Metallicity determination of M dwarfs

High-resolution infrared spectroscopy[★]

Sara Lindgren¹, Ulrike Heiter¹, and Andreas Seifahrt²

¹ Uppsala University, Department of Physics and Astronomy, Division of Astronomy and Space Physics, Box 516, 751 20 Uppsala, Sweden

e-mail: sara.lindgren@physics.uu.se

² University of Chicago, The Department of Astronomy and Astrophysics, 5640 S. Ellis Ave. Chicago, IL 60637, USA

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ABSTRACT

Context. Several new techniques to determine the metallicity of M dwarfs with better precision have been developed over the last decades. However, most of these studies were based on empirical methods. In order to enable detailed abundance analysis, standard methods established for warmer solar-like stars, i.e. model-dependent methods using fitting of synthetic spectra, still need to be used.

Aims. In this work we continue the reliability confirmation and development of metallicity determinations of M dwarfs using high-resolution infrared spectra. The reliability was confirmed through analysis of M dwarfs in four binary systems with FGK dwarf companions and by comparison with previous optical studies of the FGK dwarfs.

Methods. The metallicity determination was based on spectra taken in the *J* band (1.1–1.4 μm) with the CRIRES spectrograph. In this part of the infrared, the density of stellar molecular lines is limited, reducing the amount of blends with atomic lines enabling an accurate continuum placement. Lines of several atomic species were used to determine the stellar metallicity.

Results. All binaries show excellent agreement between the derived metallicity of the M dwarf and its binary companion. Our results are also in good agreement with values found in the literature. Furthermore, we propose an alternative way to determine the effective temperature of M dwarfs of spectral types later than M2 through synthetic spectral fitting of the FeH lines in our observed spectra.

Conclusions. We have confirmed that a reliable metallicity determination of M dwarfs can be achieved using high-resolution infrared spectroscopy. We also note that metallicities obtained with photometric metallicity calibrations available for M dwarfs only partly agree with the results we obtain from high-resolution spectroscopy.

Key words. stars: abundances – stars: low-mass – techniques: spectroscopic

1. Introduction

M dwarfs are the most numerous type of main-sequence stars; they make up about 70% of all stars in our Galaxy (Covey et al. 2008; Bochanski et al. 2010) and about 50% of its baryonic matter (Chabrier 2003). Accurate knowledge of their composition is therefore essential in order to advance the understanding of large-scale processes such as the galactic chemical evolution and the initial/present-day mass function. Another area where M dwarfs are of increasing interest is for planet formation theory. Thanks to large surveys like *Kepler*¹ and CoRoT² there has been a tremendous increase in discovered exoplanets. Many previous surveys focused mainly on solar-like hosts, while some current and future projects like MEarth (Irwin et al. 2009), CARMENES (Quirrenbach et al. 2014), and K2 (Howell et al. 2014) will shift focus towards cooler K and M dwarfs. The vast majority of all exoplanets have been discovered either with the radial velocity technique (Struve 1952) or the transit technique (Rosenblatt 1971). However, both the radial velocity and transit techniques are biased towards finding large, close-in planets (e.g.

RV: Cumming et al. 1999; Transit: Seager & Mallén-Ornelas 2003). One of the goals of today's exoplanet research is to find Earth-like planets. The first step is to find a sample of small planets located within the habitable zone of the host star where liquid water can exist. The next step is to characterise the atmospheres of these planets to find traces of life (e.g. Hu et al. 2012; Tian et al. 2014). When performing abundance analysis of exoplanet atmospheres, observations from multiple transits is highly advantageous. Around solar-like dwarfs the habitable zone is located around 1 AU, giving year-long periods that make the acquisition of spectra from multiple transits very time consuming. Around M dwarfs the habitable zone is much tighter owing to their lower luminosity, and transit spectra of these planets can be observed multiple times per year. Another advantage of observing M dwarfs is that it is easier to discover Earth-sized planets around these smaller stars. The smaller mass and radius difference between an M dwarf and an Earth-sized planet will give larger velocity shifts and deeper transit depths compared to solar-like hosts. Previous studies have shown that the probability of finding small planets and planets within the habitable zone around M dwarfs is relatively high. For example, Dressing & Charbonneau (2013) used a sample of 3897 dwarf stars with temperatures below 4000 K from the *Kepler* Input Catalog and found an occurrence rate of 0.5–4 R_{E} sized planets

[★] Based on data obtained at ESO-VLT, Paranal Observatory, Chile, Program ID 082.D-0838(A) and 084.D-1042(A).

¹ <http://kepler.nasa.gov/>

² <http://sci.esa.int/corot/>

to be $0.90^{+0.04}_{-0.03}$ per star. For Earth-size planets ($0.5\text{--}1.4 R_E$) they found an occurrence rate of $0.51^{+0.06}_{-0.05}$ per star, and $0.15^{+0.13}_{-0.06}$ per star for Earth-size planets within the habitable zone.

Shortly after the first exoplanet was discovered (Mayor & Queloz 1995) it was found that solar-like stars hosting giant planets showed a strong trend towards being more metal-rich than the Sun (Gonzalez 1997). This result was later confirmed by several other studies (e.g. Santos et al. 2004; Fischer & Valenti 2005; Laws et al. 2003; Gonzalez et al. 2001; Gonzalez & Laws 2007). For lower mass planets (Neptunian or super-Earths) this metallicity trend seems to vanish (e.g. Sousa et al. 2008, 2011; Ghezzi et al. 2010). Simulations based on core accretion models reproduce similar trends with metallicity (e.g. Ida & Lin 2004a,b; Kornet et al. 2005; Mordasini et al. 2008), leading to the conclusion that metallicity plays a crucial role for planet formation around solar-like stars.

The first study that investigated a possible metallicity correlation for M dwarfs was done by Bonfils et al. (2005a, hereafter Bo05). Their sample contained only two known planet hosts (GJ 876 and GJ 436). Both were found to have solar metallicity, but because of the limited sample the authors made no conclusion regarding a planet-metallicity correlation. Later Johnson & Apps (2009, hereafter JA09) applied the photometric calibration by Bo05 to seven M dwarf hosts, which gave a sub-solar mean metallicity. This seemed to indicate the opposite metallicity trend to FGK hosts. However, both JA09 and later Neves et al. (2012, hereafter Ne12) found that the calibration by Bo05 tends to underestimate the metallicity. This will be discussed in Sect. 3.1. As more planets have been discovered around M dwarfs and abundance determinations are becoming more precise, the majority of recent studies point toward a metal enhancement also for M dwarfs hosting giant planets (Bonfils et al. 2007; Johnson & Apps 2009; Schlaufman & Laughlin 2010; Terrien et al. 2012; Neves et al. 2013). However, there is still a large spread in metallicity of M dwarfs derived by different methods, and a more accurate method is needed. With this work we aim to provide the most accurate method to date for determining the metallicity of individual M dwarfs. If applied to a larger sample of M dwarfs, we hope this can provide further insight to the planet-metallicity correlation and planet formation theory.

2. Sample selection and observations

The sample was selected to include a number of binaries containing M dwarfs with an F, G, or K dwarf companion. In addition, a number of individual M dwarfs, mainly known planet hosts, were included in the observational programme. Target selection was based on information from the catalogue of nearby wide binary and multiple systems (Poveda et al. 1994) and from the Interactive Catalog of the on-line Extrasolar Planets Encyclopaedia (Schneider et al. 2011), as well as from a programme searching for stellar companions of exoplanet host stars (Mugrauer et al. 2004, 2005, 2007).

Spectra of all targets were obtained in the *J* band (1100–1400 nm) with the CRIRES spectrograph at ESO-VLT (Kaeuffi et al. 2004). The observations were carried out in service mode during periods 82 (1 October 2008 to 31 March 2009) and 84 (1 October 2009 to 31 March 2010). For all targets a slit-width of $0.4''$ was used, giving a resolving power of $R \sim 50\,000$. Each target was observed in four wavelength intervals centred at 1177, 1181, 1204, and 1258 nm in period 82, and 1177, 1205, 1258, and 1303 nm in period 84. Observational information is found in

Table 1. Observational information.

Target	Observational period	<i>S/N</i>
HIP 12048 A	82,84	450 [†]
HIP 12048 B	82,84	30 [†]
GJ 527 A	82	500
GJ 527 B	82	50
GJ 250 A	82	80
GJ 250 B	82	100
HIP 57172 A	82	120
HIP 57172 B	82	150
GJ 176	82	70
GJ 317	84	100
GJ 436	84	140
GJ 581	84	110
GJ 628	84	130
GJ 674	84	140
GJ 849	82,84	90,120
GJ 876	84	100

Notes. ^(†) *S/N* was calculated from the combined spectra from observational period 82 and 84 for target HIP 12048.

Table 1 and some of the properties of the stars in our sample are given in Table 2. Some of the targets, including two wide K+M binaries GJ 250 (Dommanget & Nys 2002; Newton et al. 2014) and HIP 57172 (Mugrauer et al. 2007), were previously analysed by Önehag et al. (2012, hereafter On12). An additional binary, GJ 105, was included in On12. However, our analysis of the M dwarf in this binary did not converge to a unique solution. As further investigation is needed, this binary is not included in our paper. In addition to the sample in On12, two close FG+M binaries (separation $\leq 20''$) observed in the same programme were added to the analysis in this paper: HIP 12048 (Mugrauer et al. 2005, 2007) and GJ 527 (Patience et al. 2002). These two close binaries were observed simultaneously by orienting the slit at the spectrograph to cover both components. The additional data reduction required for these two binaries is described in Sect. 4.1.

The choice of *J* band was motivated by the greatly reduced number of stellar molecular lines in this part of the infrared, and also by the presence of sufficient numbers of atomic lines to perform a reliable metallicity determination³. However, only data from chips 2 and 3 were used for the analysis since chips 1 and 4 on the CRIRES spectrograph were heavily vignetted and contaminated by overlapping orders. In addition to the science observations, a rapidly rotating early-type star was observed for each target in order to remove the telluric lines from the science spectra.

3. Methodology

Metallicity determination of M dwarfs is a spectroscopic challenge. These cool dwarfs are intrinsically faint and their low surface temperatures allows the existence of diatomic and triatomic molecules in the photospheric layers. Until recently, observations with high spectral resolution were limited to the optical. In this regime, these molecules give rise to many millions of weak

³ We used 15–20 lines to determine the metallicity (see Sect. 4.3.4). For comparison, Valenti & Fischer (2005) used around 50 lines in the optical region in the analysis of the F dwarfs in their sample to determine several stellar parameters simultaneously.

Table 2. Our sample, containing four FGK+M binaries and eight single M dwarfs.

Target	Sp. Type	V	K_s	π [mas]	Ang. sep.	$v \sin i$ [km s ⁻¹]	$\log(L_X/L_{\text{bol}})$	Planets	References
HIP 12048 A	G5	6.816	5.266	25.67	6.20''	1.9		yes	1, 10, 21, 31
HIP 12048 B	M2.5		8.766	25.67	6.20''				5
GJ 527 A	F6	4.480	3.36 [†]	64.03	1.80''	15	-6.14 [‡]	yes	2, 10, 19, 22, 34
GJ 527 B	M2	11.1		64.03	1.80''				3, 12
GJ 250 A	K3.5	6.581	4.107	114.81	58.70''	1.8		no	6, 10, 21
GJ 250 B	M2.3	10.032	5.723	114.81	58.70''	<2.5			5, 10, 14
HIP 57172 A	K2	8.215	6.147	34.24	73.10''	0.7		yes	4, 10, 18, 29
HIP 57172 B	M0-M1	10.604	7.107	34.24	73.10''				6, 10
GJ 176	M2.2	9.951	5.607	107.83		<0.8	-4.46	yes	4, 11, 17, 27, 33
GJ 317	M3.5	12.00	7.028	65.3		<2.5	-4.57	yes	7, 9, 14, 28, 35
GJ 436	M2.8	10.663	6.073	98.61		1.0 ± 0.9	-6.36	yes	4, 10, 19, 23, 35
GJ 581	M3.2	10.567	5.837	158.79		0.4 ± 0.3	<-4.57	yes	4, 11, 19, 25, 35
GJ 628	M3.6	10.075	5.075	232.98		1.5	-5.16	no	4, 11, 20, 32
GJ 674	M2.5	9.407	4.855	220.24		<1	-3.80	yes	4, 11, 13, 26, 35
GJ 849	M3.1	10.366	5.594	116.05		<2.5	-6.73	yes	8, 11, 16, 24, 35
GJ 876	M3.7	10.179	5.010	213.28		0.16	-5.11	yes	4, 11, 15, 30, 35

Notes. ^(†) No value for GJ 527 B was found in the 2MASS catalogue, and we believe that the value in 2MASS contains both components due to the small separation in this binary. ^(‡) The companions are unresolved in the *XMM-Newton* observations. Additionally, no V band magnitude could be found in the literature for HIP 12048 B and no previous determination of $v \sin i$ was found for HIP 12048 B, GJ 527 B, and HIP 57172 B.

References. Spectral types: 1. Eggen (1960); 2. Gray et al. (2003); 3. Gray et al. (2006); 4. Mann et al. (2015); 5. Mason et al. (2001); 6. Mugrauer et al. (2007); 7. Reid et al. (1995); 8. Torres et al. (2006). V-band photometry: 9. Bessel (1990); 10. Kharchenko (2001); 11. Koen et al. (2010); 12. Turon et al. (1993). All K_s values are from 2MASS Cutri et al. (2003). Parallax: all parallax values are from HIPPARCOS (van Leeuwen 2007); which exception of GJ 317 that is taken from Anglada-Escudé et al. (2012). Angular separation: values taken from the Washington Double Star Catalog (Mason et al. 2001). Rotation velocities: 13. Bonfils et al. (2007); 14. Browning et al. (2010); 15. Correia et al. (2010); 16. Delfosse et al. (1998); 17. Forveille et al. (2009); 18. Lovis et al. (2005); 19. Marcy & Chen (1992); 20. Reiners (2007); 21. Valenti & Fischer (2005). Planet discoveries: 22. Butler et al. (1997); 23. Butler et al. (2004); 24. Butler et al. (2006); 25. Bonfils et al. 2005b; 26. Bonfils et al. (2007); 27. Endl et al. (2008); 28. Johnson et al. (2007); 29. Lovis et al. (2005); 30. Marcy et al. (1998); 31. Marcy et al. (2000). Activity: 32. Delfosse et al. (1998); 33. Forveille et al. (2009); 34. Lovis et al. (2005); 35. Poppenhaeger et al. (2010).

lines, leaving almost no unblended atomic lines and making accurate continuum placement nearly impossible (e.g. Gustafsson 1989). With new instruments operating in the infrared, for example TripleSpec at Palomar (Herter et al. 2008), SpeX at IRTF (Rayner et al. 2003), and CRIRES at VLT (Kaeufl et al. 2004), the situation for M dwarfs dramatically improved. In certain bands in the infrared, stellar molecular lines are few (Önehag et al. 2012), which greatly improves the reliability of abundance determinations based on atomic lines.

Fundamental parameters, such as $[M/H]$, T_{eff} , and $\log g$ for FGK dwarfs are today determined with high precision through synthetic spectra or equivalent width fitting, using software like MOOG (Snedden 1973) or SME (Valenti & Piskunov 1996). The first attempt to determine the chemical abundances of M dwarfs was done by Mould (1976a, 1978). Since then there has been tremendous progress both observationally and theoretically. Accurate abundance analysis requires detailed knowledge of a variety of physical data for line absorption and continuum formation, as well as a detailed physical description of the environment where the spectral lines and continuum is formed, i.e. a model atmosphere.

Early model atmospheres for M dwarfs were developed in the 1960–70s (e.g. Tsuji 1966; Auman 1969; Mould 1976b). Today, the most commonly used models are MARCS (Gustafsson et al. 2008), ATLAS (Castelli & Kurucz 2004), and PHOENIX (Hauschildt & Baron 1999). In the range of effective temperatures typical for M dwarfs ($2700 < T_{\text{eff}} < 4000$ K), molecules are as important as atomic species. While the most relevant molecules were identified several decades ago (e.g. Russell 1934; de Jager & Neven 1957) molecular data is still

one of the limiting factors when working with cool dwarfs. Dominating molecules are TiO and H₂O, but also other oxides (e.g. VO and CO) and several hydrides (e.g. CaH, MgH, SiH, OH, CH, FeH, CrH) are important. Great improvements in the molecular line data have been made in the last decades; H₂O (e.g. Miller et al. 1994; Barber et al. 2006), TiO (Plez 1998), CrH (Burrows et al. 2002), and FeH (e.g. Dulick et al. 2003; Plez, priv. comm.) to mention some. Another complication when modelling cool stellar atmospheres is the occurrence of grains, especially important for $T_{\text{eff}} < 3000$ K, which is where the phase transition is believed to occur for M dwarfs. The first molecule to condensate is ZrO₂, followed by Al₂O₃ and CaTiO₃. However, for temperatures above 2600 K simulations indicate that the grain formation is not efficient enough to affect the spectral energy distribution, e.g. Allard et al. (2013). Grain formation is therefore believed not to affect early and mid M-type dwarfs, which are analysed in this work.

The majority of today's abundance analyses, particularly for M dwarfs, are based on plane-parallel model atmospheres and line formation assuming local thermodynamic equilibrium (LTE). For solar-like dwarfs and giants it has been shown that these assumptions are not always valid and large differences in derived abundances can be found for certain species and stellar parameters (mainly metal-poor stars). A good review is given in Asplund (2005). Only a few studies have investigated non-LTE effects for M dwarfs, mainly since previous work show that deviations from LTE in general increase with higher effective temperature, lower surface gravity, and lower metallicity. This indicates that the non-LTE corrections needed for M dwarfs should be limited. On the other hand, M dwarfs have much

lower electron temperature and very low electron density. In solar-like stars collisions with electrons is an efficient restoring force toward LTE, while collision with H_2 and He is less efficient. Therefore, the possibility exists that the lower electron collision rate in M dwarfs may increase the non-LTE effects despite the high surface gravity and low effective temperature (e.g. Hauschildt et al. 1997). However, owing to lack of determined non-LTE factors, we will not include any non-LTE corrections when deriving the metallicity in this work.

Previous studies have shown that most M dwarfs are magnetically active with non-negligible magnetic field strengths (e.g. Johns-Krull & Valenti 1996; Berger 2006), but in most abundance determinations the effects of magnetic fields are yet to be included. Stars are predicted to spin down and become less magnetically active with time (e.g. Noyes et al. 1984; Rutten & Schrijver 1987). Reiners et al. (2012) analysed a sample of 334 M dwarfs of spectral types M0-M4.5, a range that covers all subtypes included in our work. They found that only about 5% of the M0-M2 dwarfs show $H\alpha$ emission. For subtype M3 about 25% were found to be active, and the percentage of active stars was found to be rapidly increasing towards later subtypes. However, for the most active M dwarfs (M3-M4.5) almost 75% have a $v \sin i$ greater than 3 km s^{-1} .

To minimise the influence of magnetic fields in our analysis, targets with low $v \sin i$ were selected. As shown in Table 2, our sample mainly contains M0-M3.5 dwarfs with $v \sin i < 3 \text{ km s}^{-1}$. For all individual M dwarfs we also found estimates of their activity level and most have $\log(L_X/L_{\text{bol}}) < -4.5$. An exception is GJ 674, which is the youngest star in our sample. GJ 674 has an estimated age of 0.1–1 Gyr (Bonfils et al. 2007) and shows modest activity with a measured $\log(L_X/L_{\text{bol}})$ of -3.80 (Poppenhaeger et al. 2010). The other M dwarf that may exhibit higher magnetic activity is the relatively young GJ 527 B, with an estimated age of 1.3–3.1 Gyr (Saffe et al. 2005). Both components in this binary have a faster rotation than our remaining sample. GJ 527 A have a previously determined $v \sin i$ of 15 km s^{-1} (Marcy & Chen 1992), and we estimate GJ 527 B to have a $v \sin i$ of 5 km s^{-1} , see Sect. 5.1.2. Unfortunately, no activity estimate is available for GJ 527 B since the binary components are unresolved by ROSAT (Hünsch et al. 1999) and XMM-Newton (Jansen et al. 2001), and the $\log(L_X/L_{\text{bol}})$ value of -6.11 is believed to mainly reflect the activity level of the much brighter GJ 527 A.

3.1. Previous metallicity determinations

During the last decades there has been progress to determine the metallicity of M dwarfs with better precision using different methods and observational datasets. Since M dwarfs have such complicated spectra, most studies concentrate on FGK+M binaries. Both components are assumed to have been formed from the same molecular cloud and therefore to exhibit very similar overall chemical composition. Since the warmer solar-like stars have less complex spectra, they provide a more reliable abundance determination. For cooler dwarfs, a common method has been to establish empirical calibration relations, which can then be used to determine a star's metallicity. There are two approaches to establishing these relations, one photometric and one spectroscopic. The most used photometric calibration relates the star's position in a colour-magnitude diagram to its metallicity. One of the first relations was found by Bo05. They used the mass-luminosity relationships of V , J , H , and K bands found by Delfosse et al. (2000), and argued that the flux distribution

of the visible versus infrared is correlated with the metallicity. Metallicity has been found to have two effects on the spectra. The higher metallicity will decrease the overall bolometric luminosity and the increased line opacity of the TiO and VO bands will redistribute a part of the flux from the visible to the near-IR. These two effects will work together and lower the flux in the visible bands, while models predict that the redistributed flux into the infrared will counteract the effect of the lowered bolometric flux making the infrared bands largely insensitive to the metallicity of the star. Johnson & Apps (2009) found two issues with the calibration by Bo05. First, when applying the photometric calibration to M dwarfs known to host planets, a mean metallicity of -0.11 dex was found, i.e. the opposite to hosts being metal enhanced as established for solar-like stars. Second, the volume-limited sample of 47 M dwarfs was found to have a mean metallicity of -0.17 dex, which is 0.09 dex lower than their sample of FGK dwarfs. Bonfils et al. (2005a) argued that the difference in mean metallicity between the samples may be due to the longer lifetime of the M dwarfs, while JA09 argued that it was due to the M dwarf sample itself. Analysing a larger volume-limited sample, which included six selected high-metallicity FGK+M binaries, they derived a new photometric relation. Using this calibration they found a better agreement with the mean metallicity of the FGK sample and derived a mean metallicity of $+0.16$ dex for the M dwarf hosts. In the work by Schlafman & Laughlin (2010) the kinematic properties of the stars were considered to account for the various populations of our Galaxy. They also used of stellar evolution models by Baraffe et al. (1998) to guide their parameterisation of the colour-magnitude space to further improve on the previous calibrations. Neves et al. (2012) compared the performance of those three photometric calibrations using a sample of 23 wide FGK + M dwarfs binaries with spectroscopically determined metallicity for all primaries. Compared to their calibration they found that the calibration by Bo05 tends to underestimate the metallicity, while JA09 overestimated it except for the most metal-rich M dwarfs. They also made a slight update of the coefficients in the calibration by Schlafman & Laughlin (2010), which reduced the spread between the values determined with the photometric calibration relative to the spectroscopically determined values.

For the spectroscopic approach, different molecular and/or atomic features were used as an indicator of the metallicity. One of the more precise calibrations was found by Rojas-Ayala et al. (2010, 2012) who used moderate-resolution K band spectra. They showed that the equivalent width of the Ca I lines (2.261 , 2.263 , and $2.265 \mu\text{m}$) and Na I lines (2.206 and $2.209 \mu\text{m}$), together with their H_2O -K2 index, can be used to derive the metallicity of M dwarfs with a precision of 0.12 dex. Other spectroscopic calibrations were derived by e.g. Woolf & Wallerstein (2006), Woolf et al. (2009), and Dhital et al. (2012) in the visible, Terrien et al. (2012) and Newton et al. (2014) in the infrared and Mann et al. (2013, 2014, 2015) using metallicity sensitive features in both the visible and the infrared.

The methods described above all use empirical relationships, while very few studies have explored model-dependent methods to derive the stellar parameters, e.g. effective temperature, surface gravity, and metallicity, as is standard for solar-like stars. Valenti et al. (1998) pioneered this technique for M dwarfs. They used spectral fitting to a combination of molecular (TiO) and atomic (Ti I, Fe I) features in an optical high-resolution spectrum, in order to determine T_{eff} , $\log g$, and $[M/H]$ for the M dwarf Gliese 725 B. Improvements and reliability testing of the method was done by Bean et al. (2006). They analysed

five nearby, common proper motion, visual FGK+M binaries, where the warmer companion was used as a reference for the derived metallicity. The same wavelength region as in Valenti et al. (1998) was used, but the analysis included several improvements such as improved line/molecular data, and their fit also included more atomic lines. However, the analysis was still affected by the presence of molecular lines, especially by TiO, which limited the metallicity determination to strong Ti and Fe lines. Önehag et al. (2012) observed several M dwarfs and K+M binaries in the *J* band and showed that the amount of blends with molecular lines is highly reduced in the infrared. This opens up the possibility of using lines from several atomic species and lines with different strengths. Our paper is a continuation of that study, and we refer to On12 for any details of the analysis not explicitly described in the following sections.

4. Analysis

4.1. Data reduction

We reduced the raw data using a custom IDL pipeline developed by Bean et al. (2010). The pipeline is based on standard techniques and includes bias subtraction, non-linearity correction, and flat fielding. For each observation, several frames in two nod positions were taken. All frames from the same nod position were co-added before proceeding to the flux extraction. For consistency, the same procedure was applied to the telluric standard stars. Frames from different nod positions cannot be combined as the slit curvature and chip rotation caused a notable wavelength offset between the nod positions. Hence, two 1D spectra per target and observation were extracted and later combined in 1D after proper wavelength calibration.

The pipeline uses an optimum extraction algorithm based on Horne (1986). Iterative masking is applied to remove pixels where the actual flux deviates more than 10σ from the expected flux, derived from a simple box extraction times the averaged spatial profile.

An optical ghost on chip two of the setting centred at 1177 nm contaminates one of the two nod positions and renders a small part of the spectrum in this nod position useless. The affected region was excluded from the combined 1D spectrum and only flux from the unaffected nod position is used for the final spectrum.

One target, GJ 527, showed some blending between the two components of this close binary system, i.e. the extended halo of the primary does affect the secondary. A simple de-blending routine was implemented to clean up the spectra. The unaffected wing of the stellar PSF (the opposite of the respective companion) was used to estimate the flux contamination as a function of wavelength. At the cost of slightly lower S/N (due to the loss of information and, hence, poorer outlier rejection) the de-blending recovers the flux of each component without the need for multiple iterations of the procedure.

4.2. Further data processing

Accurate abundance determinations require a reliable continuum placement. Each spectrum was rectified individually by fitting a polynomial of second degree to the data points determined to belong to the continuum for that particular spectrum. In order to define which parts of the data belonged to the continuum, each spectrum was divided into several short wavelength intervals of $\sim 1 \text{ \AA}$, where each spectrum is approximately $60 \text{ \AA}$. For each interval the standard deviation was calculated. The mean

of the three lowest standard deviation values was defined as the noise level of that particular spectrum and star. Subsequently, an iterative process was applied to the whole spectrum of each chip where data points with the lowest flux values were removed until the standard deviation of the remaining points was not larger than three times the noise level.

The continuum placement is based on the assumption that no suppression of the continuum due to a haze of weak molecular lines exist. The main molecules identified as being present in the *J* band are FeH, CrH, and H₂O. Önehag et al. (2012) used the line data from Burrows et al. (2002) to conclude that the observed spectral region only contains a few CrH lines and that no blends with the atomic lines were present. They also used the line data from Barber et al. (2006) to investigate the influence of water. By calculating several different atmospheric models with different effective temperatures, they concluded that for M dwarfs with effective temperatures of 3200 K the continuum is suppressed with only 2% and at higher effective temperatures the water lines quickly disappear. Since all M dwarfs in our sample have an effective temperature above 3200 K, we concluded that the suppression of the continuum due to molecules is negligible. Several FeH lines are present in our spectra, but the majority are distinguishable from each other and do not form a pseudo-continuum.

The standard wavelength calibration procedure for CRIRES is based on thorium and argon lines, but in the infrared the number of Th or Ar lines is not sufficient to ensure the precise wavelength correction needed. An additional calibration was done using a polynomial fit to the telluric lines in a high-resolution solar spectrum by Livingston & Wallace (1991). This extra calibration was made both for the spectra of the science and the telluric standard targets. After removal of the telluric features, all science spectra for a target taken at the same wavelength interval were co-added to increase the signal-to-noise ratio (S/N). Önehag et al. (2012) already showed the consistency between period 82 and 84, hence overlapping data for HIP 12048 from both period 82 and 84 were co-added to increase the S/N of that M dwarf.

4.3. Determination of stellar parameters

Determination of the fundamental parameters was done with the software package Spectroscopy Made Easy (SME; Valenti & Piskunov 1996), version 423. Synthetic spectra are computed on the fly, based on a grid of model atmospheres and a list of atomic and molecular data. Stellar parameters that the user wishes to determine (in SME referred to as free parameters) are found by computing synthetic spectra with small offsets in different directions for this subset of parameters. The optimal fit is then determined through χ^2 minimisation between the synthetic and observed science spectra. The synthetic spectra are calculated by interpolation from a grid of pre-calculated model atmospheres. In this work MARCS models were used, which are hydrostatic, plane-parallel LTE model atmospheres (Gustafsson et al. 2008). Additional information used by SME are line- and continuum masks. These are subsections of the spectrum defined by the user, and are used to control which part of the spectrum is to be used for the χ^2 fit. In this work only a line mask was used, which we used to remove part of the spectra affected by bad pixels, line blends, or telluric features that had not been removed properly. Each observation with the CRIRES spectrograph covers a rather short wavelength range, and especially for the M dwarfs the spectra contain too few atomic lines to accurately determine the surface gravity, effective temperature, and

metallicity simultaneously using spectral analysis. Examples of obtained spectra are shown in Appendix A. The surface gravity and the effective temperature were therefore determined prior to the metallicity determination (see Sects. 4.3.2 and 4.3.3).

4.3.1. Line data

Most of the atomic line data were taken from the VALD database (Kupka et al. 2000; Heiter et al. 2008), with some additional data from Meléndez & Barbuy (1999). Line data for FeH were provided by Bertrand Plez (priv. comm.)⁴, and were used to estimate the effective temperatures of the M dwarfs (see Sect. 4.3.2), but not for the metallicity determination. The solar abundances by Grevesse et al. (2007) were used.

Before the analysis, the oscillator strengths ($\log gf$) and van der Waals (vdW) broadening parameters in our line list were adjusted using a high-resolution solar spectrum from Kitt Peak (Livingston & Wallace 1991)⁵. Adopted solar parameters were $T_{\text{eff}} = 5777$ K, $\log g$ (cm s⁻²) = 4.44, [M/H] = 0.00, and $v \sin i = 1.7$ km s⁻¹, and the solar chemical composition by Grevesse et al. (2007). First the micro- (ξ_t) and macroturbulence (ζ_t) were adjusted simultaneously, giving $\xi_t = 0.89$ km s⁻¹ and $\zeta_t = 3.86$ km s⁻¹. Thereafter, $\log gf$ and vdW were adjusted for all lines where the synthetic spectrum did not match the observed solar spectrum. An exception was made for the carbon, magnesium, and potassium lines where the vdW broadening parameters were derived from quantum-mechanical calculations, the so-called ABO theory (Anstee & O'Mara 1991; Barklem et al. 2000). For these lines only $\log gf$ was adjusted. The whole procedure was repeated until no significant changes in the fit were observed. We note that changing the vdW parameter had little effect on the synthetic spectra, while significant changes in the oscillator strength were required. A difference compared with the values adopted by On12 was noted, and is believed to arise from a combination of a more recent version of SME and the usage of synthetic flux instead of synthetic disc-centre intensity spectra in the adjustment procedure by On12. The final list of atomic data used in this paper can be seen in Table B.1.

4.3.2. Effective temperature

Previous studies have shown that the effective temperature is the parameter causing the largest uncertainty when determining the metallicity of M dwarfs. For example, Bean et al. (2006) found a difference of 0.12 dex in their derived metallicity when changing the effective temperature by 50 K. In order to assess the error due to the adopted effective temperature several methods were compared. In On12 the photometric calibrations by Casagrande et al. (2008), their Eq. (6), was used together with twelve colour combinations (V , R_c , I_c , J , H , K_s) in order to determine the effective temperature. By comparing the synthetic spectrum with the line strengths of FeH, some of the temperatures were further adjusted if needed with +100 or +200 K. Some of the required photometric data were not available for GJ 527 B and HIP 12048 B; therefore, this method could not be used for these two stars. The binary components of GJ 527 were not resolved in 2MASS, and for HIP 12048 B no V -band observation is available. Values from previous studies of the M dwarfs in our sample, or calibrations not based on photometry, were therefore investigated. Rojas-Ayala et al. (2010) and

Rojas-Ayala et al. (2012, hereafter RA12), define an index from moderate resolution K -band spectra that correlates with effective temperature. The relation was inferred using solar metallicity BT-Settl model atmospheres (Allard & Freytag 2010). Mann et al. (2015, hereafter Ma15) derive effective temperatures of M dwarfs from the Stefan-Boltzmann law and calculated angular diameters and bolometric fluxes. The precise angular diameters (uncertainty around 1.5%) were determined using long-baseline optical interferometry, and the bolometric fluxes were calculated from fits of spectral templates to observed spectral energy distributions. About half of the M dwarfs in our sample overlap with stars in the sample of RA12 and Ma15.

Another method explored was to expand the use of the FeH lines in our observed spectra, and to use only these lines to determine the effective temperatures. Önehag et al. (2012) performed several tests varying the effective temperature and surface gravity and visually comparing the obtained synthetic spectra with the observed. They found that within the relevant parameter space and wavelength regions the FeH lines in the synthetic spectra show little difference in strength when changing the surface gravity, but show large differences when changing the effective temperature. These molecular lines could therefore be useful to determine T_{eff} . However, there is an expected degeneracy between effective temperature and metallicity since both affect the line strength. The FeH lines become stronger with increasing metallicity (increased Fe abundance), and become weaker with increasing temperature since molecules form at low temperature. Hence, to fit a spectrum with a particular set of line strengths, a higher metallicity might be compensated by a higher temperature. Önehag et al. (2012) therefore used an interactive scheme changing the metallicity and effective temperature in turns. We chose another method, calculating a grid of synthetic spectra covering the relevant parameter space in effective temperature and metallicity used in this study. Using SME, a grid of synthetic spectra was calculated with effective temperatures between 3000 and 4000 K (3200–4200 K for HIP 57172 B) in steps of 25 K, and metallicities between -0.5 and +0.5 dex in steps of 0.05 dex. Since no strong dependence on the surface gravities were found, the values used are the same as for the metallicity determination (see Table 4). Remaining parameters were also kept fixed for all different combinations of T_{eff} and [M/H]; $v \sin i = 1$ km s⁻¹, (except GJ 527 B, where $v \sin i = 5$ km s⁻¹), $\xi_t = 1$ km s⁻¹, and $\zeta_t = 2$ km s⁻¹. For each spectrum in the grid the corresponding χ^2 value with respect to the observed spectrum was calculated using SME and a selection of only clear, unblended FeH lines. In total, about 50 FeH lines per star were used. Contour plots of the calculated χ^2 values as a function of T_{eff} and [M/H] were then produced for each star. All plots are shown in Fig. 2. The calculated χ^2 values show only a weak dependence on the metallicity, but a clear dependence on the effective temperature. The only exception is HIP 57172 B, where χ^2 depends both on metallicity and temperature. For this star no minimum of χ^2 corresponding to a specific effective temperature was found within our used grid. Previous studies have classified this star as an M0-M1 type dwarf. In conclusion, according to the contour plots there seems to be no strong degeneracy between T_{eff} and [M/H] in the FeH line strength for mid M-type dwarfs. However, a degeneracy is present for the warmer, early M-type dwarfs.

All estimated values of the effective temperature from the FeH lines are shown in Table 3, together with values adopted by On12, RA12, and Ma15 for comparison. The effective temperatures derived by On12, mainly based on the photometric calibration given by Casagrande et al. (2008), are systematically

⁴ The FeH line list will soon be available on the MARCS webpage (<http://marcs.astro.uu.se>)

⁵ ftp://nsokp.nso.edu/pub/Kurucz_1984_atlas/photat1/

Table 3. Estimated effective temperatures from different studies.

Target	Spectral type	Our work	On12	RA12	Ma15
HIP 57172 B	M0-M1	>3900	3908		
GJ 527 B	M2	3425			
GJ 176	M2.2	3550	3361	3581	3680
GJ 250 B	M2.3	3550	3376	3569	3481
HIP 12048 B	M2.5	3225			
GJ 674	M2.5	3350	3305		
GJ 436	M2.8	3400	3263	3469	3479
GJ 849	M3.1	3350	3196	3601	3530
GJ 581	M3.2	3350	3308	3534	3395
GJ 317	M3.5	3375	3125		
GJ 628	M3.6	3275	3208	3380	3272
GJ 876	M3.7	3250	3156	3473	3247

Notes. Estimated effective temperatures from three different methods. Column 1 contains estimated temperatures from the FeH line strength, Col. 2 contains adopted values by On12 based on the calibration developed by Casagrande et al. (2008) with some adjustments based on FeH line strength, and Col. 3 shows values obtained by RA12 using their K band spectroscopic index. The last column shows the adopted values by Ma15 based on calculated bolometric flux and measured angular diameter.

Fig. 1. Difference in adopted effective temperature between our work and the works by On12 (green diamonds), RA12 (red triangles), and Ma15 (blue squares).

lower than our temperatures derived from molecular spectral features. Other work based on molecular features, e.g. Valenti et al. (1998) and Bean et al. (2006) using TiO bandheads, Rojas-Ayala et al. (2012) using H₂O, and Jones et al. (2005) using CO lines, also derived higher effective temperatures than did Casagrande et al. (2008), who used multiband photometry. This difference between our work and On12 can also be seen graphically in Fig. 1. Furthermore, it can be seen that our derived effective temperatures are lower than the values obtained by RA12 and Ma15 for a majority of the stars. The reason for this difference is unclear, but may be due to different sensitivity to spot coverage of the stellar surface. Although most of the M dwarfs in our sample are expected to show a low level of activity.

For the metallicity determination we adopted the T_{eff} values derived from our FeH plots, except for HIP 57172 B where we adopted the value by On12 because of the problem with degeneracy between effective temperature and metallicity described

above. For the warmer FGK dwarf companions a value for the effective temperature was calculated from values in the PASTEL catalogue (Soubiran et al. 2010) with some supplementary values taken from papers published later. All values published after 1990 were collected and the effective temperature was set to the mean of these values. Adopted values for all stars can be found in Table 4. The adopted uncertainties for the primaries are the calculated standard deviations, while for the M dwarfs they were estimated from the widths of the minima in χ^2 .

4.3.3. Surface gravity

Önehag et al. (2012) used the empirical relation between $\log g$ and stellar mass $M_{\star}$ derived by Bean et al. (2006) to determine the surface gravity for the M dwarfs in their sample. We adopted the same values for the stars in common. To determine this empirical relation, Bean et al. (2006) used radius measurements from eclipsing binaries or interferometric observations together with the relationship between the absolute K magnitude M_K and $M_{\star}$ by Delfosse et al. (2000). The masses used in On12 were estimated using the $M_K - M_{\star}$ relationship by Delfosse et al. (2000). Unfortunately, obtaining masses in the same way is not possible for HIP 12048 B and GJ 527 B owing to the lack of required photometric data. For HIP 12048 B an estimation of its mass was found in Mugrauer et al. (2007). In their paper they assumed an age of 5 Gyr and by using the stellar evolutionary models by Baraffe et al. (1998) they derived a probable spectral class of M2.5 and a mass of $0.286 \pm 0.017 M_{\odot}$. Inserting this into the $\log g - M_{\star}$ relation by Bean et al. (2006) we determined a surface gravity of $4.9 \log(\text{cm s}^{-2})$. Unfortunately no estimation of the mass of GJ 527 B could be found in the literature, and is why $\log g$ was set to 4.9 for this star as well. In the same manner as when calculating the effective temperature for the FGK dwarfs, the surface gravity was set to an average of literature values. Again, values were collected from the PASTEL catalogue (Soubiran et al. 2010) with some supplementary values taken from papers published later. The associated uncertainties are given as the calculated standard deviation. Adopted values for all stars can be found in Table 4.

4.3.4. Metallicity

All derived metallicities in this work refer to the overall metallicity determined by the fit of lines from all atomic species available in our spectra. However, all carbon lines were excluded from the analysis owing to possible non-LTE effects in the FGK dwarfs (e.g. Asplund 2005, Sect. 3.3 and On12, Sect. 4.3). We also found that two of the four present potassium lines (K I 11 772.830 Å and K I 12 522.110 Å) could not be matched with the same parameters as the remainder of the lines in the spectra for the M dwarfs, which is why we also chose to exclude potassium from our analysis. This leaves, on average, 15–20 lines from species Fe, Ti, Mg, Ca, Si, Cr, Co, and Mn for the M dwarfs, and about twice as many lines for the primaries. The spectra from HIP 12048 AB and GJ 527 AB are shown in Figs. A.1–A.4. The spectra of GJ 527 A contains fewer lines because of its larger $v \sin i$, where the increased rotation broadening makes the weaker lines undetectable. A list of all the atomic lines used in the analysis is shown in Table B.1. We note that not all lines were used in the analysis of all stars. For some stars a few lines were affected by imperfect removal of the telluric lines and the difference in wavelength settings between observational period 82 and 84 also affected which lines were available.

Table 4. Determined stellar parameters of all stars in our sample.

Target	Metallicity Our work	Metallicity Avg. lit. (σ)	T_{eff} [K]	$\log g$ [cm s ⁻²]	ξ_r [km s ⁻²]	ζ_r [km s ⁻²]	$v \sin i$ [km s ⁻²]	References
HIP 12048 A	+0.13 $\pm$ 0.04	+0.14 (0.04)	5802 $\pm$ 43	4.23 $\pm$ 0.09	1.35	2.76	1.93	1,4,6,9,10,11,12,13,14,16, 17,19,20,22,23,24,25,26
HIP 12048 B	+0.14 $\pm$ 0.15		3225 $\pm$ 100	4.90 $\pm$ 0.10	1.00	2.00	1.00	
GJ 527 A	+0.22 $\pm$ 0.04	+0.28 (0.07)	6446 $\pm$ 90	4.49 $\pm$ 0.21	1.49	6.67	14.0	3,5,6,7,8,10,11,15,16, 20,22,24,26,27
GJ 527 B	+0.21 $\pm$ 0.10		3325 $\pm$ 100	4.90 $\pm$ 0.10	1.00	2.00	5.00	
GJ 250 A	-0.03 $\pm$ 0.07	-0.04 (0.10)	4676 $\pm$ 150	4.54 $\pm$ 0.26	1.07	2.91	1.00	2,11,15,16,18,19,20
GJ 250 B	-0.07 $\pm$ 0.04		3550 $\pm$ 100	4.80 $\pm$ 0.08	1.00	2.91	1.00	
HIP 57172 A	+0.15 $\pm$ 0.06	+0.17 (0.05)	5030 $\pm$ 51	4.22 $\pm$ 0.06	0.99	0.05	1.00	1,6,21,22,23,25
HIP 57172 B	+0.16 $\pm$ 0.13		3900 $\pm$ 100	4.46 $\pm$ 0.09	1.00	0.39	1.00	
GJ 176	+0.11 $\pm$ 0.09		3550 $\pm$ 100	4.76 $\pm$ 0.08	1.00	2.01	1.00	
GJ 317	+0.16 $\pm$ 0.08		3375 $\pm$ 100	4.97 $\pm$ 0.12	1.00	0.10	1.00	
GJ 436	+0.03 $\pm$ 0.06		3400 $\pm$ 100	4.80 $\pm$ 0.08	1.00	0.08	1.00	
GJ 581	-0.02 $\pm$ 0.13		3350 $\pm$ 100	4.92 $\pm$ 0.08	1.00	0.33	1.00	
GJ 628	+0.12 $\pm$ 0.14		3275 $\pm$ 100	4.93 $\pm$ 0.08	1.00	0.04	1.00	
GJ 674	-0.01 $\pm$ 0.11		3350 $\pm$ 100	4.88 $\pm$ 0.08	1.00	2.43	1.00	
GJ 849	+0.28 $\pm$ 0.07		3350 $\pm$ 100	4.76 $\pm$ 0.08	1.00	0.05	1.00	
GJ 876	+0.19 $\pm$ 0.15		3250 $\pm$ 100	4.89 $\pm$ 0.08	1.00	0.05	1.00	

References. References used to calculate the average literature metallicities, mean effective temperature, and surface gravity values: 1. Adibekyan et al. (2012); 2. Bonfils et al. (2005a); 3. Erspamer & North (2003); 4. Fuhrmann (1998); 5. Fuhrmann et al. (1998); 6. Ghezzi et al. (2010); 7. Gonzalez (1997); 8. Gonzalez & Laws (2000); 9. Gonzalez et al. (2001); 10. Gonzalez et al. (2010); 11. Heiter & Luck (2003); 12. Huang et al. (2005); 13. Kang et al. (2011); 14. Laws et al. (2003); 15. Lee et al. (2011); 16. Luck & Heiter (2006); 17. Maldonado et al. (2013); 18. Mishenina et al. (2004); 19. Santos et al. (2001); 20. Santos et al. (2004); 21. Santos et al. (2005); 22. Santos et al. (2013); 23. Sousa et al. (2008); 24. Takeda et al. (2005); 25. Tsantaki et al. (2013); 26. Valenti & Fischer (2005); 27. Zhao et al. (2002). The surface gravity values for the M dwarfs are taken from On12, with the exception of HIP 12048 B and GJ 527 B.

During the analysis of the FGK dwarfs, several tests were performed to check the validity of the fundamental parameters taken from the literature. Different runs allowing combinations of parameters to vary simultaneously were done. Small changes in the effective temperature and surface gravity was found, but most lie within the calculated standard deviation, and the derived metallicities only differed by 0.02–0.04 dex between different settings and the calculated χ^2 remained relatively unchanged. The tabulated values in Table 4 are our adjusted values, and are the values used for the metallicity determination. For M dwarfs no additional optimisation of the effective temperature or surface gravity was done during the determination of the metallicity. The limited wavelength region of our spectra does not contain the number or types of lines required to make such an analysis with good precision and accuracy. Instead, only [M/H] and ζ_r were set to vary simultaneously until a minimum of χ^2 was found. To ensure that the optimisation did not depend on the initial value, different starting values were tested: [M/H] = -0.1, 0.0 and +0.1 dex, and ζ_r = 0, 1, 2, and 3 km s⁻². For all M dwarfs ξ_r was set to 1 km s⁻² and $v \sin i$ = 1 km s⁻². The exception is GJ 527 B, where previous studies and our analysis showed that both binary companions have a faster rotation. From our analysis a value of $v \sin i$ = 5 km s⁻² was determined for GJ 527 B, and $v \sin i$ = 14 km s⁻² was determined for its companion, GJ 527 A.

5. Results and discussion

As mentioned before, the largest error source to the metallicity is believed to come from the uncertainty of the adopted effective temperature. The values of the surface gravity also have an

associated uncertainty adding to the tabulated uncertainty in the metallicity. To estimate the uncertainty, these parameters were varied, T_{eff} with ± 100 K and $\log g$ with ± 0.10 dex, and new values for the metallicity were derived for each of these four combinations. Thus the abundance sensitivities to the parameter uncertainties could be computed. The differences found due to the changed input parameters were then co-added in quadrature to estimate the uncertainty in derived metallicity. The same procedure was applied for both the M dwarfs and the FGK dwarfs in our sample.

5.1. Binaries

In this work we performed a careful analysis of both components in four FGK+M binaries with the goal of determining the reliability of metallicity determination of M dwarfs using spectral fitting of high-resolution infrared spectra. The results are very promising, with resulting differences of only 0.01–0.04 dex between the metallicities of the primary and secondary components. The derived metallicities of all binary components as well as the eight single M dwarfs are shown in Table 4. We also list the adopted micro- and macroturbulence parameters, and the adopted rotation velocities. We note that when deriving the metallicity for all stars, the potassium lines were excluded; additionally, for the G dwarf and F dwarf all carbon lines were excluded due to possible non-LTE effects. As a test we derived the metallicity including the carbon lines, keeping the remaining settings the same. For the F dwarf GJ 527 A we derived the same metallicity with and without including the carbon lines,

Fig. 2. Demonstration of FeH line strength dependency on the effective temperature and overall metallicity. The contour plots in this figure show the calculated χ^2 of the fit based on a grid of metallicity and effective temperature of all M dwarfs. The block lines and dots indicate the temperature with the minimum χ^2 for each step in metallicity. The plots are shown in order of spectral type, starting from the coolest going towards the warmest target in our sample. For the eight coolest stars, the χ^2 value strongly depends on the effective temperature, with only a weak dependency on the metallicity. For the warmer stars (above 3400 K) a slight dependency on effective temperature can be seen, and for the warmest M dwarf HIP 57172 B (M0-M1) in our sample, a clear degeneracy between metallicity and effective temperature is found and this method cannot be used to determine the effective temperature for this target.

while for the G dwarf HIP 12048 A the derived metallicity was lowered by 0.03 dex when including carbon.

To be able to see how our results agree with other studies, our determined metallicity values were compared with values of the warmer component taken from the literature. All previously determined metallicity values found in the PASTEL catalogue (Soubiran et al. 2010), together with some supplementary values from papers published later, were used to calculate a mean

metallicity value and standard deviation. We note that these studies were based on optical spectra. Averaged literature values and corresponding standard deviations are shown in Table 4. Our metallicities agree well with the mean reference values from the literature, especially considering the estimated uncertainty of our analysis and the spread between literature values. We note that none of the studies in the literature included all four FGK dwarfs in our sample.

Fig. 3. Derived metallicity for the G+M binary (HIP 12048), compared with five optical high-resolution studies. The metallicity of the M dwarf is indicated by the solid red line and the metallicity of the primary is indicated by the dashed blue line. The derived uncertainty for the primary in this work is shown with the semi-transparent blue area, and the corresponding uncertainty for the M dwarf in semi-transparent red area. Values and error bars for the primary from five studies selected from the literature are shown with different symbols.

5.1.1. HIP 12048

As this was the first time the M dwarfs in the binaries HIP 12048 and GJ 527 had been analysed, an additional comparison with several individual high-resolution studies was made. Five studies containing both HIP 12048 and GJ 527, all based on high-resolution spectra, were chosen (Luck & Heiter 2006; Valenti & Fischer 2005; Santos et al. 2005; Gonzalez et al. 2010; Takeda et al. 2005). In Fig. 3 the result for HIP 12048 is shown. As can be seen, our determined metallicity of both the primary and the M dwarf is in good agreement with all selected studies and values from all six studies lie well within the respective error margins.

5.1.2. GJ 527

As shown in Table 4, our derived metallicity for both companions in the binary system GJ 527 is lower than the mean value from the literature. However, compared with the chosen high-resolution studies shown in Fig. 4, our determined values of both the primary as well as the M dwarf are in good agreement with four of the shown studies, and lie well within their error margin. The exception is the value obtained by Luck & Heiter (2006) for GJ 527 A, which is substantially higher than our value and the error bars of the two studies do not overlap. However, this star was among the stars with highest rotational velocity and highest effective temperature in the sample of Luck & Heiter (2006), for which their applied equivalent width technique was probably less reliable.

Compared with the remaining M dwarfs the analysis of GJ 527 B was somewhat more complex for two reasons. Both companions are faster rotators than the remaining stars in our sample, and more importantly, this is the most compact binary. As a consequence of the small separation, some of the stellar light from the F dwarf was blended into the spectrum of the M dwarf (see Sect. 4.1). This can also clearly be seen when visually comparing the spectrum with and without the application of the de-blending routine. Using the spectra where the de-blending routine had not been applied gave a metallicity of 0.44 dex,

Fig. 4. Results for the F+M binary (GJ 527) compared with five optical high-resolution studies. The symbols and colours are the same as described in Fig. 3. We note that the minimum and maximum values on the y -axis are different from Fig. 3, but the range is the same for easier comparison.

which is twice the value we derived for the primary. Instead, using the spectra for which the deblending routine had been applied the derived metallicities agree well. To ensure that the difference was due to extra light from the primary and not to the data reduction process, the de-blending routine was applied to the spectra of the primary. Here no visual differences could be observed and the derived metallicity was the same, independent of the version of the spectra.

Previous studies of the primary have determined $v \sin i = 14\text{--}17.86 \text{ km s}^{-1}$ (e.g. Takeda et al. 2005; Martínez-Arnáiz et al. 2010). For the primary we set $v \sin i$ as a free parameter in SME, resulting in an optimum at 14 km s^{-1} . Given the high rotation rate of the primary, it is not surprising that a faster rotation velocity than 1 km s^{-1} was needed to fit the spectra for the M dwarf as well. For the M dwarf the higher noise and fewer lines in the spectrum restricted us. Instead of letting SME fit the rotation velocity together with the other parameters, we changed the $v \sin i$ parameter in steps, keeping all other parameters fixed. An optimum fit to the line shape was found at $v \sin i = 5 \text{ km s}^{-1}$, and was used as an input parameter when determining the effective temperature and metallicity.

5.2. M dwarf metallicities

For the M dwarfs, the derived metallicities were compared with values calculated from the photometric metallicity calibrations by Bo05, JA09 and Ne12, as well as with adopted values in the studies by RA12 and Ma15. We chose to exclude the calibration by Schlafman & Laughlin (2010) since it is very similar to the one by Ne12 and including it in our comparison does not add any new information. Unfortunately, the results for HIP 12048 B and GJ 527 B could not be compared with any other study owing to the lack of the required photometric data, and they were not included in the samples of RA12 or Ma15. Furthermore, the M dwarfs GJ 317 and GJ 674 are not included in the sample of RA12 or Ma15, and HIP 52172 B is not included in the sample of Ma15.

As shown in Fig. 5, the different photometric calibrations give a wide range in metallicity, although they are based on the same photometric data. The range is of the order 0.2–0.3 dex, which is two or three times larger than our estimated uncertainty. Neves et al. (2012) have shown that compared to

Fig. 5. Our determined metallicities for ten of the M dwarfs in our sample compared with three photometric calibrations, as well as values adopted by RA12 and Ma15. The differences are plotted against our derived metallicity and the effective temperature. The size of an uncertainty of ± 0.1 dex is indicated by the black symbol in the bottom right. The dashed lines are there to guide the eye which points belong together, not to indicate a trend.

their calibration, the Bo05 calibration tends to underestimate the metallicity while the JA09 calibration overestimates it. As shown in Fig. 5, our metallicities are systematically higher than the values calculated with the calibration by B05. All values of the calibration by JA09 are higher than our determination with the exception of GJ 317 and HIP 57172 B, which are lower. This is in line with the conclusion by Ne12. However, the comparison by Ne12 also seems to underestimate the metallicity compared to our results, and the calculated values for HIP 57172 B, GJ 317, GJ 581, GJ 628, and GJ 674 are substantially lower than our derived metallicities. We note that the Ne12 calibrated metallicities for GJ 317, GJ 581, and GJ 674 lie close to the values using the Bo05 calibration. Since the latter is believed to underestimate the metallicity, this may indicate some problem in the Ne12 calibration for those stars. Furthermore, one of the stars with a large difference between Ne12 and our result is HIP 57172 B for which we found excellent agreement between the binary components and with the metallicities from the literature.

In conclusion, we note that none of the photometric calibrations give results that are consistent with our metallicities for all stars. The calculated mean differences compared to our derived values for the three photometric calibrations are Bo05 = -0.21 ($\sigma = 0.10$), JA09 = $+0.08$ ($\sigma = 0.16$), and Ne12 = -0.14 ($\sigma = 0.15$). We also compared our metallicities with the adopted

Fig. 6. Differences between derived values in this study and the values obtained by On12, who used the same observational data. Different symbols indicate the differences in adopted effective temperatures between the two studies. The size of an uncertainty of ± 0.1 dex is indicated by the black symbol in the bottom right.

values of RA12 and Ma15, and between our and their works we find a better agreement. This is further strengthened by the calculated mean differences of RA12 = -0.04 ($\sigma = 0.08$) and Ma15 = 0.00 ($\sigma = 0.13$).

Because of our updated oscillator strengths relative to the data used by On12, together with new adopted effective temperatures for all M dwarfs, a comparison was made to see how our derived metallicities correlate with the results by On12, who used the same observed spectra. As shown in Fig. 6, the differences lie within approximately 0.1 dex, which is of the order of the estimated error margins in both studies. The calculated average of the difference between On12 and our work is -0.03 dex ($\sigma = 0.07$).

6. Conclusions and outlook

In this paper we derived the metallicity of the M dwarfs in four FGK+M binaries, using high-resolution spectra taken in the *J* band. Two of those M dwarfs were analysed for the first time. The results from all binaries show good agreement between the derived metallicities of the primary and secondary component ($\Delta = 0.01$ – 0.04 dex), and the results are also in good agreement with the literature values. High-resolution infrared spectroscopy can thus provide reliable and accurate metallicity for M dwarfs. To further improve the accuracy and precision, better knowledge of effective temperatures is needed. Also, a sufficiently high signal-to-noise ratio is required (≥ 50) to achieve uncertainties below 0.1 dex.

In the ideal case the effective temperature and surface gravity should both be derived spectroscopically, instead of partly relying on external sources, as is the case for the surface gravity in our analysis. This is currently impossible due to the limited wavelength coverage of CRILES. The situation will improve in the near future with the on-going update of the CRILES spectrograph (Follert et al. 2014), the upcoming CARMENES spectrograph (Quirrenbach et al. 2014, 2010) and the GIANO spectrograph at TNG (Origlia et al. 2014), all providing a larger wavelength coverage in the infrared.

In addition to confirming the reliability of the method, we re-analysed eight single M dwarfs with the same method and

updated line data. Furthermore, we introduced a new method to determine the effective temperature using FeH lines. For the majority of the stars, the effective temperatures were increased by 100–200 K compared with the values adopted by On12, and show better agreement with independent determinations by RA12 and Ma15. Our re-determined metallicities agree within the estimated error margins with the values of On12. Compared to our results of individual M dwarfs the photometric calibrations by Bo05 and Ne12 were found, on average, to underestimate the metallicity while the calibration by JA09 slightly overestimates it. If we instead compare our results to the determination values by RA12 and Ma15, we found a better average agreement.

In this paper the analysis of data observed between 2008 and 2010 have been presented. This sample is too small to draw any conclusions on the metallicity of planet hosts. However, an additional sample of 22 M dwarfs has been observed more recently with the CRILES spectrograph, which we plan to analyse in a future paper with the same methodology. This will expand the parameter space explored with our analysis technique to cover a metallicity span of approximately 2 dex and cover subtypes M0-M6. With this we hope to provide a good basis for an updated photometric calibration, which can be used to address questions about a metallicity-planet connection for M dwarfs.

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Appendix A: Spectra

Fig. A.1. Our obtained spectra after continuum rectification, wavelength correction, and removal of telluric features of the M dwarf HIP 12048 B. The best-fit synthetic spectrum calculated with SME is shown as the overplotted thick black line. The line mask used for the metallicity determination is indicated by grey shading. The dotted lines indicate the two parts that we had to remove from the spectra since a large unphysical absorption feature was present in the observed spectrum of the standard star. Spectra centred at 1177, 1811, and 1204 nm have been co-added where they overlap in this figure. White spacing represents wavelength regions between two chips. We note that the observations centred at 1303 nm have not been used in the analysis owing to problems with the observed spectra in this wavelength for target HIP 12048 B.

Fig. A.2. Our obtained spectra after continuum rectification, wavelength correction, and removal of telluric features of the G dwarf HIP 12048 A. The best-fit synthetic spectrum calculated with SME is shown as the overplotted thick black line. The line mask used for the metallicity determination is indicated by grey shading. The dotted lines indicate two parts that we had to remove from the spectra since a large unphysical absorption feature was present in the observed spectrum of the standard star. Spectra centred at 1177, 1811, and 1204 nm have been co-added where they overlap in this figure. White spacing represents wavelength regions between two chips. We note that the observations centred at 1303 nm have not been used in the analysis owing to problems with the observed spectra in this wavelength for target HIP 12048 A.

Fig. A.3. Our obtained spectra after continuum rectification, wavelength correction, and removal of telluric features of M dwarf GJ 527 B. The best-fit synthetic spectrum calculated with SME is shown as the overplotted thick black line. The line mask used for the metallicity determination is indicated by grey shading. White spacing represents wavelength regions between two chips.

of telluric features of F dwarf GJ 527 A. The
 ne mask used for the metallicity determination

Appendix B: Line list

Table B.1. Some of the data in the used line list.

Wavelength [$\text{\AA}$]	Species	E_{low} [eV]	νdW (This work)	$\log gf$ (This work)	$\log gf$ (On12)	
11 681.594	Fe I	3.55	-6.725	-3.216	-3.301	FGK
11 700.239	Si I	6.27	-7.294	-0.513	-0.526	FGK
11 712.010	Ca I	4.68	-8.593	-0.501	-1.510	FGK
11 767.600	Ca I	4.532	-6.621	-0.666	-0.635	FGK, M
11 780.547	Ti I	1.443	-7.790	-2.273	-2.180	FGK, M
11 783.267	Fe I	2.832	-8.012	-1.615	-1.520	FGK, M
11 797.179	Ti I	1.430	-7.790	-2.250	-2.250	FGK, M
11 797.215	Fe I	5.82	-7.420	-1.788	-1.788	FGK, M
11 800.657	Fe I	6.20	-7.160	-1.090	-1.090	FGK
11 828.171	Mg I	4.35	862.255	-0.220	-0.046	FGK, M
11 949.545	Ti I	1.443	-7.790	-1.550	-1.550	FGK, M
11 949.760	Ca II	6.470	-7.743	+0.218	-0.040	FGK
11 955.955	Ca I	4.131	-7.132	-0.835	-0.849	FGK, M
11 973.050	Fe I	2.176	-7.881	-1.566	-1.405	FGK, M
11 955.955	Ca I	4.13	-7.132	-0.835	-0.849	FGK
11 973.050	Fe I	2.18	-7.881	-1.566	-1.405	FGK
11 973.854	Ti I	1.460	-7.380	-1.558	-1.591	FGK, M
11 984.198	Si I	4.930	677.228	+0.108	+0.239	FGK, M
11 991.568	Si I	4.920	674.228	-0.257	-0.109	FGK, M
12 031.504	Si I	4.954	685.229	+0.331	+0.477	FGK, M
12 039.822	Mg I	5.753	-7.239	-1.525	-1.530	FGK
12 044.055	Cr I	3.422	-6.281	-1.863	-1.863	FGK
12 044.129	Fe I	4.988	-6.677	-2.130	-2.130	FGK
12 053.083	Fe I	4.559	-7.439	-1.535	-1.543	FGK
12 510.520	Fe I	4.956	-7.296	-1.845	-1.846	FGK
12 532.835	Cr I	2.709	-8.349	-1.902	-1.879	FGK, M
12 556.999	Fe I	2.279	-8.680	-3.879	-3.913	FGK, M
12 569.569	Ti I	2.175	-7.810	-1.867	-1.867	FGK, M
12 569.634	Co I	3.409	-7.730	-1.605	-0.992	FGK, M
12 600.277	Ti I	1.443	-7.790	-2.275	-2.150	FGK, M
12 909.070	Ca I	4.43	-7.471	-0.461	-0.426	FGK, M
12 910.087	Cr I	2.708	-7.509	-1.821	-1.863	FGK, M
12 919.898	Ti I	2.154	-8.970	-1.611	-1.553	FGK, M
12 937.016	Cr I	2.710	-7.625	-1.916	-1.896	FGK, M
12 919.898	Ti I	2.15	-8.970	-1.611	-1.553	FGK, M
12 975.720–12 976.150 [†]	Mn I					FGK, M
13 001.401	Ca I	4.441	-7.396	-1.273	-1.139	FGK, M
13 006.685	Fe I	2.990	-7.725	-3.268	-3.269	FGK, M
13 011.892	Ti I	1.443	-6.792	-2.242	-2.180	FGK, M
13 033.555	Ca I	4.441	-7.462	-0.194	-0.064	FGK, M
13 057.885	Ca I	4.441	-7.716	-1.054	-1.092	FGK, M

Notes. Column descriptions: E_{low} : lower level energy. νdW : parameter(s) used to calculate line broadening due to van der Waals interaction. Negative numbers: logarithm of the line width per perturber at 10^4 K in $\text{rad s}^{-1} \text{cm}^3$ ($\log \gamma_{\text{W}}$). Adjusted by fit to a solar spectrum (see Sect. 4.3.1). Positive numbers: integer part: broadening cross-section at a velocity of 10^4 m s^{-1} in atomic units, fractional part: velocity parameter (see [Barklem et al. 2000](#)). $\log gf$: oscillator strength, adjusted by fit to a solar spectrum (see Sect. 4.3.1 in this paper, and the values adopted by On12). FGK/FGK, M: lines used for the analysis of only the primaries or for both binary components. ^(†) Mn I transition with 15 hyperfine structure components.