Formation of a massive protostar through disk accretion

II. SINFONI integral field spectroscopy of the M 17 silhouette disk and discovery of the associated H$_2$ jet

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ABSTRACT

Context. Recent observational results suggest that high-mass (proto-)stars form in a similar way to low- and intermediate-mass stars, i.e., via disk accretion of gas and dust.

Aims. To further characterize and understand the on-going physical processes associated with a large circumstellar disk, seen as a dark silhouette against the bright background of the M 17 H$\text{II}$ region, we report and discuss new high angular resolution integral field spectroscopy performed in the K-band.

Methods. The data were taken with the Adaptive Optics (AO) supported near-infrared integral field spectrograph SINFONI at ESO’s Very Large Telescope Yepun (VLT UT 4) as part of the science verification of this new instrument.

Results. Based on obtained H$_2$ $\nu=1-0$ S(1) and H$_2$ $\nu=1-0$ S(3) emission maps, we report the discovery of a H$_2$ jet, which apparently arises from the suspected protostellar source(s) located at the very center of the disk. In addition, both diameter (about 4000 AU) and sub-structures of the innermost, densest part of the flared disk are inferred from Br$\gamma$, Br$\delta$, and He I maps.

Conclusions. Because ejection of material through a jet/outflow is always linked to accretion of gas and dust either onto the circumstellar disk or onto the central (protostellar) source(s), the presence of a collimated H$_2$ jet provides indirect but unquestionable evidence for ongoing accretion processes in the case of the M 17 disk. The high mass outflow and accretion rates of $>10^{-7}$ $M_\odot$ yr$^{-1}$ derived from the SINFONI data suggest that a star of rather high mass is forming.

Key words. stars: early-type – stars: formation – stars: pre-main sequence – stars: individual: M 17 silhouette disk – ISM: individual objects: M 17

1. Introduction

Some recent observational results suggest that high-mass stars indeed form in a way similar to low- and intermediate-mass stars, i.e., via disk accretion processes. For example, high angular resolution dust continuum observations at millimeter wavelengths with the IRAM Plateau de Bure Interferometer (PdBI) reveal for the extremely young massive star-forming region IRAS 19410+2336, a protocuster mass distribution that is consistent with the stellar initial mass function (Beuther & Schilke 2004). Therefore, the initial mass function and the final masses of stars are apparently already determined at the time when the initial molecular cloud cores start to fragment. In addition, high angular resolution infrared (IR) imaging of the Galactic H$\text{II}$ regions NGC 3603 and M 17 led to the discovery of high-mass protostellar candidates at the interface between H$\text{II}$ region and adjacent molecular cloud (Nürberger 2003, 2004; Chini et al. 2004; Nürnberg et al. 2005). These observations take advantage of the presence of a cluster of early-type main-sequence stars, which provide a huge amount of energetic photons and powerful stellar winds capable of evaporating and dispersing the surrounding interstellar medium. This way, nearby young stars – which otherwise would be deeply embedded in their natal molecular cloud cores – are set free at a relatively early evolutionary stage and become detectable at near- and mid-IR wavelengths.

Here we want to focus on the M 17 region. We have discovered and characterized a tremendous opaque silhouette against the diffuse homogeneous background emission of the M 17 H$\text{II}$ region (Chini et al. 2004; see Fig. 1, left panel). This silhouette, unambiguously seen in deep near-IR data taken with ISAAC and NAOS-CONICA at ESO’s Very Large Telescope (VLT), is associated with an hourglass shaped nebula and surrounded by a large disrupting envelope. From $^{12}$CO(1–0), $^{13}$CO(1–0), and C$^{18}$O(1–0) data and the adjacent 3 mm continuum data obtained with PdBI, we estimate that the entire disk + envelope system contains a gas + dust mass of up to 110 $M_\odot$. Although
the kinematics of the innermost part of the disk is not properly traced by the CO data due to the limited spatial resolution of \(~7''\) as well as due to the potential confusion by emission from outflowing and infalling material, the millimeter spectroscopy indicates that the disk+envelope system slowly rotates at a velocity of about 0.85 \(\text{km s}^{-1}\). Dynamical considerations concerning the Keplerian rotation of the outer disk yield a mass of about 15 \(M_\odot\) for the central protostar. Because the accretion processes are obviously still active (as suggested by the detection of optical emission lines; Chini et al. 2004) and because the gas reservoir of the disk still allows for substantial mass gain, we argue that in the case of the M 17 silhouette disk a massive protostar is on its way to becoming an O-type star.

In this paper, we report and discuss integral field spectroscopic data of the M 17 silhouette disk that were obtained in the \(K\)-band with VLT + SINFONI. These data allow us to add another important piece to the puzzle of this truly interesting source, and help us to characterize and understand the on-going physical processes.

2. Observations and data reduction

The Adaptive Optics (AO) supported near-IR integral field spectrograph SINFONI (Spectrograph for INtegral Field Observations in the Near-Infrared) is among the newest additions to the ESO Paranal observatory (Eisenhauer et al. 2003aa; Bonnet et al. 2004a; Gillessen et al. 2005). It is mounted on the Cassegrain focus of the VLT Yepun and consists of two main components: a curvature sensing AO module, which is a clone of MACAO (Multiple Application Curvature AO), developed and built by ESO (Bonnet et al. 2003, 2004b), and the near-IR spectrograph SPIFFI (Spectrograph for Infrared Faint Field Imaging), developed and built by the Max-Planck-Institute for Extraterrestrial Physics (MPE, Eisenhauer et al. 2000, 2003b).

The SINFONI data of the M 17 disk (RA = 18:20:26.3, Dec = −16:12:10.1, J2000) presented here were taken as part of the SINFONI science verification program “Protostellar Disks and Envelopes” (PI D. Nürnberger; see Gillessen et al. 2005) during the nights August 13th/14th, August 14th/15th, and August 20th/21st, 2004. We primarily used the 100 mas pixel scale, covering a field of view of about \(3'' \times 3''\) with 32 pixel \(\times 64\) pixel of 100 mas \(\times 50\) mas each, together with the \(K\)-band grating, which comprises the wavelength range from about 1.95 \(\mu\text{m}\) to 2.45 \(\mu\text{m}\) at the spectral resolution of about 0.5 nm (dispersion of 0.25 nm/pixel). In addition, a few data were taken with the same grating in the 250 mas pixel scale mode (field of view of about \(8'' \times 8''\) with 32 pixel \(\times 64\) pixel of 250 mas \(\times 125\) mas each).

AO curvature sensing was performed on the reference source SAO 161357 (RA = 18:20:27.64, Dec = −16:12:01.1, J2000; \(V = 9^m7, J = 6^m9, H = 6^m0, K = 5^m8, L = 5^m7, M = 5^m5\)), which is located at the distance of 21''3 towards the east of the science target. For proper sky subtraction, immediately after each observation of the science target we observed a reference sky position, applying the fixed offset \(\Delta \alpha = −100''\) and \(\Delta \delta = −45''\). The detector integration times (DITs) were 300 s, both for the on-source (target) and the off-source (sky) position. In total, 13 target-sky pairs of high image quality were obtained on a manually applied spatial jitter pattern. Additionally,
each night the telluric standard Hip 091130 (RA = 18:35:20.47, Dec = −22:05:27.3, J2000) was observed with the same strategy (auto-jitter pattern, fixed sky offset) as for the science exposures of the M 17 disk, to correct for telluric features and to flux-calibrate the data. However, both telluric line corrections and flux calibrations should be treated with caution as the observations suffered from sky variability as well as from thin cirrus clouds passing through.

Dark frames, lamp flats, and arcs (taken with SINFONI’s internal Neon and Argon lamp for the purpose of wavelength calibration) were obtained through the SINFONI scientific calibration plan. Individually for each target-sky pair, all basic steps of data reduction (flat-fielding, sky subtraction, bad pixel and atmospheric distortion correction) as well as the wavelength calibration were performed with the SINFONI data reduction pipeline. Finally, the merging of the fully reduced and wavelength calibrated data cubes of the M 17 disk was performed within IRAF.

3. Results and discussion

To provide a finding chart for the SINFONI data, we use high angular resolution $K_s$-band data (wavelength coverage is $\lambda_s = 2.18 - 0.175 \mu m$) previously obtained with VLT + NAOS-CONICA. The image displayed in the left panel of Fig. 1 is centered on the suspected protostellar source(s) located at the very center of the silhouette disk. It shows a field of view of roughly $27'' \times 27''$, which corresponds to about 60 000 AU $\times$ 60 000 AU at the adopted M 17 distance of 2.2 kpc. The pixel scaling of $0.02''$ allows Nyquist sampled imaging at an angular resolution of less than $0.1''$ (at $2.2 \mu m$ the diffraction limit of a 8 m telescope is 57 mas). The area of the VLT + SINFONI study is also indicated.

On the right side of Fig. 1 (panels a–f), we present the results of the SINFONI science verification study of the M 17 silhouette disk. These individual line maps were extracted from the 100 mas data cube, each covering a field of view of about $4'' \times 3''$, i.e., 10 560 AU $\times$ 7 920 AU. The spatial sampling is $0.05''$ in right ascension and $0.1''$ in declination. The bandwidth is $0.5 \mu m$, corresponding to one spectral resolution element, centered on the line peak. In the upper left corner of each panel the corresponding (observed) wavelength and the atomic/molecular line designation are denoted. The position of the suspected central protostellar source(s) – for comparison, see the NACO data on the left side of Fig. 1 – is indicated. We emphasize that continuum emission (as determined from adjacent image planes) has been subtracted.

In Fig. 2 we also provide line maps extracted from the data cube taken with the 250 mas pixel scale. Each of them shows a field of view of about $14'' \times 18'', which corresponds to about 30 800 AU $\times$ 41 360 AU. The individual panels (a–f) are arranged similar to the corresponding ones of Fig. 1.

3.1. The $H_2$ jet

3.1.1. Morphology

The images produced from the $H_2$ $v = 1$–$0$($S$) ($\lambda = 2.1221 \mu m$) and $H_2$ $v = 1$–$0$($S$)($3$) ($1.9577 \mu m$) emission clearly reveal a sequence of $H_2$ knots, apparently tracing a collimated jet that emanates from the suspected protostellar source(s) located at the very center of the disk. Its position angle is about $228^\circ$, i.e., almost perpendicular to the orientation of the disk plane (position angle $\sim 148^\circ$). The small deviation of $10^\circ$ from perpendicularity is significant, and may suggest precession of the jet around the rotation axis of the disk. Both in the $H_2$ $v = 1$–$0$($S$)($1$) and the $H_2$ $v = 1$–$0$($S$)($3$) lines, as well as in the $H_2$ $v = 2$–$1$($S$)($1$) ($\lambda = 2.2478 \mu m$) line, a faint emission blob is marginally detected just to the west of the disk center. This emission blob might represent the onset of the $H_2$ jet.

Three knots – marked A, B, C in panels c and e of Fig. 1 – of $H_2$ emission are detected at separations of about $0''.72$, $1''.17$, and $1''.50$ (corresponding to about 1580 AU, 2570 AU, and 3300 AU, respectively) from the disk center. However, as obvious from the 250 mas data presented in Fig. 2 (panels c and e), faint $H_2$ can be found at distances up to $3''.6$ (7920 AU) from the disk center. We note that the potential head of the jet approximately coincides (by chance) with rather strong, point-like $H_2$ emission, indicated in Fig. 2 (panels a, c, and e). This point-like emission almost disappears after appropriate continuum subtraction (not shown in Fig. 2) and has an unambiguous counterpart in the NACO broad-band $K_s$ image (Fig. 1, left panel). Therefore, we believe that it mostly consists of continuum emission that arises from a foreground/background star unrelated to the $H_2$ jet.

No counter jet has been found on the other side of the circumstellar disk. This is not surprising as any potential counter jet is ejected straight in the direction of the neighboring main-sequence OB stars, which is expected to be mostly void of interstellar material as it is exposed to strong stellar winds and ionizing photons. Any counter jet might possibly not find (dense) enough interstellar material to disclose its identity by shock-excited $H_2$ emission. In addition, ejected material by itself is eventually affected (deflected and squeezed back to the disk surface) by the incoming wind and ionization front. In fact, this picture might be corroborated by optical and near-IR imaging data (see Fig. 4 of Chini et al. 2004), showing a bipolar reflection nebula that (integrated over all wavelengths) appears much more compact on the OB stars facing side than on the other side of the disk.

Because ejection of material through a jet/outflow is always linked to accretion of gas and dust either onto the circumstellar disk or onto the central (protostellar) source(s), in the case of the M 17 disk the presence of the $H_2$ jet provides indirect but unquestionable evidence for ongoing accretion processes. This conclusion is in agreement with the findings from optical spectra of the bipolar reflection nebula (Fig. 5 of Chini et al. 2004), which exhibits several emission lines – e.g., Hr, the Ca II 8498 Å, 8542 Å, and 8662 Å triplet and the He I 6678 Å line – indicative of the accretion of material from the inner disk onto the central star.

3.1.2. Physical parameters

In Table 1 we list the measured $H_2$ line intensities for each of the three knots. Our data set yields detections of the $1$–$0$($S$)($1$) and $1$–$0$($S$)($3$) $H_2$ lines towards all three knots A, B, and C. The $1$–$0$($S$)($1$)/$1$–$0$($S$)($3$) intensity ratios are around unity and below, which might suggest that shocks are the most likely excitation mechanism. However, the upper limits derived for the $2$–$1$($S$)($1$) line, which are about $60$–$90$% of the $1$–$0$($S$)($1$) line intensities, are not exceedingly meaningful to constrain rotational excitation temperatures and the excitation mechanism. From the literature it is well known that fluxes in the $2$–$1$($S$)($1$) line are typically $10$–$20$% compared to those in the $1$–$0$($S$)($1$) line for shock-excited molecular gas (e.g., Caratti o Garatti et al. 2006; Gredel 2006). In contrast, in case of excitation by UV fluorescence and subsequent decay through a cascade of ro-vibrational transitions, the same flux ratio is expected to reach values of $50%$ and beyond.
Fig. 2. Selected line maps extracted from the SINFONI data cube taken with the 250 mas pixel scale. The spatial sampling is 0.725 in right ascension and 0.725 in declination. Each image comprises a field of view of about 14′0.0 × 18′8, corresponding to about 30 800 AU × 41 360 AU at the adopted M 17 distance of 2.2 kpc. The individual panels a)–f) are arranged similarly to the corresponding ones of Fig. 1. At the top of each panel the corresponding wavelength and atomic/molecular line designation is denoted. The position of the suspected protostellar source(s) at the disk center is indicated by a cross. In panels a), c), and e), an arrow indicates a foreground/background star, which is by chance located in the direction of the H$_2$ jet. In panel b) we also overplot a sketch that is meant to help the reader with the orientation of the M 17 silhouette disk (thick straight lines) and of its rotation axis (thin dashed line). The walls of the outflow cavities are outlined by thin straight lines; in particular, one should notice the wider opening angle of the outflow cavity on the north-east side of the disk, facing the nearby main-sequence O type stars. The orientation of the H$_2$ jet is marked by the thick arrow pointing towards the south-west of the disk; the deviation from the rotation axis of the disk is obvious and most likely explained by precession of the jet. The proposed precession cone is outlined by thin dotted lines.

Parameters as derived from the SINFONI data

The reddening is generally determined from the ratio of two ro-vibrational lines that share the same upper level. For such (e.g., Black & Dalgarno 1976; Black & van Dishoeck 1987; Draine & Bertoldi 1996). Therefore, we cannot rule out excitation by fluorescence.

Nevertheless, without having deeper spectra at hand to detect the H$_2$ 2–1 S(1) line, we will first take the 2–1 S(1) upper limits at face value and use them for the derivation of physical parameters. Afterwards, we will probe the validity of this assumption and of the obtained results by explicitly replacing the upper limits for the 2–1 S(1) line by fluxes corresponding to 10–20% (shock-excited H$_2$; case A) and 50% (fluorescently excited H$_2$; case B) of those measured in the 1–0 S(1) line for each knot.
Table 1. Physical parameters derived from the observed H$_2$ line emission.

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<th>Knot A</th>
<th>Knot B</th>
<th>Knot C</th>
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<tr>
<td>$d$ [arcsec]</td>
<td>0.72</td>
<td>1.17</td>
<td>1.50</td>
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<td>$J(H_2)$ [2–1]</td>
<td>$1.4 \times 10^{-18}$</td>
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<td>$&lt;8.4 \times 10^{-19}$</td>
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<tr>
<td>$S/N$ [σ]</td>
<td>~3</td>
<td>~3</td>
<td>~3</td>
</tr>
<tr>
<td>$A_K$ [mag]</td>
<td>14.6</td>
<td>6.7</td>
<td>0.4</td>
</tr>
<tr>
<td>$F(H_2)$ [αL] [3.6]</td>
<td>$5.8 \times 10^{-11}$</td>
<td>$5.9 \times 10^{-11}$</td>
<td>$&lt;3.5 \times 10^{-11}$</td>
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<tr>
<td>$\mathcal{L}(H_2)$ [L$_\odot$] [3.6]</td>
<td>8.8</td>
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Notes: a Measured from the disk center; b highly uncertain, as based on upper limits for the H$_2$ ν = 2–1 S(1) line fluxes (see detailed discussion in the text); c extinction corrected.

Finally, some words on the reliability of the estimated physical parameters of the jet. As is obvious from the $S/N$ values provided in Table 1, the measured line intensities are quite weak. They should be considered uncertain by a factor of 2 due to imperfectness of the data reduction and data calibration (see Sect. 2). This uncertainty basically propagates in the subsequent derivation of all other parameters. The reliability of the estimated mass outflow/accretion rate mostly depends on the underlying assumptions as discussed above. E.g., when keeping all other parameters unchanged, a variation of the K-band spectral index by ±0.1 (i.e., from −0.82 to −0.62) would yield (pure H$_2$) mass outflow/accretion rates in the range $M_{\text{out}} \sim 6 \times 10^{-6} - 2 \times 10^{-4} M_\odot$ yr$^{-1}$ and $M_{\text{acc}} \sim 2 \times 10^{-5} - 7 \times 10^{-4} M_\odot$ yr$^{-1}$, respectively.

Much larger uncertainties are introduced by the use of upper limits for 2–1 S(1) line fluxes. While keeping all other parameters unchanged, what happens if we replace the 2–1 S(1) upper limits by fluxes corresponding to either 10–20% (shock-excited H$_2$; case A) or 50% (fluorescently excited H$_2$; case B) is not considered to be of the order of 1% for the bolometric luminosity of the disk. The derived H$_2$ mass outflow rates and mass accretion rates are still rather high, i.e., about $M_{\text{out}} \sim 4 \times 10^{-2} M_\odot$ yr$^{-1}$ and $M_{\text{acc}} \sim 1 \times 10^{-3} M_\odot$yr$^{-1}$. As derived from the rotation diagram, the excitation temperatures would drop to about 4700–6000 K.

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Much larger uncertainties are introduced by the use of upper limits for 2–1 S(1) line fluxes. While keeping all other parameters unchanged, what happens if we replace the 2–1 S(1) upper limits by fluxes corresponding to either 10–20% (shock-excited H$_2$; case A) or 50% (fluorescently excited H$_2$; case B) is not considered to be of the order of 1% for the bolometric luminosity of the disk. The derived H$_2$ mass outflow rates and mass accretion rates are still rather high, i.e., about $M_{\text{out}} \sim 4 \times 10^{-2} M_\odot$ yr$^{-1}$ and $M_{\text{acc}} \sim 1 \times 10^{-3} M_\odot$ yr$^{-1}$. As derived from the rotation diagram, the excitation temperatures would drop to about 4700–6000 K.
On the one hand, these considerations demonstrate that the usage of 2–1 $S(1)$ upper limits leads to valid conclusions, i.e., reasonable (and strict) lower limits of mass outflow rates and mass accretion rates. On the other hand, the large uncertainties in the line fluxes very severely limit the determination of excitation temperatures. In any case, inferred excitation temperatures of 8600–12700 K are too high if the emission were to arise from shock-excited gas. While recent observations show that a small fraction of shock-heated gas may be at temperatures above 5000 K, the bulk emission arises from gas at temperatures of typically 2000 K (Gredel 2006; Caratti o Garatti et al. 2006). However, our significant overestimation of excitation temperatures might (in part) also be caused by the relatively small range in excitation energies – 8365 K, 6956 K, and 12 550 K for 1–0 $S(3)$, 1–0 $S(1)$, and 2–1 $S(1)$, respectively – of the corresponding upper ro-vibrational levels of the studied H$_2$ lines.

3.2. The silhouette disk

Through the direct comparison of the NACO and the SINFONI data, it is evident that the picture derived from the Br $\gamma$ ($\lambda = 2.1664 \mu m$), He I (2.0591 $\mu m$), and Br $\delta$ (2.1664 $\mu m$) line emission closely resembles that obtained from the broadband K$\alpha$ emission. The silhouette disk is seen almost edge-on and shows a flared character. Even more than in the continuum, the silhouette of the disk is seen in absorption against the extended Br $\gamma$, He I, and Br $\delta$ background emission. Given the relatively small field of view of the SINFONI data (both 100 mas and 250 mas data sets) in comparison to that of the NACO data, we lack a suitable reference position to reliably measure the (unabsorbed) background emission arising from the M 17 H II region. Therefore, we do not attempt to derive a dust extinction map from the SINFONI data. Instead, we refer to the recent work of Steinacker et al. (2006), who have done a detailed modeling of the NACO data of the M 17 disk.

From both the NACO and the SINFONI data sets, we derive a diameter of about 4000 AU (15") for the innermost densest part of the disk. Furthermore, in the SINFONI data it also appears shaped wing-like which is most likely caused by slight inclination (about 10°) of the disk plane against the line-of-sight. A similar scenario has been discussed recently by Smith et al. (2005 in particular, see their Figs. 1g and 2) for the newly discovered giant silhouette disk d216-0939 located north of the Orion Nebula and northwest of M 43. The plane of this disk is obviously inclined against the plane of the sky by roughly 83°, resulting in an overall morphology (wing-like, flared, etc.) very similar to the M 17 silhouette disk.

An alternative explanation for the wing-like shape of the M 17 silhouette disk might be given by the external pressure which is exerted on the disk surface by both ionizing photons and strong winds originating from the nearby main-sequence OB stars of the M 17 cluster. A similar wing-like appearance can be reproduced by numerical model calculations of externally illuminated and photoevaporated protostellar disks (Richling & Yorke 1998, e.g., see their Figs. 6 and 9). In the same sense, the outflow cavity towards the north-east (i.e., on the OB stars facing side of the disk) apparently has a much wider opening angle than the outflow cavity towards the south-west (i.e., on the side of the disk opposite the OB stars). This points towards a stronger interaction of outflowing material with the incoming wind/ionization front on the disk side that is directly exposed to the nearby massive main-sequence stars. The counter outflow might be less affected by these interactions as it is largely shielded by the disk.

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