

High-mass stars (>8 M_⊙) play a key role in the evolution of their host galaxies, but their formation is poorly understood, especially for masses >20 M_⊙. The leading models of high-mass star formation involve infall from a dense protostellar core, and accretion onto the protostar via a circumstellar disk (Tan et al. 2014; Motte et al. 2018). While rotating disks have been detected around young B-type (Sánchez-Monge et al. 2013; Beltrán & de Wit 2016) and O-type (Johnston et al. 2015; Cesaroni et al.

2017) protostars, the exact manner in (and rate at) which material is gathered from the surroundings is still a matter of debate.

In the “monolithic collapse” model, a massive dense core collapses under its own gravity and forms a (cluster of) protostar(s), much like the low-mass case. This picture is supported by observations of massive collimated outflows from high-mass protostars (Beuther et al. 2002). In the alternative “competitive accretion” model, the accreting protostellar core is replenished from the surroundings. Evidence supporting this model comes, for example, from observations of extended contracting motions in pre-protocluster regions (Pillai et al. 2011). It is possible that both models are valid under different conditions, or that combination models need to be developed (Peters et al. 2011). To constrain such models, observations of suitable tracers are essential.

Large-scale (~0.1 pc) infall motions have been detected toward high-mass star-forming regions in ground-based

* Copies of the maps and reduced spectra (FITS files) are available at the CDS via anonymous ftp to cdsarc.u-strasbg.fr (130.79.128.5) or via <http://cdsarc.u-strasbg.fr/viz-bin/qcat?J/A+A/625/A103>

** *Herschel* is an ESA space observatory with science instruments provided by European-led Principal Investigator consortia and with important participation from NASA.

submillimeter-wave molecular emission line maps (Motte et al. 2003; Peretto et al. 2006), in redshifted NH_3 line absorption at centimeter wavelengths (Sollins et al. 2005; Beltrán et al. 2006), and recently in SOFIA NH_3 spectra (Wyrowski et al. 2012, 2016). Searches for infall in unbiased selections from catalogs of high-mass star-forming regions confirm the ubiquity of such motions (Fuller et al. 2005; Klaassen & Wilson 2007; He et al. 2015; Cunningham et al. 2018).

The water molecule appears to be a promising tracer of infall motions in low-mass star-forming regions (Mottram et al. 2013), and San José-García et al. (2016) linked water observations between low- and high-mass star-forming regions. Spectra of low- J line emission toward high-mass objects often exhibit inverse P Cygni profiles (Van der Tak et al. 2013), which have been modeled successfully as infall, using spherical Monte Carlo models (Herpin et al. 2016). Stronger evidence comes from maps of the luminous mini-starburst region W43 in low-energy H_2O and H_2^{18}O lines (Jacq et al. 2016): extended H_2^{18}O absorption that is redshifted with respect to the ^{13}CO 10–9 emission clearly indicates infall motions.

The H_2^{18}O $1_{11}-0_{00}$ ground-state absorption toward W43-MM1 is remarkable because its shape closely matches that of the central absorption feature in the H_2O $2_{02}-1_{11}$ excited-state emission line (Jacq et al. 2016). This resemblance strongly suggests that the two lines originate in the same gas, which is curious given their different excitation energies (101 vs. 0 K). In order to understand the similarity of these line profiles, this paper explores whether the same effect is seen in other high-mass protostars.

Another puzzle in previous observations of H_2O lines toward high-mass protostars concerns their line shape (Van der Tak et al. 2013). The profiles show narrow line cores from the protostellar envelopes, and broad line wings from the outflows, but the wings are much more pronounced at redshifted than at blueshifted velocities, and often the blueshifted wings are nearly or entirely missing from the profiles. This asymmetry cannot be due to continuum absorption (e.g. by a disk) which would preferentially affect background gas (i.e., receding velocities). Special geometrical configurations may explain individual cases, but not a sample of many sources. One possibility is that the H_2O excitation temperature is close to the brightness temperature of the background, so that no net line emission or absorption appears in the spectra. To explore the origin of the asymmetry, this paper explores its dependence on line properties such as excitation energy and critical density.

This paper uses multi-line maps and spectra of H_2O and H_2^{18}O lines toward a sample of high-mass protostars to explore their gas distribution and dynamics. In particular, we compare H_2^{18}O line profiles to those of C^{18}O to search for velocity shifts due to infall motions. Furthermore, we use H_2O maps to measure the sizes of the protostellar envelopes, and to test the assumption of spherical symmetry in previous analyses of pointed spectra. Section 2 describes our observations, and Sect. 3 presents the resulting maps and spectra. Section 4 compares our derived infall rates with previous observations and with models, and searches for trends with basic source parameters. Finally, Sect. 5 describes our conclusions.

2. Observations

2.1. Source sample

As part of the guaranteed time program WISH (Water In Star-forming regions with *Herschel*; Van Dishoeck et al. 2011), we

have selected 19 regions of high-mass star formation for observation in lines of H_2O and its isotopes with the Heterodyne Instrument for the Far Infrared (HIFI; De Graauw et al. 2010) on ESA's *Herschel* Space Observatory (Pilbratt et al. 2010). The sources were selected to cover wide ranges in bolometric luminosity, mid-infrared brightness, and circumstellar mass, and to include regions with hot molecular cores and ultracompact HII regions; see Van der Tak et al. (2013) for details. Table 1 presents the source sample, where distances are updated following König et al. (2017), and luminosities and masses are scaled assuming a simple d^2 dependence.

Most of the updated distances are direct determinations using trigonometric maser parallax observations. The near kinematic distance for G327 seems to be broadly accepted in the recent literature. Only the case of G31.41 is more complicated. The commonly used distance for G31.41 is 7.9 kpc, based on its radial velocity from the Sun and position on the sky, coupled with a Galactic rotation model (Churchwell et al. 1990). However, such kinematically derived distances can be off by factors of $\gtrsim 2$ in either direction; AFGL 2591 and W33A are cases in point (Rygl et al. 2012; Immer et al. 2013). Alternatively, G31.41 may be associated with the W43-Main cloud complex, as suggested by position–velocity diagrams of the molecular gas in the surroundings (Nguyen Luong et al. 2011). For W43-Main, two distance estimates exist that are based on Very Long Baseline Interferometry (VLBI) observations of maser parallax (see also Beltrán et al. 2018). Reid et al. (2014) reported a distance of 4.9 kpc to the W43-Main core, while Zhang et al. (2014) reported distances to five maser spots with distances ranging from 6.21 to 4.27 kpc. Given this large spread, we adopt a distance of 4.9 kpc for G31.41 in this paper, and recommend a specific maser parallax study of G31.41 itself.

2.2. Data acquisition and reduction

Maps of the H_2O $2_{02}-1_{11}$ line at 987.927 GHz (hereafter 987 GHz) were taken with HIFI band 4a. The maps are $1'$ on the side, and were taken in on-the-fly (OTF) observing mode. The backend was the acousto-optical Wide-Band Spectrometer (WBS) which provides a bandwidth of 4×1140 MHz (1200 km s^{-1}) at a resolution of 1.1 MHz (0.3 km s^{-1}). Table 2 presents a detailed observation log including integration times; system temperatures were around 340 K. The FWHM beam size at this frequency is $22''$ (Roelfsema et al. 2012), which corresponds to 0.14 – 0.92 pc at the distances of our sources. The maps thus cover at least part of the protostellar outflows, while the beam resolves the protostellar envelopes, but not any possible disks.

Spectra of the H_2^{18}O $1_{11}-0_{00}$ line at 1101.698 GHz (hereafter 1101 GHz), the H_2O $2_{11}-2_{02}$ line at 752.033 GHz (hereafter 752 GHz), the ^{13}CO 10–9 line at 1101.34976 GHz, and the C^{18}O 9–8 line at 987.560 GHz were obtained toward the same sources with HIFI, using the Double Beam Switch (DBS) observing mode with a chopper throw of $3'$. The C^{18}O and ^{13}CO lines were observed in the same tuning as the H_2O $2_{11}-2_{02}$ and the H_2^{18}O $1_{11}-0_{00}$ lines, respectively, and thus share the same ObsIDs. Table 2 lists the integration times of the spectra; system temperatures were around 200 and 390 K for the 752 GHz and ~ 1 THz lines, respectively. The pointed 987 and 752 GHz spectra have been presented before by San José-García et al. (2016); the ^{13}CO and C^{18}O spectra were presented in San José-García et al. (2013). The DBS spectra have higher noise per second of integration than the maps at the same frequency, which represents the noise penalty to be paid for stabilizing the system by differencing two

Table 1. Source sample.

Source ^(a)	RA (J2000.0) hh mm ss.s	Dec ° ' "	L_{bol} $L_{\odot}$	d kpc	M_{env} $M_{\odot}$	Distance reference
<i>Mid-IR-quiet HMPOs^(b)</i>						
IRAS 05358+3543	05 39 13.1	+35 45 50	6.3×10^3	1.8	142	(1)
IRAS 16272–4837	16 30 58.7	–48 43 55	2.4×10^4	3.4	2170	(1)
NGC 6334I(N)	17 20 55.2	–35 45 04	1.1×10^3	1.3	2237	(5)
W43 MM1	18 47 47.0	–01 54 28	1.8×10^4	5.5	5992	(2)
DR21(OH)	20 39 00.8	+42 22 48	1.3×10^4	1.5	472	(1)
<i>Mid-IR-bright HMPOs</i>						
W3 IRS5	02 25 40.6	+62 05 51	1.7×10^5	2.0	424	(1)
IRAS 18089–1732	18 11 51.5	–17 31 29	1.3×10^4	2.3	172	(1)
W33A	18 14 39.1	–17 52 07	4.4×10^4	2.4	700	(1)
IRAS 18151–1208	18 17 58.0	–12 07 27	2.0×10^4	2.9	153	(1)
AFGL 2591	20 29 24.7	+40 11 19	2.2×10^5	3.3	363	(1)
<i>Hot molecular cores</i>						
G327–0.6	15 53 08.8	–54 37 01	4.4×10^4	3.1	1804	(6)
NGC 6334I	17 20 53.3	–35 47 00	1.5×10^5	1.3	439	(5)
G29.96–0.02	18 46 03.8	–02 39 22	2.7×10^5	5.3	599	(2)
G31.41+0.31	18 47 34.3	–01 12 46	8.8×10^4	4.9	1142	(2)
<i>Ultracompact HII regions</i>						
G5.89–0.39 (W28A)	18 00 30.4	–24 04 02	5.1×10^4	1.3	140	(1)
G10.47+0.03	18 08 38.2	–19 51 50	8.1×10^5	8.6	2568	(3)
G34.26+0.15	18 53 18.6	+01 14 58	7.5×10^4	1.6	421	(4)
W51N-e1	19 23 43.8	+14 30 26	1.1×10^5	5.4	5079	(7)
NGC 7538-IRS1	23 13 45.3	+61 28 10	1.3×10^5	2.7	433	(1)

Notes. ^(a)The text uses “short” source names, which is the part preceding the + or – sign. ^(b)High-Mass Protostellar Objects.

References. (1) Van der Tak et al. (2013); (2) Zhang et al. (2014); (3) Sanna et al. (2014); (4) Kurayama et al. (2011); Xu et al. (2016); (5) Wu et al. (2014); (6) Wienen et al. (2015); (7) Sato et al. (2010).

reference positions in the DBS observing mode. For the H_2^{18}O and C^{18}O lines, the beam size of 20–22'' is very similar to that of the 987 GHz maps, which permits a direct comparison of the results. The beam size of the 752 GHz observations is 28''.

The data are *Herschel*/HIFI standard products (Shipman et al. 2017) with further processing performed in the *Herschel* Interactive Processing Environment (HIPE; Ott 2010) version 15; further analysis was carried out in the CLASS¹ package, version of December 2015 or later. Raw antenna temperatures were converted to T_{mb} scale using a main beam efficiency of 63% for both frequencies around 1 THz and 64% for the 752 GHz line², and linear baselines were subtracted. After inspection, the data from the two polarization channels were averaged to obtain the rms noise levels reported in Table 2. The absolute calibration uncertainty of HIFI bands 3 and 4 is estimated to be 10–15%, but the relative calibration between lines in the same spectrum should be much better, which is relevant for C^{18}O and ^{13}CO .

3. Results

3.1. Line profiles of H_2^{18}O , ^{13}CO , and C^{18}O

Figure 1 shows the observed velocity profiles of the H_2^{18}O 1₁₁–0₀₀ and C^{18}O 9–8 lines. For IRAS 18151, we show

the H_2O 1₁₁–0₀₀ line as the H_2^{18}O line is not detected. For IRAS 05358, IRAS 16272, and IRAS 18151, the C^{18}O 9–8 line is weak, so we use the ^{13}CO 10–9 line to measure velocities. For the other sources, the data indicate substantial optical depth in the ^{13}CO 10–9 line, so we prefer C^{18}O 9–8 as velocity standard.

While the C^{18}O (or ^{13}CO) lines appear purely in emission for all sources, the H_2^{18}O (or H_2O) profiles show absorption, in some cases mixed with emission. Despite this difference, the peak of the H_2^{18}O absorption is seen to lie close to the peak of the C^{18}O (or ^{13}CO) emission, but at a measurable velocity offset. In most cases, the H_2^{18}O absorption peak is significantly redshifted from the C^{18}O (or ^{13}CO) emission peak, by 0.6–3.2 km s^{–1}. Table 3 reports the peak velocities of the H_2^{18}O absorption and C^{18}O (or ^{13}CO) emission, as estimated directly from the HIFI spectra. We estimate the uncertainty on these velocities to be ≈ 0.3 km s^{–1}. In some cases, no blueshifted absorption or no absorption at all is seen.

The C^{18}O 9–8 line has a relatively high upper level energy (237 K) and critical density (7.7×10^5 cm^{–3}), using spectroscopy from Endres et al. (2016) and collision data from Yang et al. (2010), as provided on the Leiden Atomic and Molecular Database (LAMDA; Schöier et al. 2005). Since in addition the C^{18}O abundance is likely to be low ($\sim 10^{-6}$), this line should be an optically thin tracer of the warm dense gas close to the central protostar. For the three sources with weak C^{18}O 9–8 emission, this argument also seems to hold for the

¹ <http://www.iram.fr/IRAMFR/GILDAS>

² <https://www.cosmos.esa.int/web/herschel/legacy-documentation-hifi-level-2>

Table 2. Observation log for the H_2^{18}O pointed observations and H_2O 987 GHz maps.

Source	Species	ObsID ^(a)	t_{int} ^(b) (s)	rms ^(c) (mK)
IRAS 05358	H_2^{18}O	206124, 206126	3566	20
	H_2O	204508	5.86	481
IRAS 16272	H_2^{18}O	214417, 214419	3455	20
	H_2O	203166	5.86	473
NGC 6334I(N)	H_2^{18}O	206383	2965	22
	H_2O	204523	5.86	481
W43-MM1	H_2^{18}O	191670, 207372	3566	20
	H_2O	215899	5.86	524
DR21(OH)	H_2^{18}O	194794, 197974	3566	20
	H_2O	210042	7.86	396
W3IRS5	H_2^{18}O	191658, 201591	3566	20
	H_2O	203160	5.86	498
IRAS 18089	H_2^{18}O	229882, 229883	3455	20
	H_2O	218210	5.86	557
W33A	H_2^{18}O	191638, 208086	3566	20
	H_2O	215902	5.86	465
IRAS 18151	H_2^{18}O	229880, 229881	3455	20
	H_2O	218212	5.86	659
AFGL 2591	H_2^{18}O	194795, 197973	3566	20
	H_2O	210038	5.86	446
G327	H_2^{18}O	214422, 214423, 214425, 214426	3428	21
	H_2O	203169	5.86	490
NGC 6334I	H_2^{18}O	206385	2965	22
	H_2O	204522	5.86	486
G29.96	H_2^{18}O	191668, 191669, 229875, 229876	3700	20
	H_2O	207655	5.86	475
G31.41	H_2^{18}O	191671, 191672, 229873, 229874	3700	20
	H_2O	207654	5.86	477
G5.89	H_2^{18}O	229888, 229889, 229890, 229891	3148	21
	H_2O	218201	5.86	575
G10.47	H_2^{18}O	229884, 229885, 229886, 229887	3148	21
	H_2O	218208	5.86	476
G34.26	H_2^{18}O	191673, 191674, 229871, 229872	3700	20
	H_2O	207652	5.86	493
W51	H_2^{18}O	194801, 194802, 207384, 207385	3420	20
	H_2O	207651	5.86	485
NGC 7538IRS1	H_2^{18}O	191663, 191664, 197976	3569	20
	H_2O	203161	5.86	479

Notes. ^(a)The leading 1342 has been omitted. ^(b)For pointed observations, the integration time is for the total spectra, i.e. all ObsIDs added. For maps, the integration time is per observed position. ^(c)The rms is the noise in $\delta\nu = 1.1$ MHz. For pointed observations, the integration time is for the total spectra, i.e. all ObsIDs added.

^{13}CO 10–9 line, presumably owing to a low envelope mass. These three sources are not the lowest luminosity cases in our study, so the low envelope mass and weak C^{18}O emission may be an evolutionary effect. The appearance of the H_2^{18}O

absorption at redshifted velocities thus implies infalling motions in the gas surrounding the dense warm cores seen in C^{18}O 9–8 and/or ^{13}CO 10–9 emission. The velocity difference between the C^{18}O and H_2^{18}O lines indicates approximate infall speeds

Fig. 1. Line profiles of H_2^{18}O $1_{11}-0_{00}$ (black) and C^{18}O $9-8$ (red) toward our 19 sources. The vertical green line denotes the C^{18}O velocity in Table 3. For IRAS 18151, we show H_2^{18}O $1_{11}-0_{00}$ instead of the H_2^{18}O line which is not detected. For IRAS 18151, IRAS 16272 and IRAS 05358, the blue dotted spectrum is ^{13}CO $10-9$ as C^{18}O is weak or noisy. The dip in the G10.47 spectrum at $V_{\text{LSR}} > 80 \text{ km s}^{-1}$ is an artifact from the image sideband.

between 0.6 and 3.2 km s^{-1} , although these values represent line-of-sight averages.

For the sources W3 IRS5, W33A, NGC 6334I, and IRAS 05358, the H_2^{18}O absorption peak is blueshifted from the C^{18}O emission peak, suggesting expanding motions. The line profiles toward G5.89 and G10.47 are complex, and show a mixture of infall and expansion. These two sources are not included in the analysis below.

We emphasize the importance of using a precise velocity standard, in this case the C^{18}O $9-8$ line, for the detection of infall motions. The C^{18}O velocities in Table 3 differ from the ground-based values (Van der Tak et al. 2013, Table 1; Van Dishoeck et al. 2011) by up to 1 km s^{-1} , which shows that velocity precision is often limited by source inhomogeneities, rather than by spectral resolution or other instrumental parameters.

Wyrowski et al. (2012, 2016) have used SOFIA to measure the NH_3 $3_2^+-2_2^-$ line at 1810.379 GHz toward several of our sources. These authors reported redshifted absorption toward W43 MM1, G327, G31.41, and G34.26, implying infall, and blueshifted absorption toward W33A and G5.89, thereby implying expansion. These results agree qualitatively with ours and their measured velocities are similar to those reported in this work.

Toward G34.26, Hajigholi et al. (2016) have measured infall through multi-line NH_3 line observations with HIFI and found two infall components with velocities of 2.7 and 5.3 km s^{-1} . The

ground-state H_2^{18}O and NH_3 lines presented in this work and by Wyrowski et al. only probe the lower-velocity of these components, which may mean that the higher-velocity component mostly arises in very warm and dense gas in close proximity to the protostar. This result suggests that the infall velocity of the gas increases as it approaches the protostar.

3.2. Maps of H_2O

Figures 2 and A.1–A.17 show our maps of the H_2O 987 GHz line emission. The greyscale and white contours denote the line core, while the blue and red contours correspond to the blue- and redshifted line wings (see the caption for details). The emission is seen to be compact (except G31.41), mildly elongated, and not to depend much on velocity interval (except NGC 6334I). For IRAS 18151, the emission is too weak to assess its morphology. The map of NGC 7538 is not shown as it suffers from mispointing, so that only limits on the emission size and shape can be obtained.

The observed morphology of the 987 GHz emission does not appear to depend much on velocity interval (Figs. 2 and A.1–A.17). This contrasts with the low- J CO emission from our sources, which shows a clear bipolar morphology, especially at velocities away from line center (see references in Van Dishoeck et al. 2011). We conclude that the bulk of the warm dense gas in the outflow as traced by the H_2O 987 GHz line is confined to a

Table 3. Measured velocities and derived infall rates.

Source	$V(\text{C}^{18}\text{O})$ km s^{-1}	$V(\text{H}_2^{18}\text{O})$ km s^{-1}	$V_{\text{inf}}^{(a)}$ km s^{-1}	$\dot{M}_{\text{acc}}^{(b)}$ $10^{-3} M_{\odot} \text{ yr}^{-1}$
IRAS 05358	-16.0 ^(d)	-18.5	+2.5	-0-
IRAS 16272	-47.0	-46.3	-0.7	1.28
NGC 6334 I(N)	-3.8	-2.7	-1.1	4.75
W43 MM1	+98.8	+99.4	-0.6	6.06
DR21(OH)	-3.5	-2.2	-1.3	1.86
W3 IRS5	-38.4	-39.9	+1.5	-0-
IRAS 18089	+32.4	+33.8	-1.4	3.28
W33A	+38.0	+33.8	+4.2	-0-
IRAS 18151	+33.6 ^(d)	+33.4 ^(e)	-0.2	0.07
AFGL 2591 ^(c)	-5.5	-0-	-0-	-0-
G327-0.6	-45.0	-43.1	-1.9	4.19
NGC 6334I	-6.5	-7.9	+1.4	-0-
G29.96 ^(c)	+98.5	-0-	-0-	-0-
G31.41	+97.3	+99.3	-2.0	9.85
G5.89 ^(c)	+9.3	-0-	-0-	-0-
G10.47	+67.3	+68.7	-1.4	7.15
G34.26	+58.0	+61.2	-3.2	18.9
W51N-e1	+57.3	+58.9	-1.6	14.2
NGC 7538 ^(c)	-57.6	-0-	-0-	-0-

Notes. ^(a) $V_{\text{inf}} = V(\text{C}^{18}\text{O}) - V(\text{H}_2^{18}\text{O})$. ^(b)Zero denotes lack of (blueshifted) absorption w.r.t. the source. ^(c) H_2^{18}O in emission without clear absorption. ^(d)From ^{13}CO . ^(e)From H_2O .

small volume ($\lesssim 20''$) from the source, unlike the outflow gas at lower temperature and density traced by low- J CO lines.

We measured the size of the 987 GHz emission by fitting a two-dimensional Gaussian plus a background offset to the images in Figs. 2 and A.1–A.17. Table 4 reports the resulting radii, which have been deconvolved assuming that the source and beam profiles add in quadrature. The measured sizes of the H_2O emission are $\sim 2\times$ smaller than the values measured in high- J CO lines with *Herschel* (Karska et al. 2014; Kwon et al. 2017), and $2\text{--}3\times$ smaller than the sizes of the submillimeter dust emission measured from the ground (Van der Tak et al. 2013). Evidently, the H_2O emission traces warm dense gas close to the protostars.

Comparing the major and minor axis values in Table 4, we see that the H_2O emission is close to spherical in most cases, with axis ratios between 1.1 and 1.4. We conclude that protostellar envelopes dominate the emission, without any evidence for flattening or elongation caused by rotation or bipolar outflows.

Table 4 compares the observed shape of the H_2O 987 GHz emission to the predictions from radiative transfer models, assuming a constant H_2O abundance, following Herpin et al. (2016). These predictions are fits to multi-line H_2O (and isotopic) spectra from HIFI, using the physical structure models from Van der Tak et al. (2013). The predicted size is seen to be 30–40% larger than the observed size for most sources, which we consider good agreement given the simplifying assumption of spherical symmetry in the models. Only for the sources W3 IRS5 and W43 MM1, the predicted size is 2–4 times smaller than the observed size. As with the axis ratios, this may be due to outflows contributing to the emission. Furthermore, the models assume a single central source, whereas interferometric images of our objects often show multiple cores at the center (e.g., Hunter et al. 2014; Brogan et al. 2016; Izquierdo et al. 2018).

The line intensities in the maps are typically 70–80% of the values reported from pointed observations at the same position.

This difference is as expected from the 4% larger beam size due to the OTF observing mode and the spatial regridding, assuming a small emitting area. Only for IRAS 18151 and IRAS 18089, the map intensities are substantially lower ($\approx 40\%$ of the pointed observations) for unknown reasons. In such cases, the pointed observations are more reliable, since their calibration is more thorough, with multiple references and longer integrations. We conclude that mapping modes are useful to measure source sizes, but usually underestimate line intensities, sometimes substantially.

4. Discussion

4.1. Origin of H_2O and H_2^{18}O line emission and absorption

Figure 3 compares the observed H_2^{18}O line profiles with those of the H_2O 987 and 752 GHz lines. For the 987 GHz line, we use the pointed observations rather than convolving the map data, because of the calibration issue with the maps (Sect. 3.2) and because the map data have higher noise levels. Remarkably, the H_2^{18}O line profile (shown in black) is very similar to the difference between the two H_2O lines (shown in gray). As found before for the case of W43-MM1 by another method (Jacq et al. 2016), this close similarity implies that the H_2^{18}O absorption originates in warm gas ($T \gtrsim 100$ K). Given the upper level energies of the two H_2O lines (101 and 137 K), the bulk of the H_2^{18}O absorption must arise in gas with temperatures between ~ 100 and ~ 140 K. These temperatures are just above the point where H_2O ice sublimates from dust grains, which is expected to lead to a strong increase in the gas-phase H_2O abundance (Boogert et al. 2015). The H_2^{18}O absorption is unlikely to arise in the cold outer envelope, where the H_2O abundance is too low to create detectable absorption in H_2^{18}O (cf. Shipman et al. 2014). The success of the subtraction procedure shows that the outer envelope does not contribute to the H_2^{18}O absorption.

For the sources W3 IRS5, NGC 7538, W33A, AFGL 2591, G29.96, G10.47, and W51N, the subtraction also reproduces H_2^{18}O emission features. Since emission is sensitive to beam filling factors, this similarity is even stronger evidence that the H_2^{18}O line originates between the layers where the 752 GHz line is excited and where the 987 GHz line is excited. In the models by Van der Tak et al. (2013), this zone occurs typically at radii of 1000–5000 au, depending on the luminosity of the source. This region is small enough that it is often difficult to observe (e.g., $2\text{--}10''$ diameter at a distance of 1 kpc).

In some cases, scaling the 752 GHz profile before subtracting it from the 987 GHz line profile improves the match of the difference to the H_2^{18}O profile (Fig. 4), in particular for the line wings. The scaling factors that best match the observed profiles range from ≈ 1 for sources with small deconvolved sizes (Table 4) to ≈ 1.8 for the most extended sources. These values are just as expected from beam size differences between the 987 and 752 GHz spectra, assuming equal excitation temperatures. There may be other pairs of lines whose differences enable us to probe specific layers of the protostellar cores.

Toward several of the more massive sources, the H_2^{18}O line profiles show absorption in the line wings, especially on the blue-shifted side. Clearly, the H_2^{18}O column density is sufficient to absorb even at velocities only seen in the wings. The C^{18}O 9–8 spectra show no such high-velocity signals, which implies that the H_2O abundance is enhanced in the high-velocity gas (Herpin et al. 2016). For example, the H_2^{18}O spectrum toward NGC 6334 I(N) shows absorption out to at least $15\text{--}20 \text{ km s}^{-1}$ from line center, which has no counterpart in

IRAS 05358+3543

Fig. 2. Map of the velocity-integrated emission in the H₂O 987 GHz line for IRAS 05358. White contours and grayscale image denote velocity-integrated emission over the range indicated by the gray area in the spectrum in the left panel. Red and blue contours denote red- and blueshifted emission, indicated by the red and blue areas in the left panel. The red and blue maps were created by integrating the 987 GHz data cube over a range of 1 *FWHM* below and above the V_{LSR} of the envelope, denoted by the vertical black line in the spectrum. The integration ranges are offset by 1/2 *FWHM* from the V_{LSR} to avoid confusion with absorption features. The lowest contour (at the 1σ level) is drawn dashed, the others (in multiples of σ) are drawn solid. The bar in the bottom left corner denotes the HIFI beam size.

C¹⁸O. For this source, the integrated H₂¹⁸O absorption from the envelope (roughly between -6 and $+1$ km s⁻¹, which has a counterpart in C¹⁸O emission) is approximately equal to that in the high-velocity blue wing. In contrast, the C¹⁸O 9–8 line indicates $\geq 10\times$ less mass at high velocities, implying an H₂O abundance enhancement by more than an order of magnitude.

Similar conclusions hold for the other sources, except for G5.89 and G34.26 for which weak wings are seen on the C¹⁸O 9–8 profiles. The lack of high-velocity C¹⁸O 9–8 emission for most sources is not an excitation effect, as low-*J* C¹⁸O lines do not show wings either (Hatchell et al. 1998; Watson et al. 2003; Gibb et al. 2004; Thomas & Fuller 2007). We conclude that H₂O abundances in high-mass protostellar outflows are $\geq 10\times$ higher than in the envelopes.

The H₂O abundance in these sources thus appears to have at least 3 levels: low in the outer envelope, high in the inner envelope, and very high in the outflow. This is in line with the work of Van der Tak et al. (2010), who used HIFI maps of the DR21 region in ¹³CO 10–9 and H₂O 1₁₁–0₀₀ to derive H₂O abundances of $\sim 10^{-10}$ for the cool outer envelope, $\sim 10^{-8}$ for the warm inner envelope, and $\sim 10^{-6}$ for the shocked outflowing gas.

4.2. Infall rates and trends

The rightmost column of Table 3 gives estimates of the infall rates onto our sources. These were calculated using

$$\dot{M}_{\text{acc}} = 4\pi R^2 m(\text{H}_2) n(\text{H}_2) |V_{\text{inf}}|, \quad (1)$$

where $m(\text{H}_2)$ is the mass of the H₂ molecule, and the absolute value of the infall speed V_{inf} is taken from Table 3. Infall motion appears negative as gas is moving toward the center of the reference frame of our models. Given the similarity of the H₂¹⁸O absorption profile with the difference of the H₂O 987 and 752 GHz profiles (Sect. 4.1), we adopt the radius of the 120 K point in the envelope models from Van der Tak et al. (2013) for R , and the density at that radius for $n(\text{H}_2)$. These radii vary between 800 and 9000 au, and the densities from 7×10^5 to 5×10^7 cm⁻³. Our observed (deconvolved) sizes agree well (within a factor of 2) with the upper end of this range, except for W43 MM1, G10.47, and W51N, where the observed values are larger.

The resulting infall rates (Table 3, right column) are seen to range from $\sim 7 \times 10^{-5}$ to $\sim 2 \times 10^{-2}$ $M_{\odot}$ yr⁻¹. These values are in reasonable agreement with other observations (e.g., König et al. 2017) and with theoretical models (Tan et al. 2014; Motte et al. 2018). They should be considered order of magnitude estimates, because of our simplified treatment assuming spherical symmetry. The observational uncertainty through the measured line velocities is only a $\sim 30\%$ effect. The derived infall rates depend only weakly on the adopted radius and density: the envelopes of our sources have density profiles that drop off approximately as R^{-2} , so that the effects of R and n on $\dot{M}$ tend to cancel each other.

For our subsamples of mid-infrared quiet and –bright HMPOs, Herpin et al. (2016) and Choi (2015) have made detailed models of the H₂O distribution in the protostellar envelope, including simple step functions for the H₂O abundance in the inner and outer envelope. In order to fit the line profiles of H₂O,

Table 4. Observed and deconvolved source sizes (arcsec).

Source ^(a)	Major axis	Minor axis	Position angle (degrees)	Deconvolved ^(b)	Model ^(c)	850–870 μm ^(d)
IRAS 05358	12.0 (0.5)	9.3 (0.4)	−46 (6)	4.4	15.0	30.0
IRAS 16272	15.9 (0.7)	11.8 (0.6)	−34 (5)	8.8	18.0	50.0
NGC 6334 I(N)	17.2 (0.5)	12.5 (0.4)	38 (3)	11.3	21.6	42.0
W43 MM1	15.8 (1.6)	12.8 (1.2)	−89 (15)	15.5	11.8	27.0
DR21(OH)	12.4 (0.4)	11.1 (0.4)	−8 (11)	5.4	28.8	33.0
W3 IRS5	14.1 (0.3)	12.0 (0.3)	−9 (5)	7.8	40.0	57.0
IRAS 18089	11.0 (0.9)	9.5 (0.8)	−37 (21)	−0−	...	17.0
W33A	11.6 (0.7)	10.0 (0.6)	−44 (16)	5.1	...	30.0
AFGL 2591	11.3 (0.6)	9.7 (0.5)	76 (12)	3.8	25.2	25.2
G327-0.6	14.3 (0.5)	10.2 (0.4)	67 (4)	5.5	...	24.0
NGC 6334I	16.1 (0.5)	15.0 (0.4)	88 (13)	12.6	...	40.0
G29.96	10.7 (0.3)	9.6 (0.3)	−13 (11)	3.0	...	16.0
G31.41	9.9 (0.9)	7.5 (0.7)	−5 (13)	−0−	...	15.0
G5.89	10.9 (0.2)	10.0 (0.2)	−29 (7)	3.9	...	28.0
G10.47	11.9 (0.7)	10.2 (0.6)	−47 (14)	5.5	...	10.0
G34.26	22.4 (1.0)	16.9 (0.8)	−17 (4)	16.9	...	25.0
W51N-e1	14.5 (0.7)	10.9 (0.5)	−63 (6)	8.2	...	27.0

Notes. ^(a)The source fitting failed for IRAS 18151 and NGC 7538. ^(b)Equivalent circular axis; a value of zero means that the source is unresolved. ^(c)From Chavarría et al. (2010) for W3 IRS5, Herpin (priv. comm.) for AFGL 2591; other sources from Herpin et al. (2016). ^(d) 3σ radii from Van der Tak et al. (2013).

Fig. 3. Spectra of the H₂O 987 and 752 GHz lines (blue and purple histograms), and their difference (shaded gray histogram), compared with the H₂¹⁸O line profile (black) histogram.

Fig. 4. As previous figure, for DR21(OH), with the 752 GHz profile scaled to optimize the match to the H₂O line wings.

Fig. 5. Infall velocities estimated from peak shift between H₂O and C¹⁸O lines vs. values from detailed fits to H₂O line profiles (using RATRAN) by Herpin et al. (2016) (green) and Choi (2015) (red). The dashed line denotes 1:1 correspondence.

H₂¹⁸O, and H₂¹⁷O in the pointed HIFI spectra, Herpin and Choi had to include radial motions in their models. Figure 5 compares their derived infall velocities to the values found in this work; the dashed line indicates 1:1 correspondence. The two types of estimates of the radial velocity are seen to agree qualitatively, both in the sign of the velocity (infall or outflow) and in its magnitude. The simple estimates of the inflow/expansion velocity are on average $\approx 2\times$ lower than those from the detailed models, although for four sources, they are actually larger. We consider this agreement as reasonable, given the differences between the two approaches.

Since our source sample covers a range of luminosities, envelope masses, and evolutionary stages, we investigated if our derived source sizes, infall velocities, and infall rates show any trends with L_{bol} , M_{env} , and age. To estimate the relative ages of our sources, we used the ratio of $L_{\text{bol}}/M_{\text{env}}$, which is straightforward to compute and appears to be a robust age tracer (Molinari et al. 2016). In addition, we used the presence of hot molecular cores and/or ultracompact HII regions as a sign of a relatively evolved stage. Third, we looked for trends with the virial mass and the ratio $M_{\text{vir}}/M_{\text{env}}$, proposed as a stability parameter by König et al. (2017). Virial masses are calculated following Giannetti et al. (2014), using line widths from Table A.2 of Van der Tak et al. (2013).

The only significant trend that we find is between the linear sizes of our sources with their virial masses. Since virial mass depends on size, this trend probably just means that the line width is similar for all sources. In addition, the infall rates seem to increase with virial mass and with the evolutionary indicator $L_{\text{bol}}/M_{\text{env}}$, but the statistical significance of these trends is small. Even the relation with M_{vir} has a Pearson correlation coefficient of only $r = 0.58$. For a sample size of $N = 11$, this r -value corresponds to a probability of false correlation of $p = 6\%$, i.e. a $\approx 2\sigma$ significance. We conclude that the accretion rates may increase with circumstellar mass and with evolutionary stage, but that larger source samples are required to test these claims.

5. Conclusions

Based on our measured velocity shifts between H₂¹⁸O absorption and C¹⁸O emission, infall motions appear to be common in the embedded phase of high-mass star formation, at typical accretion rates of $\sim 1 \times 10^{-4} M_{\odot} \text{ yr}^{-1}$. We find a tentative trend that the highest accretion rates occur for the most massive sources, which is globally consistent with current models of high-mass star formation (Tan et al. 2014; Motte et al. 2018). Our data do not allow us to distinguish between such models, however.

In addition, the accretion rates may increase with age, unlike in the low-mass case, for which accretion rates drop from the Class 0 to the Class III stage, and are highly episodic (Dunham et al. 2014). Signs of episodic accretion, which is well established in the low-mass case, have recently been reported for a high-mass star, in the form of mid-infrared variability suggesting accretion “bursts” (Caratti o Garatti et al. 2017).

Our data do not allow us to discern trends within specific types of sources, nor with protostellar luminosity. A study of H₂O line profiles toward a large ($N \sim 100$) sample is needed to distinguish such trends and to search for episodic behavior. Data from the *Herschel* open time programs by Bontemps and Wyrowski may be suitable for this purpose. In the future, such studies will be possible with ESA’s SPace Infrared telescope for Cosmology and Astrophysics (SPICA)³ (Roelfsema et al. 2018; Van der Tak et al. 2018) around 2030, and NASA’s Origins Space Telescope (OST)⁴ (Battersby et al. 2018) around 2040.

Acknowledgements. This paper is dedicated to the memory of Malcolm Walmsley, who passed away on 1 May 2017 at the age of 75. We remember Malcolm as a great source of inspiration, and we will miss his sharp insight and kind manner. The authors thank the WISH team led by Ewine van Dishoeck for inspiring discussions, and the anonymous referee for useful comments on the manuscript. This research has used the following databases: ADS, CDMS, JPL, and LAMDA. HIFI was designed and built by a consortium of institutes and university departments from across Europe, Canada and the US under the leadership of SRON Netherlands Institute for Space Research, Groningen, The Netherlands with major contributions from Germany, France and the USA. Consortium members are: Canada: CSA, UWaterloo; France: CESR, LAB, LERMA, IRAM; Germany: KOSMA, MPIfR, MPS; Ireland: NUI Maynooth; Italy: ASI, IFSI-INAF, Arcetri-INAF; Netherlands: SRON, TUD; Poland: CAMK, CBK; Spain: Observatorio Astronómico Nacional (IGN), Centro de Astrobiología (CSIC-INTA); Sweden: Chalmers University of Technology – MC2, RSS & GARD, Onsala Space Observatory, Swedish National Space Board, Stockholm University – Stockholm Observatory; Switzerland: ETH Zürich, FHNW; USA: Caltech, JPL, NHSC.

References

- Battersby, C., Armus, L., Bergin, E., et al. 2018, *Nat. Astron.*, **2**, 596
- Beltrán, M. T., & de Wit, W. J. 2016, *A&ARv*, **24**, 6
- Beltrán, M. T., Cesaroni, R., Codella, C., et al. 2006, *Nature*, **443**, 427

³ <http://www.spica-mission.org/>

⁴ <https://asd.gsfc.nasa.gov/firs/>

- Beltrán, M. T., Cesaroni, R., Rivilla, V. M., et al. 2018, *A&A*, **615**, A141
- Beuther, H., Schilke, P., Sridharan, T. K., et al. 2002, *A&A*, **383**, 892
- Boogert, A. C. A., Gerakines, P. A., & Whittet, D. C. B. 2015, *ARA&A*, **53**, 541
- Brogan, C. L., Hunter, T. R., Cyganowski, C. J., et al. 2016, *ApJ*, **832**, 187
- Caratti o Garatti, A., Stecklum, B., García Lopez, R., et al. 2017, *Nat. Phys.*, **13**, 276
- Cesaroni, R., Sánchez-Monge, Á., Beltrán, M. T., et al. 2017, *A&A*, **602**, A59
- Chavarría, L., Herpin, F., Jacq, T., et al. 2010, *A&A*, **521**, L37
- Choi, Y. 2015, Ph.D. Thesis, University of Groningen
- Churchwell, E., Walmsley, C. M., & Cesaroni, R. 1990, *A&AS*, **83**, 119
- Cunningham, N., Lumsden, S. L., Moore, T. J. T., Maud, L. T., & Mendigutía, I. 2018, *MNRAS*, **477**, 2455
- De Graauw, T., Helmich, F. P., Phillips, T. G., et al. 2010, *A&A*, **518**, L6
- Dunham, M. M., Stutz, A. M., Allen, L. E., et al. 2014, *Protostars and Planets VI* (Tucson: University of Arizona Press), 195
- Endres, C. P., Schlemmer, S., Schilke, P., Stutzki, J., & Müller, H. S. P. 2016, *J. Mol. Spectr.*, **327**, 95
- Fuller, G. A., Williams, S. J., & Sridharan, T. K. 2005, *A&A*, **442**, 949
- Giannetti, A., Wyrowski, F., Brand, J., et al. 2014, *A&A*, **570**, A65
- Gibb, A. G., Wyrowski, F., & Mundy, L. G. 2004, *ApJ*, **616**, 301
- Hajigholi, M., Persson, C. M., Wiström, E. S., et al. 2016, *A&A*, **585**, A158
- Hatchell, J., Thompson, M. A., Millar, T. J., & MacDonald, G. H. 1998, *A&AS*, **133**, 29
- He, Y.-X., Zhou, J.-J., Esimbek, J., et al. 2015, *MNRAS*, **450**, 1926
- Herpin, F., Chavarría, L., Jacq, T., et al. 2016, *A&A*, **587**, A139
- Hunter, T. R., Brogan, C. L., Cyganowski, C. J., & Young, K. H. 2014, *ApJ*, **788**, 187
- Immer, K., Reid, M. J., Menten, K. M., Brunthaler, A., & Dame, T. M. 2013, *A&A*, **553**, A117
- Izquierdo, A. F., Galván-Madrid, R., Maud, L. T., et al. 2018, *MNRAS*, **478**, 2505
- Jacq, T., Braine, J., Herpin, F., van der Tak, F., & Wyrowski, F. 2016, *A&A*, **595**, A66
- Johnston, K. G., Robitaille, T. P., Beuther, H., et al. 2015, *ApJ*, **813**, L19
- Karska, A., Herpin, F., Bruderer, S., et al. 2014, *A&A*, **562**, A45
- Klaassen, P. D., & Wilson, C. D. 2007, *ApJ*, **663**, 1092
- König, C., Urquhart, J. S., Csengeri, T., et al. 2017, *A&A*, **599**, A139
- Kurayama, T., Nakagawa, A., Sawada-Satoh, S., et al. 2011, *PASJ*, **63**, 513
- Kwon, W., van der Tak, F., Karska, A., et al. 2017, *A&A*, submitted
- Molinari, S., Merello, M., Elia, D., et al. 2016, *ApJ*, **826**, L8
- Motte, F., Schilke, P., & Lis, D. C. 2003, *ApJ*, **582**, 277
- Motte, F., Bontemps, S., & Louvet, F. 2018, *ARA&A*, **56**, 41
- Mottram, J. C., van Dishoeck, E. F., Schmalzl, M., et al. 2013, *A&A*, **558**, A126
- Nguyen Luong, Q., Motte, F., Schuller, F., et al. 2011, *A&A*, **529**, A41
- Ott, S. 2010, in *Astronomical Data Analysis Software and Systems XIX*, eds. Y. Mizumoto, K.-I. Morita, & M. Ohishi, *ASP Conf. Ser.*, **434**, 139
- Peretto, N., André, P., & Belloche, A. 2006, *A&A*, **445**, 979
- Peters, T., Banerjee, R., Klessen, R. S., & Mac Low, M.-M. 2011, *ApJ*, **729**, 72
- Pilbratt, G. L., Riedinger, J. R., Passvogel, T., et al. 2010, *A&A*, **518**, L1
- Pillai, T., Kauffmann, J., Wyrowski, F., et al. 2011, *A&A*, **530**, A118
- Reid, M. J., Menten, K. M., Brunthaler, A., et al. 2014, *ApJ*, **783**, 130
- Roelfsema, P. R., Helmich, F. P., Teyssier, D., et al. 2012, *A&A*, **537**, A17
- Roelfsema, P. R., Shibai, H., Armus, L., et al. 2018, *PASA*, **35**, e030
- Rygl, K. L. J., Brunthaler, A., Sanna, A., et al. 2012, *A&A*, **539**, A79
- Sánchez-Monge, Á., Cesaroni, R., Beltrán, M. T., et al. 2013, *A&A*, **552**, L10
- San José-García, I., Mottram, J. C., Kristensen, L. E., et al. 2013, *A&A*, **553**, A125
- San José-García, I., Mottram, J. C., van Dishoeck, E. F., et al. 2016, *A&A*, **585**, A103
- Sanna, A., Reid, M. J., Menten, K. M., et al. 2014, *ApJ*, **781**, 108
- Sato, M., Reid, M. J., Brunthaler, A., & Menten, K. M. 2010, *ApJ*, **720**, 1055
- Schöier, F. L., van der Tak, F. F. S., van Dishoeck, E. F., & Black, J. H. 2005, *A&A*, **432**, 369
- Shipman, R. F., van der Tak, F. F. S., Wyrowski, F., Herpin, F., & Frieswijk, W. 2014, *A&A*, **570**, A51
- Shipman, R. F., Beaulieu, S. F., Teyssier, D., et al. 2017, *A&A*, **608**, A49
- Sollins, P. K., Zhang, Q., Keto, E., & Ho, P. T. P. 2005, *ApJ*, **624**, L49
- Tan, J. C., Beltrán, M. T., Caselli, P., et al. 2014, *Protostars and Planets VI* (Tucson, AZ: University of Arizona Press), 149
- Thomas, H. S., & Fuller, G. A. 2007, *ApJ*, **659**, L165
- Van der Tak, F. F. S., Marseille, M. G., Herpin, F., et al. 2010, *A&A*, **518**, L107
- Van der Tak, F. F. S., Chavarría, L., Herpin, F., et al. 2013, *A&A*, **554**, A83
- Van der Tak, F. F. S., Madden, S. C., Roelfsema, P., et al. 2018, *PASA*, **35**, e002
- Van Dishoeck, E. F., Kristensen, L. E., Benz, A. O., et al. 2011, *PASP*, **123**, 138
- Watson, C., Araya, E., Sewilo, M., et al. 2003, *ApJ*, **587**, 714
- Wienen, M., Wyrowski, F., Menten, K. M., et al. 2015, *A&A*, **579**, A91
- Wu, Y. W., Sato, M., Reid, M. J., et al. 2014, *A&A*, **566**, A17
- Wyrowski, F., Güsten, R., Menten, K. M., Wiesemeyer, H., & Klein, B. 2012, *A&A*, **542**, L15
- Wyrowski, F., Güsten, R., Menten, K. M., et al. 2016, *A&A*, **585**, A149
- Xu, J.-L., Li, D., Zhang, C.-P., et al. 2016, *ApJ*, **819**, 117
- Yang, B., Stancil, P. C., Balakrishnan, N., & Forrey, R. C. 2010, *ApJ*, **718**, 1062
- Zhang, B., Moscadelli, L., Sato, M., et al. 2014, *ApJ*, **781**, 89

Appendix A: Maps of all sources

IRAS 16272–4837

Fig. A.1. As Fig. 2, for IRAS 16272.

NGC 6334-I(N)

Fig. A.2. As previous figure, for NGC 6334I(N).

W43-MM1

Fig. A.3. As previous figure, for W43-MM1.

DR21(OH)

Fig. A.4. As previous figure, for DR21(OH).

Fig. A.5. As previous figure, for W3 IRS5.

Fig. A.6. As previous figure, for IRAS 18089.

W33A

Fig. A.7. As previous figure, for W33A.

IRAS 18151–1208

Fig. A.8. As previous figure, for IRAS 18151.

Fig. A.9. As previous figure, for AFGL 2591.

Fig. A.10. As previous figure, for G327.

NGC 6334-I

Fig. A.11. As previous figure, for NGC 6334I.

G29.96-0.02

Fig. A.12. As previous figure, for G29.96.

G31.41+0.31

Fig. A.13. As previous figure, for G31.41.

G5.89-0.39

Fig. A.14. As previous figure, for G5.89.

G10.47+0.03

Fig. A.15. As previous figure, for G10.47.

G34.26+0.15

Fig. A.16. As previous figure, for G34.26.

Fig. A.17. As previous figure, for W51N.