Elliptical instability of compressible flow in ellipsoids

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ABSTRACT

Context. Elliptical instability is due to a parametric resonance of two inertial modes in a fluid velocity field with elliptical streamlines. This flow is a simple model of the motion in a tidally deformed, rotating body. Elliptical instability typically leads to three-dimensional turbulence. The associated turbulent dissipation together with the dissipation of the large scale mode may be important for the synchronization process in stellar and planetary binary systems.

Aims. In order to determine the influence of the compressibility on the stability limits of tidal flows in stars or planets, we calculate the growth rates of perturbations in flows with elliptical streamlines within ellipsoidal boundaries of small ellipticity. In addition, the influence of the orbiting frequency of the tidal perturber \( \Omega \) and the viscosity of the fluid are taken into account.

Methods. We studied the linear stability of the flow to determine the growth rates. We solved the Euler equation and the continuity equation. The viscosity was introduced heuristically in our calculations. We assumed a power law for the radial dependence of the background density. Together with the use of the anelastic approximation, this enabled us to use semi-analytical methods to solve the equations.

Results. It is found that the growth rate of a certain mode combination depends on the compressibility. However, the influence of the compressibility is negligible for the growth rate maximized over all possible modes if viscous bulk damping effects can be neglected. The growth rate maximized over all possible modes determines the stability of the flow. The stability limit for the compressible fluid confined to an ellipsoid is the same as for incompressible fluid in an unbounded domain. Depending on the ratio \( \Omega \ell / \Omega \), with \( \Omega \ell \) the spin rate of the central object in the frame of the rotating tidal perturber, certain pairs of modes resonate with each other. The size of the bulk damping term depends on the modes that resonate with each other. Therefore the growth rate of the viscous flow depends on the compressibility. Estimates for the stability limit in viscous fluids are given.

Key words. hydrodynamics – instabilities – waves

1. Introduction

The study of tidal friction has a long history in geo- and astrophysics (e.g., Darwin 1879). The basic picture of a tidally deformed fluid body is that of an ellipsoid with the long axis pointing towards the tidal companion, and in which the fluid rotates with respect to the major axes of the ellipsoid, so that each fluid particle follows an elliptical streamline. It was discovered in the mid 1970s that flows of constant vorticity with elliptical streamlines are prone to a hydrodynamic instability, the so-called elliptical instability (for a review, see Kerswell 2002). One expects to find vastly different dissipation rates in laminar and in unstable turbulent flows. A determination of the stability limit of the basic tidal flow is thus an indispensable prerequisite to any computation of tidal friction. In this paper, we compute the stability limit within a simple model of tidal flow taking into account the compressibility of a stellar or planetary envelope.

Fluids in solid body rotation (i.e., flows with circular streamlines) support a type of waves known as inertial waves in which the Coriolis force acts as a restoring force. In elliptical instability, the finite ellipticity couples inertial modes in pairs and can lead to instability if certain resonance conditions are met. The same phenomenon is often called a triad resonance, the triad being formed by the two inertial waves and the basic, elliptically deformed flow which is itself counted as third wave.

In this paper, we calculate the growth rate of the elliptical instability in a slightly deformed sphere. Incompressible flows have already been investigated in this geometry (Lacaze et al. 2004; Le Bars et al. 2010). Elliptical instability can be studied in its simplest form in an unbounded domain (Bayly 1986; Landman & Saffman 1987; Waleffe 1990; Miyazaki & Fukumoto 1992; Miyazaki 1993; Miyazaki et al. 1995). Another convenient geometry is an elliptically deformed cylinder (Gledzer et al. 1975; MALKUS 1989; Eloy et al. 2003), and other studies exist for deformed spheroids (Gledzer & Ponomarev 1977; Kerswell 1994; Cébron et al. 2010a) and spherical shells (Aldridge et al. 1997; Seyed-Mahmoud et al. 2000; Cébron et al. 2012b).

Several additional ingredients have been added to the problem, such as stratification (Miyazaki & Fukumoto 1992; Miyazaki 1993; GUIMBARD et al. 2010), magnetic fields (Kerswell 1994; Lacaze et al. 2006; Herreman et al. 2009; Cébron et al. 2012a), rotation of the elliptical perturbation (Craik 1989; Gledzer & Ponomarev 1992; Miyazaki 1993; Miyazaki et al. 1995; Seyed-Mahmoud et al. 2000; Le Bars et al. 2010), and viscosity (Landman & Saffman 1987; Kerswell 1994; Lacaze et al. 2004; Le Bars et al. 2010). The importance of the elliptical instability for tidal dissipation is examined in a recent paper by Barker & Lithwick (2013). They studied the non-linear evolution of the elliptical instability. They performed three-dimensional hydrodynamical simulations of a box with periodic boundary conditions with a base flow such that this box can be considered as a small patch of a tidally deformed fluid in a planet or a star. They found that for the astrophysically relevant
values of the ellipticity the wave driving mechanism is not sustained permanently because of the presence of strong columnar vortices whose presence effectively suppresses the driving mechanism. This leads to less dissipation compared to the case with a sustained wave driving mechanism, but it is certainly higher compared to case with a stable flow. A strong stratification can prevent the process of re-laminarization as found in an experiment with a stratified fluid in a rotating cylinder by Guimbard et al. (2010). The same holds for the instability in the presence of a weak magnetic field (see Barker & Lithwick 2014, a companion paper to Barker & Lithwick 2013). Barker & Lithwick (2014) found that this field prevents the vortices from forming. They calculated the dissipation and conclude that the inferred tidal dissipation is potentially important at short orbital periods. In this companion paper they also neglect the effects of a realistic geometry and the additional presence of turbulent convection, both of which possibly enhance the dissipation such that the instability becomes important more generally.

The influence of a temperature-gradient on the elliptical instability in a triaxial ellipsoid was examined by Cébron et al. (2010b) with numerical methods. They found that the growth rate of the elliptical instability is significantly enhanced by a thermal stratification and that in a convective flow the elliptical instability can still grow, but with a reduced growth rate. They were not able to reach the regime of very large Reynolds numbers, where the results of Fabijonas & Holm (2003) predict an increased tidal destabilization. For stars the case of a bi-layer flow with a stable stratified and a convective region is interesting. In the paper by Cébron et al. (2010b) it was shown that even in such a flow the instability can grow over the whole fluid.

In this paper, we will include the rotation of the perturbing body as well as a Cartesian coordinate system x, y, z with its origin at the center of the central body, its z-axis directed along the rotation axis of the reference system, and the x-axis is pointing towards the perturbing body. This reference frame rotates at rate $\Omega_0 = \Omega_0 \hat{z}$ (hats denote unit vectors) relative to inertial space. In this frame, the central body rotates around the z-axis with angular velocity $\frac{1}{2}(\frac{a}{b} + \frac{b}{a})\Omega_0$ within an ellipsoid with semi-major axes $a, b, c$ and the surface

$$\frac{x^2}{a^2} + \frac{y^2}{b^2} + \frac{z^2}{c^2} = 1,$$

so that the motion of the central body within the chosen frame of reference is given by the velocity field $u_0$:

$$u_0 = \Omega_0 \left(-\frac{a}{b} \hat{x} + \frac{b}{a} \hat{y}\right)$$

(2)

In order to determine the stability of this flow, we start from the full Euler equation

$$\partial_t v + (v \cdot \nabla) v + 2\Omega_0 \times v = -\frac{1}{\rho} \nabla P + \nabla \Phi_{\text{eff}} + \nabla \Phi_P$$

(3)

$$\partial_t \rho + \nabla \cdot (\rho v) = 0,$$

(4)

where $v$ stands for the velocity, $\rho$ the density, $P$ the pressure, and $\Phi_{\text{eff}}$ for the potential terms created by the central body itself (gravitational and centrifugal), whereas $\Phi_P$ is the perturbing tidal potential. We will assume $u_0$ to be a stationary solution of the above equations for suitable density profiles and potentials $\rho_0$ and $\Phi_0$:

$$(u_0 \cdot \nabla) u_0 + 2\Omega_0 \times u_0 = -\frac{1}{\rho_0} \nabla P_0 + \nabla \Phi_0 + \nabla \Phi_P$$

(5)

$$\nabla \cdot (\rho_0 u_0) = 0.$$  

(6)

In order to end with a tractable problem, we will have to choose a density profile such that the eigenmode calculation below leads to a separable equation. This is achieved by setting

$$\rho_0 = \rho_0 (1 - \left(\frac{x}{a}\right)^2 - \left(\frac{y}{b}\right)^2 - \left(\frac{z}{c}\right)^2)^\beta$$

(7)

for arbitrary prefactors $\rho_0$ and exponents $\beta$ (Wu 2005a).

The question arises which beta one should use for the calculations. We must first determine which polytropic index $n$ in the polytropic relation

$$P(r) = K\rho^{1 + 1/n}(r)$$

(8)

is appropriate for the central body. We choose $n = 3, n = 3/2$, and $n = 0$ for our calculations; $n = 3$ is suitable for stars which are well modeled by a relativistic completely degenerate electron gas, like relativistic white dwarfs. The same polytropic index also describes main sequence stars with $M \gtrsim M_\odot$ (Kippenhahn & Weigert 1990). $n = 3/2$ is appropriate for objects which are well modeled by a non relativistic completely degenerate electron gas, like non-relativistic white dwarfs and brown dwarfs. And $n = 3/2$ is also relevant for main sequence stars with a mass below $M 

\sim 0.4 M_\odot$; these are fully convective stars (Kippenhahn & Weigert 1990; Chabrier et al. 2009). For planets, the range of $n$ is $0 \leq n \leq 1.5$, depending on how massive they are (Horedt 2004). For Jupiter mass objects, $n = 1$ is a good value (Chabrier et al. 2009). $\rho(r)$ in the polytropic case can be obtained by solving the Lane-Emden equation. This equation can be derived through the usage of (8), the equation for hydrostatic equilibrium and the Poisson equation (Kippenhahn & Weigert 1990). The values for $\rho(r)$ in the polytropic case are taken from Horedt (1986). We determine the appropriate $\beta$ by simply fitting the power law (7) to the $\rho(r)$ for the polytropic profiles.

It is easily verified that $\nabla \cdot (\rho_0 u_0) = 0$ and $\nabla \times [(u_0 \cdot \nabla) u_0 + 2\Omega_0 \times u_0] = 0$. The curl of the gradient terms in Eq. (5) is trivially zero, and $\nabla \cdot [(u_0 \cdot \nabla) \rho_0] = 0$ which is zero in a polytropic atmosphere in hydrostatic equilibrium. $u_0$ and $\rho_0$ as given above are therefore solutions of the Euler equation for some perturbing potential, albeit not necessarily for the perturbing potential of a point mass at a finite distance. One may view $\rho_0$ either as an approximation to the density profile of the state excited by a tidal perturber idealized as a point mass, or as the exact profile for a perturbing potential which approximates a real tidal potential.

We will now consider the linear stability of the ground state. All quantities are decomposed into their value in the basic state

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indicated by an index zero and a perturbation which is considered to be small: \( \rho = \rho_0 + \rho \), \( \mathbf{u} = \mathbf{u}_0 + \mathbf{u} \), \( P = \rho_0 + p \), and \( \Phi_{\text{self}} = \Phi_0 + \Phi \). The linearized equations are:

\[
\begin{align*}
\partial_t \mathbf{u} + (\mathbf{u}_0 \cdot \nabla) \mathbf{u} + (\mathbf{u} \cdot \nabla) \mathbf{u}_0 + 2\mathbf{\Omega}_\rho \times \mathbf{u} &= -\frac{1}{\rho_0} \nabla p + \frac{\rho}{\rho_0^2} \nabla \rho_0 + \nabla \Phi \quad (9) \\
\partial_t \rho + \nabla \cdot (\rho \mathbf{u}) + \rho \Phi &= 0.
\end{align*}
\]

We will restrict ourselves to well mixed ground states \( \rho_0, p_0 \) of constant entropy in atmospheres characterized by an adiabatic exponent \( \gamma \), and only allow perturbations of the ground state which obey the adiabatic equation of state, so that \( \nabla \rho_0 = \frac{\rho_0}{\gamma \rho_0} \nabla \rho_0 \) and \( p/p_0 = \gamma \rho/p_0 \) for small deviations \( \rho, p \) from the ground state. The right hand side of the linearized Euler equation then simplifies according to \( \nabla \left( \frac{\rho}{\rho_0} \right) = -\frac{\rho}{\rho_0^2} \nabla \rho_0 + \frac{\rho}{\rho_0} \nabla p \).

The equation of continuity is next simplified by invoking the anelastic approximation. This approximation is valid if the density deviations from \( \rho_0 \) are small and if velocities are small compared with the speed of sound. The latter condition is violated at the surface of a star or a planet where the speed of sound tends to zero. The validity of the anelastic approximation has already been discussed in detail in the more restricted scope of eigenmode calculations as they will be done below. It appears that the region where the anelastic approximation fails is too small to modify global results such as inertial mode frequencies (Ivanov & Papaloizou 2010), so that we shall adopt the anelastic approximation from here on.

The linear stability problem is now reduced to

\[
\begin{align*}
\partial_t \mathbf{u} + (\mathbf{u}_0 \cdot \nabla) \mathbf{u} + (\mathbf{u} \cdot \nabla) \mathbf{u}_0 + 2\mathbf{\Omega}_\rho \times \mathbf{u} &= \nabla \psi \\
\nabla \cdot (\rho \mathbf{u}) &= 0 \\
(10)
\end{align*}
\]

with \( \psi = \frac{\rho}{\rho_0} + \Phi \). We will solve these equations subject to the boundary condition \( \mathbf{n} \cdot \mathbf{u} = 0 \) on the ellipsoidal surface (1). These boundary conditions describe a solid wall in a laboratory experiment, \( \partial_t \mathbf{w} \), \( \partial_t \mathbf{v} \), \( \partial_t \mathbf{w} \). All variables \( x, y, z \) are the spatial degree or latitudinal wavenumbers. The variables \( x, y, z \) and \( u, v, w \) are the \( x, y, z \) components of \( \mathbf{u} \), respectively. For simplification we consider only the case \( c = R = \sqrt{a^2+b^2+c^2}/2 \). It will become plausible below that a change in \( c \) will not cause substantial changes. This restriction to certain ellipsoidal shapes will simplify the calculations below. In these new variables, Eq. (11) becomes after omitting primes

\[
\begin{align*}
\frac{\partial \mathbf{u}}{\partial t} + \mathbf{u} \cdot \nabla \mathbf{u} + \mathbf{v} \cdot \nabla \mathbf{w} + 2\mathbf{\Omega}_0 \times 
abla \psi &= 0, \\
\frac{\partial \rho}{\partial t} + \nabla \cdot (\rho \mathbf{u}) &= 0,
\end{align*}
\]

where \( \mathbf{u}, \mathbf{v}, \mathbf{w} \) are the \( x, y, z \) components of \( \mathbf{u}, \mathbf{v}, \mathbf{w} \), respectively. We now use a Galerkin method. We seek solutions to Eq. (16) in the form

\[
\begin{align*}
\mathbf{u} &= \sum_j C_j \mathbf{u}_j e^{i j t}, \\
\psi &= \sum_j C_j \psi_j e^{i j t},
\end{align*}
\]

where the \( \mathbf{u}_j \) are solutions of the unperturbed eigenvalue problem (\( \epsilon = 0 \))

\[
\mathbf{H} \mathbf{u}_j + \nabla \psi_j + 2\mathbf{\Omega} \mathbf{u}_j \Omega = -i \omega \mathbf{u}_j, \\
\nabla \cdot (\rho_0 \mathbf{u}_j) = 0, \\
\mathbf{u}_j \cdot \mathbf{n} = 0 
\]

on the unit sphere. (17)

This is the equation for inertial modes in a sphere. \( j \) is a proxy for the indices \( (n, m_j, k) \) which characterize an inertial mode in a sphere (Greenspan 1968). The variables \( n, m, k \) will be indexed by \( j \) if it is necessary to distinguish different modes and will appear without an index otherwise. \( k \) is the azimuthal wavenumber, and \( n \) is the spatial degree or latitudinal wavenumber (on the surface of the sphere, the pressure distribution is given by the spherical harmonic \( Y_n^k \)). The index \( m \) numbers the eigenvalues for any fixed \( n \) and \( k \) and varies over a finite range. These equations can be solved analytically in the incompressible case (Zhang et al. 2001). They are still separable within the anelastic approximation provided that the density is of the form

\[
\rho_0 = \left( 1 - s^2 - z^2 \right) \rho_0.
\]

Repeating the steps of Wu (2005a), one arrives at an eigenvalue problem for \( \psi \) which is written as a product in the form \( \psi(x_1, x_2, \phi, t) = \psi_1(x_1) \psi_2(x_2) \zeta(\phi, t) \). (\( x_1, x_2, \phi \)) are the ellipsoidal coordinates used in Wu (2005a) and introduced by Bryan (1889). One must be careful to distinguish the index which characterizes the different inertial modes from the index used in Eqs. (20) and (21) which stands for the two coordinates \( x_1 \) and \( x_2 \). In this paragraph we omit the index which characterizes the different inertial modes. The range of the three coordinates is \( x_1 \in [\mu, 1], x_2 \in [-\mu, \mu] \), with \( \mu = -\left( \omega + k \right)/(2(1 + \Omega)) \) and \( \phi \) is the azimuthal angle so that \( \phi \in [0, 2\pi] \). \( \mu \) is half the frequency of the inertial mode with respect to the frame rotating with \( \Omega_0 + \Omega_\rho \) and \( \omega \) is the frequency with respect to the inertial frame. All variables \( X \) (pressure and velocity components) depend on time \( t \) and on the azimuthal angle \( \phi \) through the relation

\[
X \propto \zeta(\phi, t) = \exp\left[i(k \phi - 2\mu \Omega_0 + \Omega_\rho t)\right]
\]

We adopt the convention that \( \mu \geq 0 \) with \( k > 0 \) representing a prograde mode and \( k < 0 \).
a retrograde mode. Modes with denotation \((k, \mu)\) and \((-k, -\mu)\) are physically the same modes so that one can restrict either \(\mu\) or \(k\) to positive numbers and avoid redundancy. It is numerically more accurate to solve for the \(g_i\) defined by \(g_i = \psi_i/(1 - x_i^2)^{3/2}\), \(i = 1, 2\). The eigenvalue problem for the eigenvalue \(l\) and the eigenfrequency \(\nu\) reads

\[
(1 - x_i^2) \frac{d^2 g_i}{dx_i^2} - 2 x_i (|k| + 1) \frac{dg_i}{dx_i} + \frac{2\beta x_i (1 - x_i^2)}{x_i^2 - \mu^2} \frac{dg_i}{dx_i} + \left[ \lambda^2 - \frac{2\beta \mu}{x_i^2 - \mu^2} + \frac{2\beta \mu}{x_i^2 - \mu^2} \right] g_i = 0, \tag{20}
\]

with the boundary conditions

\[
\frac{dg_i}{dx_1}|_{x_1 = 1} = \frac{\lambda^2 + 2\beta[(k\mu - |k|)/|1 - \mu^2|]}{2(|k| + 1)} g_i|_{x_1 = 1} = 0, \tag{21}
\]

\[
\frac{dg_i}{dx_2}|_{x_2 = \mu} = -\text{sgn}(x_2) \sqrt{\frac{(k - |k|\mu)}{1 - \mu^2}} g_i|_{x_2 = \mu} = 0.
\]

And \(\lambda^2 = (|l| + 1) - |k||l| + 1\). In general, both \(\mu\) and \(l\) have to be determined numerically, but for \(\beta = 0\), \(l\) is simply given by \(l = n\).

Once the eigenfunctions are found, we define the scalar product

\[
(u_j, u_i) = \int_V u_j \mu^* \rho_0 \rho_0 \nu rd\nu d\phi dz
\]

which differs from the usual scalar product by the factor \(\rho_0\). The eigenvalues calculated in the anelastic approximation are orthogonal with this scalar product. This can be proven along the same lines as the proof for the orthogonality of inertial modes in the incompressible case (Greenspan 1968).

We substitute (17) in (16) and multiply this equation by \(\rho_0 u_j\). We obtain the system

\[
(f - \omega_j) C_j N_j^2 + \epsilon (f + k_j) \sum_i V_{ij} C_i = 0, \tag{23}
\]

\[
N_j^2 = (u_j, u_j), \quad V_{ij} = (T u_j, u_i).
\]

We assume the \(u_j\) to be normalized so that \(N_j^2 = 1\). We proceed on the assumption that \(V_{ij} \neq 0\) only for \(n_j = n_i\) and \(k_j \pm 2k_i \pm 2\). The latter condition can be proven in general by noting that the dependence of the variables on the azimuthal angle is given by \(\exp(\ik \phi)\). The first condition is less obvious. It was proven analytically by Kerswell (1993) for incompressible fluids. This proof can not simply be adapted to the compressible fluids. This can be proven along the same lines as the proof for the orthogonality of inertial modes in the incompressible case (Greenspan 1968).

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Based on the above, we can infer that the elliptical instability comes from an interaction of the modes with azimuthal wavenumber \(k\) and \(k + 2\), whereas the spatial degree \(n\) must be the same for the interacting modes. Modes in resonance will be written as \((k, \mu)\) and \((k, \pm 2)\) and the spatial degree \(n\) will be stated separately.

Application of perturbation theory to (23) with the small parameter \(\epsilon\) leads to the inviscid growth rate \(\sigma_{\text{inv}}\)

\[
\sigma_{\text{inv}}^2 = \frac{(-2)^2 V_{ij}^2 (k - k_j) + \delta \omega^2 + 4\epsilon V_{ij} q_j q_j}{4(1 - \epsilon^2 V_{ij}^2)} \tag{24}
\]

with \(\delta \omega = \omega_i - \omega_j\), \(V_{ij}^2 = V_{ij}^2 \cdot V_{ij}\), and \(q_j = -2\mu_j\). Eq. (24) is the same as Eq. (3.5) of Gledzer & Ponomarev (1992). It follows from this equation that instability is possible only if \(|\delta \omega| \leq O(\epsilon)\).

Viscosity is included heuristically in our calculations by adding a damping rate to \(\sigma_{\text{inv}}\). Two different expressions are used, one for the growth rate with free slip boundaries, \(\sigma_{\text{fs}}\), and one for no slip boundaries, \(\sigma_{\text{ns}}\). The two approximations are

\[
\sigma_{\text{fs}} = \sigma_{\text{inv}} - g_1 n(n + 1) Ek \tag{25}
\]

\[
\sigma_{\text{ns}} = \sigma_{\text{inv}} - g_2|1 + \Omega\| \sqrt{Ek} - g_1 n(n + 1) Ek, \tag{26}
\]

where \(g_1\) and \(g_2\) are constants on the order of 1 which in this paper are always chosen as \(g_1 = g_2 = 1\), \(n\) is the spatial degree of the two interacting modes and \(Ek\) is the Ekman number. Equation (26) contains two dissipative terms. The second one corresponds to dissipation in the bulk, whereas the first one is due to friction inside Ekman layers at the boundaries. The first term is usually computed in the frame of reference in which the boundaries are at rest and expressed in multiples of the rotation rate of that frame, yielding decay rates of inertial modes of the form \(g_1 \sqrt{Ek}\) with \(g_2\) typically between 0.1 and 1 (Greenspan 1968). Transformed to the frame of reference and the unit of time used in Eq. (14), the decay rate is \(g_2|1 + \Omega\| \sqrt{Ek}\) with \(Ek = v/(\Omega_0 + \Omega_0)\) and \(v\) the viscosity. In many standard applications of rotating fluid mechanics, \(n\) and \(Ek\) are both small enough for the term in \(\sqrt{Ek}\) to dominate. For free-slip boundary conditions on the other hand, only the bulk dissipation must be considered. We use \(n(n + 1)\) in the bulk damping term, because the velocity field of an inertial mode contains on the surface only the spherical harmonic \(Y_0^0\). Assuming this is a reasonable approximation to the inertial mode at any radius \(r\), and using

\[
\nabla^2 Y_0^0(\Theta, \phi) = \frac{-(n + 1)}{r} Y_0^0, \tag{27}
\]

one justifies the formula for \(\sigma_{\text{fs}}\) (Lorenzani 2001).

3. Numerical implementation

We used numerical methods to calculate the growth rates according to Eq. (24). We first calculate the frequencies for \(\beta = 0\) of inertial modes in a sphere by solving Eq. (29) from Wu (2005a)

\[
\frac{dp_n(x_i)}{dx_1}|_{x_1 = \mu} = -\frac{k}{1 - \mu^2} p_n'(x_1)|_{x_1 = \mu} \tag{28}
\]

by bisection. We use these eigenvalues together, with the corresponding eigenvalues \(l\) as starting values for a shooting method to solve Eq. (20). As noted in Wu (2005a), “the number of eigenmodes remains conserved when \(\beta\) varies, with a close one-to-one correspondence between modes in different density profiles”. So we increment \(\beta\) in steps of 0.1 and use the eigenvalues of the foregoing \(\beta\) as an initial point for the shooting method. The integration of the ODE was done by use of a Runge Kutta Cash-Karp method of fifth order with an adaptive stepsize control. Because the endpoints of the ODE for one variable are both singular points, we used the method of shooting to a fitting point (Press et al. 1992).

The next step is to calculate the integrals for Eq. (24). We only have to consider the modes which satisfy the resonance condition. Through a simple calculation the condition for the frequency detuning \(\delta \omega\) can be made more precise: Instability is possible only if \(|\delta \omega| < 4\epsilon + 2\epsilon^2\).
Finally we want to solve the integrals $V_{i,j}$ by Gaussian quadrature. It is not feasible to calculate these integrals in the ellipsoidal coordinate space $(x_1, x_2, \phi)$ because in these coordinates the limits of integration depend on the eigenfrequencies, and for the integration of $V_{i,j}$ we consider two wave functions with in general two different eigenfrequencies. Therefore we perform the integration in $(s, z, \phi)$ space. The scalars $\psi_1$ and $\psi_2$ were obtained at several points $x_1$ and $x_2$ by the numerical integration of the ODE (20). The final integrations were performed using Gaussian quadrature with Gauss-Legendre abscessias and weights with a resolution of 50 points in both $s$ and $z$ directions. The integration in $\phi$ direction can be performed analytically. We know $x_1(s, z)$ and $x_2(s, z)$ and obtain $\psi_1(x_1(s, z), x_2(s, z)) \psi_2(x_1(s, z), x_2(s, z))$. The scalars $\psi_1$ and $\psi_2$ were obtained at some points $x_1$ and $x_2$ which in general do not coincide with the points we need for the Gaussian quadrature. Therefore we need the scalars $\psi_1, \psi_2$ at arbitrary points $x_1, x_2$. This was accomplished by a cubic-spline interpolation.

4. Results

We start by investigating the effect of compressibility on individual inertial modes and the growth rate of triad resonances. We will first consider inviscid flows and include viscous effects at the end of this section.

Figure 3 shows the dispersion relation for $k = -1$ and $k = 1$ for incompressible fluids and for $\beta = 18$. As expected, compressibility modifies the inertial mode frequencies. There is a noteworthy distinction between the cases $kq > 0$ and $kq < 0$ in that the modes with the frequency $q$ with the smallest absolute value at any given $n$ always occurs for $kq < 0$. These low frequency modes will become relevant later on.

The mode frequencies change continuously with $\beta$ so that individual modes can be tracked as a function of $\beta$. Figures 1 and 2 shows a few examples of triads with $(k_i, k_j) = (-1, 1)$. It can be seen that a chosen triad may lead to instability or not depending on $\beta$. A variation of $\beta$ modifies both the structure and frequency of the inertial modes and hence the integrals in $V_{i,j}$ and $\delta \omega$ in Eq. (24). As expected from this equation, the positive growth rates in Figs. 1a and 2a are found around the $\beta$ for which $\delta \omega = 0$. Figures 1b and 2b give the variation of $\delta \omega$ with $\beta$ and demonstrate the effect of compressibility on mode frequencies.

The case $|k| = 1$, $n = 2$ is exceptional because it corresponds to the purely toroidal motion in the spin-over mode. All toroidal modes have no radial velocity component, which implies for a radially dependent background density profile $\rho_0$ that $\rho_0$ drops from the continuity equation $\nabla \cdot (\rho v u) = 0$. The density profile $\rho_0$ then disappears completely from the eigenvalue and stability problems, so that $\beta$ does not affect the growth rate or the $\delta \omega$ in the triad ($-1, 1$) with $n = 2$. In addition, these two modes are the only ones in exact resonance with $\delta \omega = 0$ at $\beta = 0$. It will now be argued that while the properties of inertial modes depend on compressibility, the stability of the flow as a whole does not. For an inviscid fluid, the two control parameters apart from $\beta$ determining stability are the ellipticity of the deformation, $\epsilon$, and the ratio of the rotation rates $\Omega$ defined below Eq. (24). The tidal flow is unstable if any two inertial modes form a triad with positive growth rate. Since there is an infinity of modes, a computational search for instability is necessarily restricted to a finite subset. Figure 4a and b is the result of a scan of all modes with $|k| \leq 10$ and $n \leq 40$. These two panels display the maximum growth rate found in this subset for the chosen $\epsilon$ as a function of $\Omega$ for different $\beta$. Inertial modes appear only within a limited band of frequencies, so that resonances are impossible in the interval $-3/2 < \Omega < -1/2$ (Craik 1989). Figure 4 shows a part of the complementary interval by way of example. The various curves appear to have a common envelope $\sigma_{iul}$ given by

$$
\sigma_{iul} = \frac{(3 + 2\Omega)^2}{16(1 + \Omega)^2} \epsilon.
$$

This expression stems from the calculation of the inviscid growth rate in an incompressible, infinitely extended fluid (Miyazaki et al. 1995). Some deviations remain between Eq. (29) and the computed maximum growth rates in Fig. 4. However, these deviations become smaller and smaller if larger numbers of eigenmodes are included in the search for unstable triads. This can already be seen by comparing panels a and b of Fig. 4: Fig. 4b is for the smaller $\epsilon$. For a given subset of allowed eigenmodes, fewer pairs of modes will meet the criterion $|\delta \omega| \leq O(\epsilon)$ required by Eq. (24) for the smaller $\epsilon$, so that larger deviations remain between the envelope and the computed maximum growth rates. It is plausible to assume that the deviations will entirely disappear if all inertial modes are taken into consideration.

We thus arrive at the picture that the stability limit does not depend on $\beta$, but $\beta$ determines which modes are unstable. We will now compute the spatial degree $n$ of the most unstable modes. A resonance can only occur if two modes $i$ and $j$ have frequencies such that $\omega_i - \omega_j < O(\epsilon)$. For a smaller $\epsilon$, we expect for purely statistical reasons that a larger pool of eigenmodes is necessary to find any resonance and that the unstable modes
have a higher \( n \) for smaller \( \epsilon \). Because \( \omega_j = (1 + \Omega)q_i - k_i \) for all \( i \), the frequencies \( q_i \) and \( q_j \) have to obey

\[
q_i - q_j = \frac{k_i - k_j}{1 + \Omega} + \frac{1}{1 + \Omega} O(\epsilon),
\]

(30)

In other words, if there is a mode at frequency \( q_j \), it can only form an unstable triad if there is another mode with a frequency in an interval of size \( O(\epsilon)/(1 + \Omega) \) centered around \( q_j + (k_i - k_j)/(1 + \Omega) \). Let us first consider the case of small \( |\Omega| \), so that \( q_j - q_j \approx k_i - k_j + O(\epsilon) \). All eigenmode frequencies obey \( |q_i| \leq 2 \). Assuming that these frequencies are statistically uniformly distributed over the interval available for inertial modes, and that the matrix elements appearing in Eq. (24) do not systematically vary with frequency, one will find on average one resonance with positive growth rate among a number \( N \) of modes proportional to \( 1/\epsilon \). Only a finite number of modes exist with \( n \) smaller than some limit \( L \); for every \( n \) and \( k \), there are \( n - |k| \) modes if \( k \neq 0 \) and \( n - |k| \) modes if \( k = 0 \). For every \( n \), the index \( k \) has to obey \( |k| \leq n \) so that there are \( n^2 - 1 \) modes of spatial degree \( n \) and \( N(L) \) modes exist with \( n \leq L \), with \( N(L) \) given by:

\[
N(L) = \sum_{n=1}^{L} (n^2 - 1) = \frac{1}{6} L(L + 1)(2L + 1) - L.
\]

(31)

For large \( L \), one has \( N \propto L^3 \), and in order for these modes to contain a resonance, one needs \( L \propto \epsilon^{-1/3} \), independently of \( \Omega \) or \( \beta \). The smaller the deformation \( \epsilon \), the higher the typical spatial complexity of the modes involved in resonances.

Figure 5 verifies this scaling. This figure has been obtained as follows: At fixed \( \epsilon \), 20 equidistant points have been chosen in the interval of \( \Omega \) ranging from \(-0.45 \) to \( 0.5 \). For every point, we determined the triad with the mode with the smallest \( n \) for which the growth rate is at least \( 0.1 |\sigma_{ad} | \) and \( 0.8 |\sigma_{ad} | \). This minimal \( n \), averaged over all points, is \( \langle n \rangle \) and is shown in Fig. 5 as a function of \( \epsilon \). The averaging procedure is intended to remove the occasional outlier which occurs if a mode with a very low \( n \) happens to be part of a growing triad. The average \( \langle n \rangle \) is rather a measure of the minimum \( n \) that is typically necessary to obtain a resonance with a given \( \epsilon \). As expected from the argument above, \( \langle n \rangle \propto \epsilon^{-1/3} \) for small \( \epsilon \).

We now turn to the case of large \( |\Omega| \) in Eq. (30). For \( |\Omega| \) tending to infinity, \( q_i - q_j \) tends to zero. At the same time, we see from Eq. (24) that positive growth rates are only possible for \( q_i q_j < 0 \), so that \( q_i \) and \( q_j \) both have to go to zero as \( 1/|\Omega| \) if \( |\Omega| \) goes to infinity. Figure 3 shows that \( n \) must be large enough to find any eigenvalue with an absolute value below some prescribed bound. This yields a minimal spatial degree \( n_{\text{min}} \) necessary to find a resonance at a given \( \Omega \). The corresponding mode frequency needs to lie in the appropriate interval of size \( O(\epsilon)/(1 + \Omega) \) for a positive growth rate. This additional condition is possibly met only for \( n \) larger than \( n_{\text{min}} \).

We therefore need a relationship between the smallest frequencies and the spatial degrees of the modes. As already stated the frequencies of inertial modes in a uniform density sphere
can be calculated according to Eq. (29) from Wu (2005a), see Eq. (28).

For large $n$ the asymptotic expansion (Abramowitz & Stegun 1972)

$$P_n^k(\cos \theta) = \frac{\Gamma(n + k + 1)}{\Gamma(n + 3/2)} \left( \frac{1}{2} \sin \theta \right)^{-1/2} \times \cos \left( n \frac{\theta}{2} - \frac{\pi}{4} + \frac{k\pi}{2} \right) + O(n^{-1})$$

holds. We set $\mu = \cos(\theta)$ and $\theta = \pi/2 + \epsilon_w$ with $\epsilon_w$ small for $\mu$ small. A short calculation shows that for small $\mu$ and large $n$, Eq. (28) is equivalent to

$$-k \cos \left( n \frac{\theta}{2} \right) \epsilon_w + \frac{(n + k)\pi}{2} = \left( n + \frac{1}{2} \right) \sin \left( n \frac{\theta}{2} \right) \epsilon_w + \frac{(n + k)\pi}{2}.$$  (33)

For $n + k$ even this gives

$$\epsilon_w \approx \frac{-k}{(n + \frac{1}{2})} \quad \text{for} \quad \left( n + \frac{1}{2} \right) \epsilon_w \to 0$$  (34a)

and for $n + k$ odd

$$\epsilon_w \approx \pm \frac{h\pi}{2(n + \frac{1}{2})} \quad \text{for} \quad \left( n + \frac{1}{2} \right) \epsilon_w \to \pm h\pi.$$  (34b)

where $h$ is an integer. For large $n$ and small $k$ the $\mu$ with the smallest absolute value tends towards zero as $k/(n + 1/2)^2$. We can classify these modes as “slow modes”, because if the frequency of modes on any other branch of the dispersion relation in Fig. 3 tends to zero, it does so only in $1/(n + 1/2)$. We thus have to distinguish two cases when computing $n_{\min}$: the growing resonance is either between two slow modes, or at least one of the two inertial modes involved is not a slow mode. In the latter case, $n_{\min} \propto |\Omega|$, whereas in the former case, $n_{\min} \propto \sqrt{|\Omega|}$. However, since $|k_1 - k_2| = 2$, and choosing the indices such that $k_2 > k_1$, a resonance between slow modes can only occur if $k_1 = -1$ and $k_2 = 1$, and from (30) we can deduce that $\Omega$ must be negative.

In summary, we expect $n_{\min} \propto \Omega$ for positive $\Omega$, and for negative $\Omega$, too, except when modes with frequencies of approximately $k/(n + 1/2)^2$ can resonate with each other.

Figure 4 proves this scaling to be correct for positive $\Omega$. We find $n_{\min} = d_\Omega |\Omega|$, with a prefactor $d_\Omega$ which depends on $\beta$. We can deduce from that figure that $d_\Omega = 3.5$, and 10 for $\beta = 0$, 2.8, and 18, respectively. Some points lie above the line $n_{\min} = d_\Omega |\Omega|$ because some modes with spatial degree $n_{\min}$, even though their frequency is small enough, do not find another mode to resonate with. For negative $\Omega$ (Fig. 7), one also finds points below $n_{\min} = d_\Omega |\Omega|$. These correspond to resonances between two slow modes and always involve the azimuthal wavenumbers $k_1 = -1$ and $k_1 = 1$. Since $\Omega > 0$ in most applications, we will use $n_{\min} = d_\Omega |\Omega|$ in the estimation of dissipation effects below.

We have up to here considered ideal fluids only. The remainder of this section will deal with viscous effects. Figure 8 shows the maximum growth rate if dissipation is heuristically taken into account according to Eqs. (25) and (26). The dissipation for no slip boundaries formally depends on $n$. However, at the Ek and $n$ under consideration, the first term corresponding to friction at boundaries dominates and it is independent of mode structure. Therefore, the maximum growth rates in Fig. 4 are the same as before except for a downward shift, and are given by $\sigma_{\text{ud}} = -g_1 l + |\Omega| \sqrt{Ek}$. Instability is expected if $\sigma_{\text{ud}} < g_1 l + |\Omega| \sqrt{Ek} > 0$, independently of $\beta$. Values of $c$ depend on the inertial modes and may vary by an order of magnitude, but since the uncertainties on $Ek$ are in practice much larger, there is little incentive to determine the prefactor $c$ more accurately.

Free slip boundary conditions allow only bulk dissipation and are more complicated because dissipation now increases.
Fig. 6. Minimum value of n, \( n_{\text{min}} \) as a function of \( \Omega \) for various \( \epsilon \) and positive \( \Omega \). (a) \( \beta = 2.8 \) and \( \beta = 18 \) and (b) \( \beta = 0 \).

Fig. 7. Same as in Fig. 6 but for negative \( \Omega \).

with \( n \). This puts a natural limit to the spatial degrees \( n \) it is useful to consider, which restricts altogether the number of modes suitable for instabilities because \( |k| \leq n \) and there is only a finite number of modes for a given \( k \) and \( n \). If one includes more and more eigenvalues in the stability analysis, the curve of the maximum growth rate approaches a smooth curve of the same type as \( \sigma_{\text{ad}} \) up to some approximation, until additional modes suffer from such a high damping rate that they can not improve the maximum growth rate any more.

The precise stability limit now depends on the structure of the unstable modes and hence on \( \beta \) and \( \Omega \), but as an estimate, we can take the growth rate for free slip boundaries to be the inviscid growth rate reduced by the decay rate of modes with the expected spatial degree, for which we may reasonably take \( (n) \) for small \( |k| \) and \( n_{\text{min}} \) for large \( |k| \), or as a formula interpolating between these two limits, \( n = d_1 |k| + d_2 \epsilon^{-1/3} \). For the parameters of Fig. 8, only the term in \( d_2 \epsilon^{-1/3} \) is important and one arrives at

\[
\sigma_{\text{ad}} = \sigma_{\text{ad}} - d_2^2 \epsilon^{-2/3} E_k, \tag{36}
\]

which is again independent of \( \beta \). From Fig. 8a, we deduce that \( d_2 \) is roughly 3.35.

5. Examples: Io’s tides on Jupiter, the binary system V636 Centauri and the Earth

The results from the previous section are used for three examples. We consider the 0.85 \( M_\odot \) secondary as the perturbing object within the binary system V636 Centauri, the terrestrial core in the Earth Moon system, and the tides on Jupiter raised by Io.

The choice of the correct boundary conditions is generally ambiguous. For the Earth’s core it is clear that no-slip boundary conditions apply. The choice for the two remaining examples is not so clear. One finds in the literature arguments both in favor of no slip (Tassoul 1987, 1995; see also Tassoul & Tassoul 1997) as well as free slip boundary conditions (Rieutord 1992, 2008; see also Rieutord & Zahn 1997).

An even bigger problem is how to deal with additional fluid motion, such as convection, on which the tides are superimposed. The simplest approach is to ignore such motions, which is certainly justified if their amplitudes is much smaller than the amplitude of the tidal flow. Another approach consists in introducing a turbulent viscosity. However, turbulence modeling is always uncertain, and according to at least one well established turbulence model, elliptical instability is enhanced and not suppressed under some circumstances (Fabijonas & Holm 2003). When using a turbulent viscosity for the present problem, one has to deal with the unusual situation that one needs to compute the damping of a motion with a period which is typically shorter than the turn over time of the turbulent eddies. Several authors (Wu 2005b and in a similar form Ogilvie & Lin 2007) have used the following expression for the turbulent viscosity \( \nu_t \)

\[
\nu_t \sim \nu_{cv} l_{cv} \frac{1}{1 + (\omega_{hdc} \tau_{cv}/(2\pi))^{s_c}}, \tag{37}
\]

where \( \nu_{cv}, l_{cv}, \) and \( \tau_{cv} \) are the characteristic convection velocity, mixing length, and turnover time and \( \omega_{hdc} = 2|\Omega| \) is the frequency of the tidal forcing. \( s_c \) is a constant, generally \( s_c = 1 \).
or $s_c = 2$ is used. Goldreich & Nicholson (1977) and Goodman & Oh (1997) suggested that $s_c = 2$, while Zahn (1977) argues for $s_c = 1$. For tides faster than $\tau_{cv}$, one expects a turbulent viscosity proportional to $v_{cv}$ and a mixing length given by the distance traveled by particles during one tidal period, $l_{cv} = T_l / \tau_{cv}$, with $T_l = 2\pi / \omega_{halo}$, which corresponds to $s_c = 1$ in Eq. (37). Numerical simulations by Penev et al. (2009) confirm this expectation, but because of limited spatial resolution they were not able to simulate reliably the case of $T_l \ll \tau_{cv}$, the regime for which $s_c = 2$ has been proposed.

That $s_c = 2$ should be used at small tidal periods is in accordance with results from Ogilvie & Lesur (2012). Therefore we use $s_c = 2$ for the case $T_l \ll \tau_{cv}$ and $s_c = 1$ for $T_l \gtrsim \tau_{cv}$. In order to apply Eq. (37), one needs numbers for $v_{cv}$ and $l_{cv}$. The mixing length is estimated by $l_{cv} \approx H$, with $H = \frac{\partial \rho}{\partial p} \approx \frac{r^3/\alpha}{2\rho}$. The density scale height. Therefore an order of magnitude estimation gives $l_{cv} \sim \frac{R_i}{\sqrt{\dot{M}/\alpha \rho}}$. The convective velocity is approximated by $v_{cv} \approx (F/\rho)^{1/3}$, with the energy flux $F = L/(4\pi R_i^2)$ and $R_i$ the radius of the central body. An order of magnitude for $v_{cv}$ is therefore obtained by using $v_{cv} \approx (3R_i^2 F/(4m_c))^{1/3}$, with $m_c$ the mass of the central body. Finally, $\tau_{cv} = l_{cv}/v_{cv}$.

Table 1 lists the three examples the growth rate for an inviscid fluid, and the damping rates computed for molecular and turbulent viscosities. In the no slip case the damping rate $D$ is given by $D \approx \frac{v}{\Omega_{spin}} R_i^2$ according to Eq. (26). We neglect the volume damping term because $\Omega$ and $E_{kin}$ are small enough in both cases. In the free slip case, $E = \frac{\dot{\rho} v^2}{2}$ according to Eq. (36). For $d_2$ we choose 3.35, the value extracted from Fig. 8a. We neglect the terms which are relevant if $\Omega$ is large (see the last paragraph in Sect. 4) because $\Omega$ is small enough in both cases. The ellipticity is calculated according to

$$\epsilon = \left(1 + \frac{a_{cv}}{a_{spin}}\Omega_{spin} R_i^2\right)^{1/3}$$

for $m_p$ the mass of the perturbing body and $a_{cv}$ the distance between the central and the perturbing body. The Ekman number is calculated according to

$$E_k = \frac{v}{\Omega_{spin} R_i^2}$$

with $R_E = R_{cv}$ the radius at the edge of the outer conducting region in the case of the Earth and the Jupiter-Io system and $R_E = R_i$ in the case V636 Centauri and $\Omega_{spin} = \Omega_E + \Omega_i$.

Instability is expected if the inviscid growth rate exceeds the viscous damping in Table 1. Table 2 summarizes the result of different modeling assumptions. In practice, the turbulence model decides on whether instability is predicted or not. Unfortunately, we have no turbulence model we can safely rely upon.

6. Conclusion and discussion

We computed the linear stability limit of tidal flow within the anelastic approximation through a perturbation calculation in...
Table 2. Summary of the stability characteristics of the flow for the examples Jupiter-Io (J-I) and V636 Centauri (VC).

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Notes. The boundary conditions (b.c.) are given in the first column (n.s. stands for no slip and f.s. for free slip) and the table headings indicate if only molecular (νb.c.) or turbulent viscosity (νf.s.) has been used in the computation of the viscous damping.

which the small parameter is the deformation of the central body from spherical shape. The instabilities are described as superpositions of two inertial modes of the rotating sphere. The perturbation calculation is tractable if the initially three dimensional problem of the computation of the inertial modes is separable and reduces to the solution of an ordinary differential equation. This is the case if the density profile obeys a power law. For an inviscid fluid, the growth rate of the combination of two chosen modes depends on the density profile, but the growth rate maximized over all possible combinations does not. Furthermore, the maximum growth rate is the same as the one known for elliptical instability in infinitely extended, incompressible fluids. The fact that one finds the same maximum growth rates in so widely different situations justifies some tolerance towards modeling assumptions. For example, we restricted our analysis to density profiles obeying power laws and to the boundary condition that the velocity normal to the boundary be zero at the surface. After the calculations presented here, we expect that different modes will be found to be the most unstable for more realistic assumptions, but that the stability limit of the flow will stay the same. In the same fashion, we do not expect the particular choice of the major axis parallel to the rotation axis in Eq. (14) to affect the stability limit.

We added viscous effects empirically. If friction at a solid boundary dominates dissipation, the stability is easily determined as a function of the rotation rates of the central body and the tidal companion, the tidal deformation, and the Ekman number. If on the other hand bulk dissipation dominates, the dissipation depends on the flow structure of the unstable modes and therefore on all details of the model, in particular the density profile. However, dissipation depends mostly on the spatial degree which on average obeys a simple scaling law as a function of tidal deformation, so that an estimate of the stability limit is still possible.

Viscous damping also depends on boundary conditions, and models of an object’s interior help to decide on which approximation to the viscous damping is most accurate. For instance, the dissipation in Ekman layers usually dominates if a solid core is present. However, if one wants to predict the stability limit of a particular astrophysical object, the biggest uncertainty comes from a possible turbulent viscosity. Progress in the calculation of tidal dissipation thus mostly hinges on advances in the treatment of turbulence.

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