Water isotopologues in the circumstellar envelopes of M-type AGB stars[★]

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ABSTRACT

Aims. In this study we intend to examine rotational emission lines of two isotopologues of water: H_2^{17}O and H_2^{18}O . By determining the abundances of these molecules, we aim to use the derived isotopologue – and hence oxygen isotope – ratios to put constraints on the masses of a sample of M-type AGB stars that have not been classified as OH/IR stars.

Methods. We have used detailed radiative transfer analysis based on the accelerated lambda iteration method to model the circumstellar molecular line emission of H_2^{17}O and H_2^{18}O for IK Tau, R Dor, W Hya, and R Cas. The emission lines used to constrain our models came from *Herschel*/HIFI and *Herschel*/PACS observations and are all optically thick, meaning that full radiative transfer analysis is the only viable method of estimating molecular abundance ratios.

Results. We find generally low values of the $^{17}\text{O}/^{18}\text{O}$ ratio for our sample, ranging from 0.15 to 0.69. This correlates with relatively low initial masses, in the range ~ 1.0 to $1.5 M_{\odot}$ for each source, based on stellar evolutionary models. We also find ortho-to-para ratios close to 3, which are expected from warm formation predictions.

Conclusions. The $^{17}\text{O}/^{18}\text{O}$ ratios found for this sample are at the lower end of the range predicted by stellar evolutionary models, indicating that the sample chosen had relatively low initial masses.

Key words. stars: AGB and post-AGB – circumstellar matter – stars: fundamental parameters

1. Introduction

The asymptotic giant branch (AGB) phase follows the main sequence and red giant phase for low- to intermediate-mass stars. AGB stars undergo a period of rapid mass-loss, ejecting matter which forms molecules and condenses into dust in a circumstellar envelope (CSE) around the star. The chemical composition of the CSE depends on the chemical type of the star and AGB stars can be broadly divided into oxygen-rich (M-type) and carbon-rich chemical types, with a third category of S-type stars which have approximately equal abundances of oxygen and carbon.

One of the most abundant molecules found towards M-type stars is H_2O . The abundance and distribution of the main isotopologue, H_2^{16}O , in AGB stars' CSEs have been studied extensively, for example by [Maercker et al. \(2008, 2009\)](#), [Lombaert et al. \(2013\)](#), [Khouri et al. \(2014b\)](#), [Maercker et al. \(2016\)](#) for M-type stars, [Lombaert et al. \(2016\)](#) for carbon stars, [Schöier et al. \(2011\)](#) and [Danilovich et al. \(2014\)](#) for S-type stars. The millimetre and submillimetre emission of the rarer isotopologues has not been studied in a consistent detailed manner across a sample of stars, although [Decin et al. \(2010b\)](#) previously studied the HIFI isotopologue emission for IK Tau and [Khouri et al. \(2014b\)](#) performed a detailed analysis for W Hya.

A more thorough understanding of the abundances of H_2^{17}O and H_2^{18}O will allow us to unravel some of the nucleosynthetic processes that take place during and prior to the AGB phase. For example, first dredge up, which takes place during the red giant branch (RGB) phase, results in an increase in ^{17}O and a decrease in ^{18}O (see [Lattanzio & Wood 2003](#); [Karakas & Lattanzio 2014](#), and references therein). The extent of ^{17}O enrichment and ^{18}O depletion depends primarily on the initial mass of the star and does not change appreciably during the second or third dredge ups. Hence, as shown by [De Nutter et al. \(2017\)](#), determining the abundances of these isotopes and comparing the results with stellar yields from nucleosynthesis and evolutionary models can allow us to put constraints on the initial masses of the studied AGB stars.

The only mechanism which may significantly change the ^{17}O and ^{18}O abundances after the star has entered the thermally pulsing AGB phase is hot bottom burning (HBB). The onset of HBB, which only takes place in the most massive AGB stars, with masses above $\gtrsim 4 M_{\odot}$, rapidly destroys ^{18}O and enhances ^{17}O (see [Lattanzio & Wood 2003](#); [Karakas & Lattanzio 2014](#), and references therein). This, of course, has a significant effect on the various ratios involving ^{16}O , ^{17}O , and ^{18}O . It is expected that only AGB stars that are classified as OH/IR stars will be massive enough to have undergone HBB, and evidence of HBB was indeed seen in OH/IR stars by [Justtanont et al. \(2015\)](#). The models of [Karakas & Lugaro \(2016\)](#) show that taking the solar $^{17}\text{O}/^{18}\text{O}$ ratio of 0.190 as the initial ratio, the ratio for a $1 M_{\odot}$ star will increase to 0.207 after the first dredge up and 0.213 at

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Table 1. Basic information about the four sources in the sample.

Star	RA	Dec	Variability	Spectral type	Period [day]	$\dot{M}$ [$M_{\odot} \text{ yr}^{-1}$]
IK Tau	03 53 28.87	+11 24 21.7	M	M9	470	5×10^{-6}
R Dor	04 36 45.59	−62 04 37.8	SRb	M8e	332/172*	1.6×10^{-7}
W Hya	13 49 02.00	−28 22 03.5	M	M7.5-9e	390	1×10^{-7}
R Cas	23 58 24.87	+51 23 19.7	M	M6.5-9e	430	8×10^{-7}

Notes. RA and Dec are given in J2000 co-ordinates. Variability and period information was obtained from the International Variable Star Index (VSX) database. The variability types are M = Mira variable, SRb = semi-regular variable type B. The mass-loss rates, $\dot{M}$, are taken from Maercker et al. (2016). (*) Both primary and secondary mode pulsation periods are listed for R Dor (Bedding et al. 1998).

the first thermal pulse (TP). For stars with higher initial masses the increase in $^{17}\text{O}/^{18}\text{O}$ ratio is more significant: for a $4.5 M_{\odot}$ star the ratio will increase to 1.728 after the first dredge up and to 1.781 at the first TP; for an $8 M_{\odot}$ star, the ratio will increase to 1.538 after the first dredge up, drop to 0.714 after the second dredge up, due to dredging up ^{18}O from the He shell, and increase significantly to 3943 at the first TP due to the pre-TP onset of HBB.

Recently, De Nutte et al. (2017) studied the ^{17}O and ^{18}O abundances based on CO observations in a sample of AGB stars covering all three chemical types. Their determined $^{17}\text{O}/^{18}\text{O}$ ratios spanned from approximately 0.3 to 2, and indicated initial stellar masses from ~ 1 to $1.8 M_{\odot}$, or possibly up to $\sim 4 M_{\odot}$, depending on the interpretation of the evolutionary models.

In this study we have investigated four M-type AGB stars for which observations of the less common H_2^{18}O and H_2^{17}O isotopologues are available from the *Herschel*/HIFI guaranteed time key project, HIFISTARS. The high abundance of oxygen relative to carbon in these stars means that H_2^{16}O is a highly abundant molecule, rivalling or perhaps surpassing the prevalence of CO. Three of the stars (IK Tau, R Dor, and R Cas) in our sample have been previously studied in detail by Maercker et al. (2008, 2009, 2016), who determined their circumstellar properties from CO observations and determined the H_2^{16}O abundances. The fourth star, W Hya, was studied in similar detail by Khouri et al. (2014a,b), who also determined the abundances of H_2^{18}O and H_2^{17}O . We include W Hya in our study to provide a comparison between different modelling methods used to study the molecular envelopes of these stars. There is no overlap of sources between this study and the De Nutte et al. (2017) study. Although W Aql and χ Cyg, for which they study CO isotopologues, were also included in the HIFISTARS programme, no H_2O isotopologues were detected for either S star – and were not expected to be given the lower abundances of H_2O in those stars – hence we cannot include them in this study. We do not expect any of our four stars to have undergone HBB and hence can use the determined abundances and abundance ratios of H_2O isotopologues as gauges of initial stellar mass. A similar study of OH/IR stars, based on the sample presented in Justtanont et al. (2015), is forthcoming.

2. Sample and observations

Our sample consists of four M-type AGB stars for which H_2^{17}O or H_2^{18}O lines have been detected by the *Herschel*/HIFI instrument. These stars have a range of mass-loss rates between 10^{-7} and $5 \times 10^{-6} M_{\odot} \text{ yr}^{-1}$ and have been previously modelled by Maercker et al. (2016), Khouri et al. (2014a,b), and Decin et al. (2010a) to determine mass-loss rates from CO lines

and abundances of H_2^{16}O . Some basic information about the four sources is given in Table 1.

2.1. HIFI data

The four stars in our sample, R Dor, IK Tau, R Cas, and W Hya, were observed as part of the HIFISTARS guaranteed time key programme. As part of this programme, the *Herschel*/HIFI instrument (de Graauw et al. 2010) was used to observe emission lines with high spectral resolution. The full observational results are presented in detail in Justtanont et al. (2012). However, since those data were published, there have been updates to the main beam efficiencies of the *Herschel*/HIFI instrument (Mueller et al. 2014¹) and hence we have reprocessed the HIFI data to take this into account (using HIPE² version 14.1, Ott 2010). The detected lines and integrated intensities for all sources are given in Table 2.

2.2. PACS data

The four sources were also observed with *Herschel*/PACS as part of the MESS guaranteed time key project (Groenewegen et al. 2011). The PACS spectra cover the 55–100 μm and 104–190 μm ranges and the detected lines are not spectrally resolved. As a result, many of the H_2^{17}O and H_2^{18}O lines are either known to be or suspected to be blended with other lines. In many cases this will be evident through a visual inspection of the lines or due to there being multiple molecular lines with a central wavelength within the full width at half maximum (FWHM) of the detected PACS line. Such lines are excluded from our analysis, especially since the H_2^{17}O and H_2^{18}O are generally relatively faint and any blends with known bright lines such as CO or H_2^{16}O are not going to provide useful constraints. The line strengths are extracted by fitting a Gaussian line profile. In some cases the FWHM of the fitted Gaussian is more than 20% larger than the FWHM of the PACS spectral resolution. Such detections are also flagged as blends, even if the secondary components of the blend are unknown, and are also excluded from our modelling. Furthermore, the possibility remains that the lines of interest may be blended with other, unidentified lines. For a detailed description of the data reduction and methodology, see Lombaert et al. (2016).

The detected PACS lines are listed in Table 3. The uncertainties given in the table include both the Gaussian fitting uncertainty and the PACS absolute flux calibration uncertainty of 20%.

¹ http://herschel.esac.esa.int/twiki/pub/Public/HifiCalibrationWeb/HifiBeamReleaseNote_Sep2014.pdf

² <http://www.cosmos.esa.int/web/herschel/data-processing-overview>

Table 2. H₂O isotopologue observations using HIFI.

Molecule	Transition	ν [GHz]	E_{up} [K]	θ [']	IK Tau [K km s ⁻¹]	R Dor [K km s ⁻¹]	W Hya [K km s ⁻¹]	R Cas [K km s ⁻¹]
o-H ₂ ¹⁷ O	3 _{1,2} → 3 _{0,3}	1096.414	249	19	1.97	1.46	0.56	<0.49*
	3 _{0,3} → 2 _{1,2}	1718.119	196	12	<2.7*	–	1.66	–
p-H ₂ ¹⁷ O	1 _{1,1} → 0 _{0,0}	1107.167	53	19	1.49	0.92	0.58	<0.37*
o-H ₂ ¹⁸ O	3 _{1,2} → 3 _{0,3}	1095.627	249	19	3.06	2.56	1.87	0.57
p-H ₂ ¹⁸ O	1 _{1,1} → 0 _{0,0}	1101.698	53	19	4.23	2.25	1.85	0.86

Notes. E_{up} is the energy of the upper level in the transition, θ is the half-power beam width of the telescope at the corresponding frequency. The integrated line intensity is given for each source and transition. (–) Indicates a line not covered by the *Herschel*/HIFI observations and (*) indicates a non-detection or a marginal detection, primarily used as an upper limit.

Table 3. H₂O isotopologue observations using PACS.

Molecule	Transition	λ [μm]	E_{up} [K]	θ [']	IK Tau [$\times 10^{-16}$ W m ⁻²]	R Dor [$\times 10^{-16}$ W m ⁻²]	W Hya [$\times 10^{-16}$ W m ⁻²]	R Cas [$\times 10^{-16}$ W m ⁻²]
o-H ₂ ¹⁷ O	2 _{2,1} → 2 _{1,2}	180.33	114	13	blend	x	0.71 (30%)	0.17 (46%)
	6 _{2,5} → 6 _{1,6}	94.91	794	9	3.49 (25%)	blend	blend	blend
o-H ₂ ¹⁸ O	2 _{2,1} → 2 _{1,2}	183.53	192	13	0.91 (29%)	x	x	x
	2 _{2,1} → 1 _{1,0}	109.35	192	10	4.30 (26%)	2.15 (53%)	x	0.69 (45%)
	6 _{1,6} → 5 _{0,5}	82.44	641	9	blend	blend	2.25 (25%)	blend
	3 _{3,0} → 2 _{2,1}	67.19	406	9	2.66 (40%)	x	x	x
	6 _{2,5} → 5 _{1,4}	65.75	792	9	1.23 (61%)	x	x	x
p-H ₂ ¹⁸ O	4 _{3,2} → 3 _{2,1}	59.35	546	9	2.88 (26%)	x	x	x
	3 _{1,3} → 2 _{0,2}	139.59	204	11	0.99 (38%)	x	x	x
	3 _{2,2} → 2 _{1,1}	90.94	295	9	1.51 (26%)	x	1.54 (50%)	x

Notes. E_{up} is the energy of the upper level in the transition, θ is the half power beam width of the telescope at the corresponding frequency. The integrated line strengths are given for each source and transition. (x) indicates a non-detection and numbers in brackets indicate percentage errors.

3. Modelling

3.1. Established parameters

The models used to determine the abundances of the H₂O isotopologues in the CSEs of IK Tau, R Dor, and R Cas were based on the circumstellar parameters found by Maercker et al. (2016) as a result of CO line emission modelling. These derived parameters include mass-loss rates, gas temperature distributions, dust to gas ratios, and gas expansion velocity profiles. Maercker et al. (2016) also modelled the abundance and distribution of H₂¹⁶O in the same sources, which we have used here as a basis for modelling the other isotopologues, assuming that these inhabit the same region around each AGB star as the more common isotopologue. For W Hya we use the circumstellar properties derived by Khouri et al. (2014a,b), who use a slightly different modelling procedure. Their results were adapted by Danilovich et al. (2016) for SO and SO₂ modelling and we use the same method of implementation here. All of these basic CSE parameters are given in Table 4.

For the radiative transfer analysis of each isotopologue, the ortho- and para-states of the molecules were treated separately. In each case, we included the lowest 45 rotational energy levels in the ground vibrational state and in the first excited bending mode, $\nu_2 = 1$. As shown by Maercker et al. (2009) for H₂¹⁶O the $\nu_3 = 1$ and $\nu_1 = 1$ vibrationally excited states represent a minimal shift in model predictions when excluded. The ground state levels we have included for both ortho and para spin isomers of H₂¹⁸O are shown in Fig. 1, along with the transitions observed towards IK Tau. The equivalently numbered levels were also used for the respective spin isomers of H₂¹⁷O and for H₂¹⁶O by Maercker et al. (2016). In all cases, the energy levels

Table 4. Stellar properties and input from CO models.

	IK Tau	R Dor	W Hya	R Cas
Luminosity [$L_{\odot}$]	7700	6500	5400	8700
Distance [pc]	265	59	78	176
v_{LSR} [km s ⁻¹]	34	7	40.5	25
$T_{\ast}$ [K]	2100	2400	2500	3000
R_{in} [10^{14} cm]	2.0	1.9	2.0	2.2
τ_{10}	1.0	0.03	0.07	0.09
$\dot{M}$ [$10^{-7} M_{\odot}$ yr ⁻¹]	50	1.6	1	8
v_{∞} [km s ⁻¹]	17.5	5.7	7.5	10.5
β	1.5	1.5	2.0	2.5
$R_{\text{H}_2\text{O}}$ [10^{15} cm]	11	1.4	1.8	3.6

Notes. v_{LSR} is the stellar velocity relative to the local standard of rest; $T_{\ast}$ is the stellar effective temperature; R_{in} is the dust condensation radius, taken to be the inner radius of the model; τ_{10} is the dust optical depth at 10 μm ; $\dot{M}$ is the mass-loss rate; v_{∞} is the gas terminal expansion velocity; β is the index of the radial velocity profile (see Eq. (1) of Maercker et al. 2016); $R_{\text{H}_2\text{O}}$ is the e -folding radius of the Gaussian H₂O radial abundance profile. All parameters are taken from Maercker et al. (2016).

and radiative rates were obtained from the HITRAN database (Rothman et al. 2009), and the collisional rates used were those for H₂¹⁶O with H₂ from Faure et al. (2007).

3.2. Modelling procedure

We used an accelerated lambda iteration method code (ALI) to perform detailed radiative transfer modelling of the observed molecular emission lines. This method has been previously

Fig. 1. Energy level diagram for H_2^{18}O with ortho energy levels shown on the *left* in blue and para energy levels shown on the *right* in red. The quantum numbers are listed to the right of each level in the format J_{K_a, K_c} . The grey arrows indicate all the HIFI and PACS transitions used to constrain the models for IK Tau.

described and implemented by Maercker et al. (2008, 2016), Schöier et al. (2011), and Danilovich et al. (2014). As discussed in more detail in those publications, we have assumed a smoothly accelerating, spherically symmetric CSE resulting from a constant mass-loss rate. We assumed a Gaussian abundance distribution profile with the same e -folding radius as Maercker et al. (2016) found for H_2^{16}O for each source, and varied the central peak abundance to fit the modelled emission lines to the observed emission lines.

For those molecules where only a single HIFI line was detected, our errors represent the variation in abundance required to produce a variation of 20% in integrated intensity. For molecules with multiple detections we calculated the best fitting model by minimising a χ^2 statistic, which is defined as

$$\chi^2 = \sum_{i=1}^N \frac{(I_{\text{mod},i} - I_{\text{obs},i})^2}{\sigma_i^2}, \quad (1)$$

where I is the integrated main beam line intensity for HIFI lines and the flux for PACS lines, σ is the uncertainty in the observations (assumed to be 20% for HIFI lines and listed in Table 3 for PACS lines), and N is the number of lines being modelled. The errors listed for stars with multiple detections are for a 90% confidence interval.

3.3. Refining the observational constraints on the models

The largest number of detections were obtained towards IK Tau, in particular for $\text{o-H}_2^{18}\text{O}$. In a few cases where the detected PACS line was several orders of magnitude brighter than indicated by model predictions, a more careful visual inspection of the spectrum resulted in the line being flagged as a blend. This was generally because the observed and theoretical peaks were significantly misaligned. This, however, does not rule out the possibility of the remaining PACS lines being blended.

One unusual case is that of the $\text{o-H}_2^{17}\text{O}$ ($6_{2,5} \rightarrow 6_{1,6}$) line at $94.91 \mu\text{m}$, which was detected towards IK Tau and fit well with the model. However, it was flagged as a blend based on a visual inspection towards R Dor and based on FWHM towards W Hya

and R Cas and excluded from modelling. Similarly unusual was the $\text{p-H}_2^{18}\text{O}$ ($6_{0,6} \rightarrow 5_{1,5}$) line at $83.59 \mu\text{m}$ which was not detected towards IK Tau but was detected towards the other three sources. Its non-conformity with the model is less extreme than some apparent blends since the observation is half to two orders of magnitude brighter than the models for the three sources. However, the lack of a detection towards IK Tau suggests that it is more likely to be a line blend or misidentification in the other sources since there are no other PACS H_2O isotopologue lines which are detected towards other sources but not towards IK Tau. Finally, the $\text{o-H}_2^{17}\text{O}$ ($4_{2,3} \rightarrow 3_{1,2}$) line at $79.16 \mu\text{m}$ was flagged as a blend towards R Dor and W Hya and visual inspection of the PACS spectra confirms that it is also blended towards IK Tau and R Cas. Hence it was removed from modelling for all sources.

3.4. Results

The resulting abundances from our radiative transfer calculations, along with some abundance ratios, are given in Table 5. The HIFI lines plotted with model results are shown in Figs. A.1, A.3, A.5, and A.7 for IK Tau, R Dor, W Hya, and R Cas, respectively. The equivalent plots for the PACS lines are given in Figs. A.2, A.4, A.6, and A.8. In general these show good agreement between observations and models, with only small deviations from the observations. The most significant of these deviations are the $\text{o-H}_2^{17}\text{O}$ ($6_{2,5} \rightarrow 6_{1,6}$) line for IK Tau and the $\text{p-H}_2^{18}\text{O}$ ($3_{2,2} \rightarrow 2_{1,1}$) line for W Hya. Although these are not visibly blended, this is the most likely explanation for the discrepancy, especially when the other lines for those isotopologues are well-represented by our models. The $\text{o-H}_2^{18}\text{O}$ ($6_{1,6} \rightarrow 5_{0,5}$) model line for W Hya is a slight under-prediction when compared directly with the PACS data. However, as can be seen in Fig. A.6, the observed line overlaps with the wings of the two lines either side of it, which may contribute some extra flux to our line of interest. The observed HIFI $\text{o-H}_2^{18}\text{O}$ ($3_{1,2} \rightarrow 3_{0,3}$) line for R Dor and W Hya appears to be shifted bluewards in frequency compared with the model. The same is not clearly seen for IK Tau, but for R Cas the line has a narrow

Table 5. H₂O isotopologue peak fractional abundances with respect to H₂, f_0 , from model results.

	IK Tau	R Dor	W Hya	R Cas
o-H ₂ ¹⁷ O	$(2.9 \pm 1.0) \times 10^{-7}$	$(3.4 \pm 0.8) \times 10^{-7}$	$(3.7 \pm 0.9) \times 10^{-7}$	$(5.0 \pm 1.4) \times 10^{-7}$
p-H ₂ ¹⁷ O	$(3.8 \pm 0.9) \times 10^{-8}$	$(4.8 \pm 1.1) \times 10^{-8}$	$(6.9 \pm 1.7) \times 10^{-8}$	$\leq 3 \times 10^{-8}$
o-H ₂ ¹⁸ O	$(4.2 \pm 1.2) \times 10^{-7}$	$(6.3^{+2.7}_{-2.2}) \times 10^{-7}$	$(2.5 \pm 0.9) \times 10^{-6}$	$(2.8^{+1.8}_{-1.2}) \times 10^{-7}$
p-H ₂ ¹⁸ O	$(1.5 \pm 0.4) \times 10^{-7}$	$(1.6 \pm 0.4) \times 10^{-7}$	$(4.0^{+2.1}_{-1.8}) \times 10^{-7}$	$(1.0 \pm 0.3) \times 10^{-7}$
o-H ₂ ¹⁶ O*	3.5×10^{-4}	2×10^{-4}	6×10^{-4}	6×10^{-5}
p-H ₂ ¹⁶ O*	7×10^{-5}	5×10^{-5}	3×10^{-4}	2×10^{-5}
o-H ₂ ¹⁷ O/o-H ₂ ¹⁸ O	0.69 ± 0.31	0.54 ± 0.26	0.15 ± 0.07	†
p-H ₂ ¹⁷ O/p-H ₂ ¹⁸ O	0.25 ± 0.09	0.30 ± 0.10	0.17 ± 0.09	$\leq 0.30 \pm 0.09$
o-H ₂ ¹⁶ O/o-H ₂ ¹⁷ O	1210	588	1620	†
p-H ₂ ¹⁶ O/p-H ₂ ¹⁷ O	1840	1040	4350	≥ 667
o-H ₂ ¹⁶ O/o-H ₂ ¹⁸ O	833	317	240	214
p-H ₂ ¹⁶ O/p-H ₂ ¹⁸ O	466	313	750	200
OPR (H ₂ ¹⁷ O)	7.6 ± 3.2	7.1 ± 2.3	5.4 ± 1.9	†
OPR (H ₂ ¹⁸ O)	2.8 ± 1.1	3.9 ± 1.8	6.3 ± 3.9	2.8 ± 2.2

Notes. (*) H₂¹⁶O abundances taken from Maercker et al. (2016) for IK Tau, R Dor and R Cas, and from Khouri et al. (2014b) for W Hya. (†) Indicates ratios not included due to the inaccurate abundance for o-H₂¹⁷O. See text for details.

peak which is also not reproduced by the model. This peak was also seen in some of the SO and SO₂ lines towards R Cas in Danilovich et al. (2016) and could be due to an asymmetric envelope, as found by Tuthill et al. (1994). Some minor asymmetric features are present in other HIFI lines for all the sources and probably indicate deviations from spherical symmetry in the CSEs.

We also note that our models indicate that all of the observed lines are optically thick, despite these being rarer isotopologues. Hence, it is not possible to reliably determine abundance ratios by simply comparing line intensities and detailed radiative transfer modelling, as we have performed, is required. Attempting to determine the ¹⁷O/¹⁸O abundance ratios simply by comparing the line intensities gives ratios which differ from those derived through radiative transfer modelling by factors of approximately two, depending on the choice of line and after taking the difference in Einstein coefficients into account.

Plots indicating the goodness of fit of the various lines constraining the models are shown in Fig. A.9 for molecules with more than one observed line. These plots show some scatter in how well the models fit the observations, with some of the PACS lines being the worst offenders as discussed in more detail below. However, there are no clear overall trends with energy for over- or under-predicted lines.

Overall we found lower abundances for H₂¹⁷O than for H₂¹⁸O. A visual representation of these results is plotted in Fig. 2, showing the stars mostly clustered along a line, with H₂¹⁷O/H₂¹⁸O ratios in the range ~0.2–0.7. The exception to this is R Cas, which only had non-detections in the HIFI range for o-H₂¹⁷O and one PACS detection. This does not leave us with a very reliable model and in the various plots of results, the R Cas o-H₂¹⁷O datapoint tends to be an outlier. The abundance ratios involving this result, listed in Table 5, are not in agreement with the upper limits given by the p-H₂¹⁷O results. If we were to accept the unexpectedly high derived abundance for o-H₂¹⁷O, then we would also expect the spectrally resolved HIFI detections of H₂¹⁷O to be brighter than those of H₂¹⁸O. This is not the case – H₂¹⁷O is not conclusively detected with HIFI – and so we must conclude that our results for H₂¹⁷O, and especially o-H₂¹⁷O, are unreliable in the case of R Cas.

Fig. 2. Visual representation of the H₂¹⁷O to H₂¹⁸O ratios, separated into ortho (open circles) and para (filled circles) spin isomers and colour-coded by source (see lower legend).

A visual representation of the ortho-to-para ratios (OPR) for all modelled stars and isotopologues is plotted in Fig. 3. As can be seen there, most of the datapoints fall close to the expected OPR of 3, within error margins. The most significant outlier is R Cas H₂¹⁷O, for the reasons discussed above. In general, the H₂¹⁸O results are more consistent with the expected OPR of 3, possibly because the stronger H₂¹⁸O lines allow for more accurately determined models. Similar OPR results close to 3 were found by previous studies for H₂¹⁶O in the same sample, shown in the right panel of Fig. 3. The numerical values of the OPRs are listed in the last two lines in Table 5.

4. Discussion

4.1. Comparison with other studies

Two stars in our sample have been previously modelled using a different radiative transfer code, GASTRONoM: IK Tau by Decin et al. (2010b) and W Hya by Khouri et al. (2014b). In

Fig. 3. *Left:* visual representation of the H₂O ortho-to-para ratios, separated into H₂¹⁷O (open triangles) and H₂¹⁸O (filled triangles) isotopologues and colour-coded by source (see lower legend). The dotted line indicates the expected ortho-to-para ratio of 3 (see text for more details). *Right:* same data as shown in the left panel, with the addition of H₂¹⁶O data taken from Maercker et al. (2016) and Khouri et al. (2014b).

both studies, the H₂¹⁷O and H₂¹⁸O abundances were determined based solely on HIFI observations, without the PACS lines included in this study, meaning that the radiative transfer models for each isotopologue and spin isomer were only constrained by one observed line each. Nevertheless, the H₂¹⁷O/H₂¹⁸O ratio that Decin et al. (2010b) found for IK Tau is 0.33, in agreement with our results, despite the absolute abundances for the various H₂O isotopologues and spin isomers differing significantly from our results and those of Maercker et al. (2016). The difference in absolute abundances is probably due to the different mass-loss rates used in the two studies, with Decin et al. (2010b) using $8 \times 10^{-6} M_{\odot} \text{ yr}^{-1}$ compared with our value of $5 \times 10^{-6} M_{\odot} \text{ yr}^{-1}$. The difference in photodissociation radii, with Decin et al. (2010b) using a value more than twice that of our *e*-folding radius, would also have contributed to the difference in absolute abundances. The absolute abundances found by Khouri et al. (2014b) for W Hya also differ significantly from our models, with differences ranging from factors of a few to close to an order of magnitude in the case of o-H₂¹⁸O. They too find a p-H₂¹⁷O/p-H₂¹⁸O ratio in very good agreement with our result, although their o-H₂¹⁷O/o-H₂¹⁸O is an order of magnitude smaller. The difference in absolute abundances probably arises from some of the assumptions that differ between our two models. For example, although the velocity and abundance profiles used in the two studies are the same, the dust properties used differ slightly, resulting in different dust temperature profiles and hence radiation fields in the models. As Khouri et al. (2014b) did, we also find the o-H₂¹⁸O ($3_{1,2} \rightarrow 3_{0,3}$) to be shifted slightly bluewards in frequency, but we are able to otherwise reproduce the line shape and strength reasonably well with a model that is also in agreement with the observed PACS line and has an abundance about an order of magnitude lower than used by Khouri et al. (2014b). Both of these comparisons show that although the two radiative transfer codes GASTRONOOM and ALI might give different results for H₂O modelling in terms of absolute abundances, they generally give consistent results for isotopologue ratios modelled using consistent methods.

Hinkle et al. (2016) investigated the oxygen isotopic ratios for a large sample of AGB stars, using ro-vibrational CO lines in the 1.5–2.5 μm region and a curve of growth analysis method. From the stars in our sample, they determined ¹⁶O/¹⁷O and ¹⁶O/¹⁸O ratios for W Hya and IK Tau. Their ratios determined

with respect to ¹⁶O do not match our equivalent results, with a factor of a few differences. Converting these to ¹⁷O/¹⁸O ratios, their study agrees with our result for W Hya, but is almost a factor of four smaller than our result for IK Tau.

De Nutte et al. (2017) investigated the ¹⁷O/¹⁸O ratios for a different sample of AGB stars that did not overlap with ours. Their result showed a tentative inverse trend in ¹⁷O/¹⁸O ratio against period for a small sample of chemically diverse AGB stars. As can be seen in the left panel of Fig. 4, there is no clear trend between ¹⁷O/¹⁸O ratio and period for our sources. In the right panel of Fig. 4 we plot our results with those of De Nutte et al. (2017), differentiating between chemical types. There it can be seen that our results negate any apparent inverse trend with period, which was most likely a coincidental function of the chosen sources. The tendency for M-type (non-OH/IR) AGB stars to have generally lower ¹⁷O/¹⁸O ratios than other chemical types is supported by our results. However, this trend is far from certain and a larger sample size is required to confirm it and to be able to draw any firm conclusions.

4.2. Determination of initial stellar mass from ¹⁷O/¹⁸O ratios

As discussed in Lattanzio & Wood (2003), Karakas & Lattanzio (2014), De Nutte et al. (2017), and references therein, ¹⁷O/¹⁸O ratios are linked to the initial masses of AGB stars that have not experienced HBB. This is because the surface abundances of these two isotopes are altered by first dredge up, which occurs during the RGB phase, to an extent dependent on the initial mass, but are not significantly changed during second or third dredge ups. Hence the ¹⁷O/¹⁸O ratio is a marker of the star's initial mass.

Based on models from Stancliffe et al. (2004), Karakas & Lugaro (2016), and Cristallo et al. (2011), De Nutte et al. (2017) compared their ¹⁷O/¹⁸O ratios, derived from observations of C¹⁷O and C¹⁸O, with stellar evolution model predictions to determine the initial masses of a chemically diverse sample of AGB stars. There is some uncertainty in mass determinations for ¹⁷O/¹⁸O $\gtrsim 1.5$, where the function is not injective, but our model results give ratios lower than this, making mass determinations more straightforward. In the regime we are interested in, metallicity does not appear to play a significant role, as can be seen in Fig. 4 of De Nutte et al. (2017). Taking our error margins

Fig. 4. *Left:* $^{17}\text{O}/^{18}\text{O}$ ratios plotted against the (primary) pulsational periods of our four sources. *Right:* plot of the same quantities but including the results of De Nutte et al. (2017) and coloured by chemical type.

Table 6. Initial mass estimates.

Star	Initial mass [$M_{\odot}$]
IK Tau	$1.1 \lesssim M_{\text{initial}} \lesssim 1.5$
R Dor	$1.0 \lesssim M_{\text{initial}} \lesssim 1.3$
W Hya	≈ 1.0
R Cas	$\lesssim 1.1$

Notes. Derived from results presented in De Nutte et al. (2017). See text for details.

into account and assuming that $\text{H}_2^{17}\text{O}/\text{H}_2^{18}\text{O}$ ratios are directly representative of the $^{17}\text{O}/^{18}\text{O}$ ratios, we estimate the following initial masses of our stars using Fig. 2 in De Nutte et al. (2017), with the results also listed in Table 6. For IK Tau we find initial mass estimates in the range $1.1 \lesssim M_{\text{initial}} \lesssim 1.5 M_{\odot}$. For R Dor we find possible initial masses of $1.0 \lesssim M_{\text{initial}} \lesssim 1.3 M_{\odot}$. The upper limit for the $^{17}\text{O}/^{18}\text{O}$ ratio derived from only the p- H_2O results for R Cas (see Sect. 3.4) gives an initial mass upper limit of $\lesssim 1.1 M_{\odot}$. We find lower $\text{H}_2^{17}\text{O}/\text{H}_2^{18}\text{O}$ ratios for W Hya than covered by the evolutionary models, suggesting a very low initial mass, $0.8 \lesssim M_{\text{initial}} \lesssim 1 M_{\odot}$. However, the H-burning lifetime of a $0.8 M_{\odot}$ star with solar metallicity, $Z_{\odot} = 0.014$, is 24 Gyr and for low metallicity, $Z = 0.004$, is 20 Gyr, ruling out such a low initial mass for W Hya except at very low metallicities. We also note that 0.19 is the solar $^{17}\text{O}/^{18}\text{O}$ ratio (Asplund et al. 2009) and is used as the initial ratio by the Karakas & Lugaro (2016) models for all metallicities, hence leading to higher ratios after the first dredge up.

There is no concrete reason to assume that the solar $^{16}\text{O}/^{17}\text{O}$ and $^{16}\text{O}/^{18}\text{O}$ ratios, upon which the $^{17}\text{O}/^{18}\text{O}$ ratio is based, should apply to all main sequence stars. Studies of the oxygen isotopic ratios across the galaxy have shown that the solar system is an outlier when compared with various molecular clouds and star-forming regions. For example, Penzias (1981) found a consistent value of $^{17}\text{O}/^{18}\text{O} \approx 0.3$ across giant molecular clouds in different parts of the galaxy. The only two outliers in the study were the stellar sources: the solar system (lower than average) and the carbon star CW Leo (higher than average). Gradients in $^{17}\text{O}/^{18}\text{O}$ ratios with galactic radius have been found by Wouterloot et al. (2008) and others, indicating higher ratios close to the galactic centre and lower ratios in the outer disc.

Table 7. Variations in $^{17}\text{O}/^{18}\text{O}$ ratios after first dredge-up and immediately prior to the first thermal pulse for differing initial ratios.

Initial mass [$M_{\odot}$]	Initial	Post-FDU	First TP
1.0	0.100	0.108	0.114
1.0	0.150	0.164	0.172
1.0	0.190*	0.207	0.291
0.8	0.190*	0.191	0.213

Notes. (*) Is the solar ratio. Model results are from Karakas & Lugaro (2016).

This may not be a function of metallicity, however, since the metal-poor Large Magellanic Cloud has larger average values ($^{17}\text{O}/^{18}\text{O} \approx 0.7$) than molecular clouds in the Milky Way, including those in the outer disc where metallicities are comparable to the LMC (Heikkilä et al. 1998). Nonetheless, since evolved stars contribute to the chemical enrichment of the galaxy, there is no reason to assume their $^{17}\text{O}/^{18}\text{O}$ ratios should correlate with those found for present-day molecular clouds, since these might not have significant bearing on the formation conditions of the main sequence progenitors of AGB stars.

Modifying the initial $^{17}\text{O}/^{18}\text{O}$ ratio for the $1 M_{\odot}$ and solar metallicity model from Karakas & Lugaro (2016) also shifts the $^{17}\text{O}/^{18}\text{O}$ ratio found after the first dredge up and at the first thermal pulse. The results of these tests are shown in Table 7 and highlight the uncertainty introduced into the initial mass estimate by the choice of initial $^{17}\text{O}/^{18}\text{O}$ ratio. We also note the slight increase in $^{17}\text{O}/^{18}\text{O}$ ratio at the first thermal pulse, which is actually due to some ^{17}O (and ^{13}C) being dredged up during the early AGB when the convective envelope moves inwards. Subsequent thermal pulses have only a small impact on the $^{17}\text{O}/^{18}\text{O}$ ratio, especially for low $^{17}\text{O}/^{18}\text{O}$ ratios and low initial masses, as is shown in Figs. 5–7 of Karakas & Lugaro (2016). Hence, W Hya, with its low $^{17}\text{O}/^{18}\text{O}$ could have had an initial mass of $1 M_{\odot}$ or even slightly higher, depending on the initial $^{17}\text{O}/^{18}\text{O}$ ratio it had when it entered the main sequence. Similar uncertainties apply to the other stars in our sample. Nevertheless, in the absence of clear constraints on initial $^{17}\text{O}/^{18}\text{O}$ ratios, the initial masses listed in Table 6 serve as good approximations for our sample of low-mass M-type AGB stars.

5. Conclusions

We performed detailed radiative transfer models of H_2^{17}O and H_2^{18}O for a sample of four M-type AGB stars. These models, constrained by *Herschel*/HIFI and *Herschel*/PACS observations, indicate that the observed lines are all optically thick, despite the relative rarity of the studied isotopologues, meaning that radiative transfer modelling, rather than a comparison of line intensities, is the only reliable way to determine abundances and abundance ratios. For o- H_2^{18}O towards IK Tau we had a large number of available lines to constrain our models, but for the other sources we were generally limited to one or two lines per isotopologue and spin isomer, which unfortunately lead to less precise models.

Overall, we found lower abundances of H_2^{17}O than H_2^{18}O , indicating that the stars in our sample have not undergone HBB, as was expected given that they have not otherwise been identified as OH/IR stars. We found rather low $\text{H}_2^{17}\text{O}/\text{H}_2^{18}\text{O}$ ratios which, assuming a direct conversion to $^{17}\text{O}/^{18}\text{O}$ ratios, indicate that all the stars in our sample had relatively low initial masses, in the range ~ 1.0 to $1.5 M_{\odot}$.

The ortho-to-para ratios we found for the two studied isotopologues were close to the expected value of 3, but occasionally a bit higher, probably due to the low numbers of observed lines available to constrain most of our models.

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Appendix A: Plots of results

Figures A.1, A.3, A.5, and A.7 show the detected HIFI lines along with the corresponding model lines for IK Tau, R Dor, W Hya, and R Cas, respectively. For IK Tau and R Cas we have also included the section of spectrum showing the non-detected lines that we used to further constrain our models, along with the model line for those transitions.

Figure A.9 contains goodness of fit plots, showing the ratio between modelled integrated intensity (for HIFI) or flux (for PACS) and the observed quantity, plotted against the energy of the upper level of the transition. As can be seen, there are no clear trends with energy across these plots, although there is some scatter resulting from models that don't fit all the observed lines equally well.

Fig. A.1. HIFI lines (black histograms) and models (blue curves) for IK Tau.

Fig. A.2. PACS lines (black histograms) and models (blue curves) for IK Tau.

Fig. A.3. HIFI lines (black histograms) and models (blue curves) for R Dor.

Fig. A.4. PACS line (black histogram) and model (blue curve) for R Dor.

Fig. A.5. HIFI lines (black histograms) and models (blue curves) for W Hya.

Fig. A.6. PACS lines (black histograms) and models (blue curves) for W Hya.

Fig. A.7. HIFI lines (black histograms) and models (blue curves) for R Cas.

Fig. A.8. PACS lines (black histograms) and models (blue curves) for R Cas.

Fig. A.9. Goodness of fit for molecules with multiple detected lines.

Appendix B: Observation identifiers

The observation identifiers (ObsIDs) for the *Herschel* observations used in this study are given in Table B.1.

Table B.1. ObsIDs for HIFI and PACS observations.

IK Tau	R Dor	W Hya	R Cas
1342191651	1342197982	1342200998	1342197979
1342191650	1342197983	1342200999	1342197978
1342191768		1342201788	
1342203681	1342197795	1342212604	1342212577
1342203680	1342197794	1342223808	1342212576

Notes. *Upper section* contains HIFI ObsIDs and the *lower section* contains PACS ObsIDs.