

A new luminous supersoft X-ray source in NGC 300

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ABSTRACT

Context. We report the discovery of a new luminous supersoft source, XMMU J005455.0–374117, in the nearby spiral galaxy NGC 300, in *XMM-Newton* observations performed on 2005 May 22 and on 2005 November 25. The source is not present in *ROSAT* data nor in the previous *XMM-Newton* observations of 2000 December/2001 January. The unique luminous supersoft source, XMMU J005510.7–373855, detected in the 1992 May/June *ROSAT* data and in the 2000/2001 *XMM-Newton* data, fell below detectability. This source already appeared highly variable in *ROSAT* observations.

Aims. We report on the temporal and spectral analysis of this new supersoft source (SSS) and compare its properties with the previous known SSS.

Methods. We present the light curves of the SSS, model its spectrum and estimate the corresponding flux and luminosities.

Results. The light curve of XMMU J005455.0–374117 does not show large fluctuations in any of the observations and its spectrum can be modelled with an absorbed blackbody with $kT \sim 60$ eV. The corresponding bolometric luminosity is $8.1^{+1.4}_{-4.5} \times 10^{38}$ erg s⁻¹ in the first observation and drops to $2.2^{+0.5}_{-1.4} \times 10^{38}$ erg s⁻¹ six months later. No optical source brighter than $m_V \sim 21.7$ mag is found coincident with its position.

Conclusions. The luminosity of these two SSSs is higher than what has been found for “classical” SSSs. Their nature could be explained by beamed emission from steady nuclear burning of hydrogen onto white dwarfs, or accretion onto stellar-mass black hole with matter outflow or observed at high inclination angle. The presence of an intermediate-mass black hole seems unlikely in our case.

Key words. galaxies: individual: NGC 300 – X-rays: galaxies – X-rays: binaries

1. Introduction

Supersoft sources (SSSs) were first discovered in the Large Magellanic Cloud with the *Einstein* Observatory (Long et al. 1981), including the two prototypes CAL83 and CAL87. SSSs are characterised by very soft thermal spectra, with temperatures typically below 100 eV, and have bolometric luminosities in excess of 10^{36} erg s⁻¹. These sources can be divided into two groups. The first one includes the “classical” SSSs, which are characterized by bolometric luminosities in the range 10^{36} – 2×10^{38} erg s⁻¹. The most promising model to explain the flux emitted from such SSSs was proposed by van den Heuvel et al. (1992) to be a steady nuclear burning of hydrogen accreted onto white dwarfs with masses in the range of 0.7–1.2 M_{\odot} . These sources are fairly common: 57 sources have been catalogued by J. Greiner¹ up to 1999 December, but since then many more were discovered in distant galaxies by *XMM-Newton* and *Chandra* (see below). The second group includes SSSs for which the luminosity exceeds the Eddington limit for a 1.4 M_{\odot} compact object, therefore excluding unbeamed emission from steady nuclear burning of hydrogen accreted onto a white dwarf. These sources are much less common. For ultraluminous SSSs, i.e., SSS with bolometric luminosities exceeding 10^{39} erg s⁻¹, models involving intermediate-mass black holes (Kong & Di Stefano 2003; Swartz et al. 2002; Kong et al. 2004) or stellar-mass black holes with matter outflow (Mukai et al. 2005) have been invoked.

According to Greiner et al. (2004), 25 SSSs have been discovered in M 31 of which a large fraction (30%) are found to be transient sources, with turnoff and turnon times of the order of a few months. Their luminosities are in the range 10^{36} – 10^{38} erg s⁻¹. Di Stefano & Kong (2003) found 16 SSSs in M 101, 2–3 in M 51, 10 in M 83 and 3 in NGC 4697. Of these sources, 11 have bolometric luminosities $>10^{38}$ erg s⁻¹, from which six are brighter than 10^{39} erg s⁻¹. In M 81, Swartz et al. (2002) found 9 SSSs, including two with bolometric luminosities $>10^{38}$ erg s⁻¹ and one $>10^{39}$ erg s⁻¹. According to Di Stefano & Kong (2003), normal SSSs in spiral galaxies appear to be associated with the spiral arms. The most luminous SSSs, however, have been found either in the arms, bulge, or disk (Swartz et al. 2002), as well as in halos (Di Stefano et al. 2003). SSSs have been found either in spiral (e.g. M 31, M 101, M 83, M 81, M 104, and NGC 300), elliptical (e.g., NGC 4697), interacting (e.g., M 51 and NGC 4038/NGC 4039, i.e., the Antennae) or irregular galaxies (e.g., LMC and SMC).

In this paper we report the discovery of a luminous ($>2 \times 10^{38}$ erg s⁻¹) SSS, XMMU J005455.0–374117, in the spiral galaxy NGC 300. This galaxy is a normal dwarf galaxy of type SA(s)d located at a distance of ~ 1.88 Mpc (Gieren et al. 2005). The galaxy is seen almost face-on and has a low Galactic column density ($N_{\text{H}} = 3.6 \times 10^{20}$ cm⁻²; Dickey & Lockman 1990). The major axes of its D_{25} optical disk are 13.3 kpc and 9.4 kpc ($22' \times 15'$; de Vaucouleurs et al. 1991). NGC 300 was observed by *ROSAT* between 1991 and 1997

¹ <http://www.aip.de/jcg/sss/ssscat.html>

for a total of 46 ks with the Position Sensitive Proportional Counter and 40 ks with the High Resolution Imager. One SSS, XMMU J005510.7–373855, was present in these observations (Read et al. 1997). This source was visible in 1992 May and June but not in 1991 December (Read & Pietsch 2001). The spectrum was well described with a thermal bremsstrahlung model with $kT \sim 0.1$ keV (Read et al. 1997).

More recently, we observed NGC 300 with *XMM-Newton* during its orbit 192 (2000 December 26; 37 ks on source time) and orbit 195 (2001 January 1; 47 ks on source time). The results of these observations have been presented by Carpano et al. (2005). A deep analysis of the SSS XMMU J005510.7–373855 as seen in these observations was also performed by Kong & Di Stefano (2003). These authors report that during the 6 days between the two *XMM-Newton* pointings the source went from a “high state” to a “low state”, and that a 5.4 h periodicity was found during the low state. More information about this source will be given in Sect. 4. Recently, *XMM-Newton* re-observed NGC 300 on 2005 May 22 (orbit 998) and on 2005 November 25 (orbit 1092), for 35 ks each.

In this paper, we focus on the analysis of a new SSS, which was present in the 2005 *XMM-Newton* observations, and compare its properties with the previously known SSS. For simplicity, we will refer to XMMU J005510.7–373855 as SSS₁ and XMMU J005455.0–374117 as SSS₂ in this work. Section 2 describes the observations and the reduction of the *XMM-Newton* data. In Sect. 3 we present the spectral and timing analysis of SSS₂. We discuss the nature of these SSSs in Sect. 4 and conclusions are given in Sect. 5.

2. Observations and data reduction

For the 2005 May and November *XMM-Newton* observations, the EPIC-MOS (Turner et al. 2001) and EPIC-pn (Strüder et al. 2001) cameras were operated in their full frame mode with the medium filter. The EPIC-pn camera was centered on the previously known SSS₁ ($\alpha_{J2000.0} = 00^{\text{h}}55^{\text{m}}10^{\text{s}}.7$ and $\delta_{J2000.0} = -37^{\circ}38'55''.0$). The data reduction was identical to that used in our analysis of the previous *XMM-Newton* observations (Carpano et al. 2005), except that version 6.5.0 of the *XMM-Newton* Science Analysis System (SAS) and recent calibration files were used. After screening the MOS data for proton flares using the standard procedures described by the *XMM-Newton* team, a total of 30 ks of low background data remained for revolution 998. The same good time intervals were then also used for the EPIC-pn data, leaving 26 ks of low background. No high background was present in the data of orbit 1092 where the exposure time was of 36 ks for the MOS and 31 ks for the pn data.

Using the SAS `edetect_chain` task, which performs a maximum likelihood source detection, SSS₂ is detected with a likelihood of 5.2×10^3 in the combined observations of orbits 998 and 1092. Following Carpano et al. (2005), we improve the X-ray positions by cross correlating positions between X-ray sources and their optical counterparts. The revised coordinates of the source are $\alpha_{J2000.0} = 00^{\text{h}}54^{\text{m}}55^{\text{s}}.0$ and $\delta_{J2000.0} = -37^{\circ}41'17''.0$, with an uncertainty of $0''.64$.

3. Timing and spectral analysis of SSS₂

Figure 1 shows the combined MOS/pn images centered on SSS₂ taken during *XMM-Newton* observations (revolution 192 and 195, 998, and 1092). SSS₂ is located close to the center of the

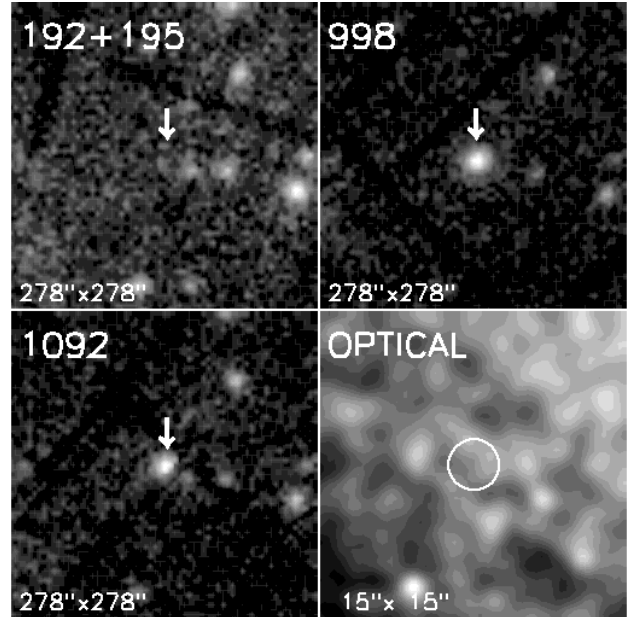


Fig. 1. $278'' \times 278''$ images of SSS₂, in the 0.2–2.0 keV band from the different *XMM-Newton* observations (revolution 192+195, 998, and 1092) and $15'' \times 15''$ optical image centered on the X-ray position of the source (the circle represents the 2σ uncertainty of the X-ray position).

galaxy, at a projected distance of ~ 0.24 kpc. We also show the combined BVR optical image of the field taken with the 2.2 m MPG/ESO telescope on La Silla. See Carpano et al. (2005) and Schirmer et al. (2003) for a description of the optical data and their reduction.

SSS₂ was clearly visible in revolutions 998 and 1092 but not in revolutions 192 and 195, where the detection limiting luminosity is $\sim 1.3 \pm 0.6 \times 10^{36}$ erg s⁻¹ and $\sim 1.1 \pm 0.5 \times 10^{36}$ erg s⁻¹, respectively (assuming a blackbody model with $kT \sim 60$ eV and $N_{\text{H}} = 10^{21}$ cm⁻², with a 4σ confidence level). On the other hand, SSS₁ was detected in revolution 192 and 195 (Kong & Di Stefano 2003) but not in the last two revolutions where the detection limiting flux is of $\sim 1.2 \pm 0.6 \times 10^{36}$ erg s⁻¹ in both cases. SSS₂ has not been detected in any of the 5 *ROSAT* observations, although it would have been detectable in the first four *ROSAT* observations (where the detection limit was $< 3.3 \pm 1.1 \times 10^{37}$ erg s⁻¹) if it had had a luminosity similar to what has been found in the *XMM-Newton* data. In the optical images, including data from the Optical Monitor on *XMM-Newton*, no counterpart has been found to be bright enough to coincide with either of the SSSs and nor does the SIMBAD catalogue list possible counterparts. Because SSS₂ is located close to the center of NGC 300, the optical detection limit is high: 21.7 mag, 21.7 mag, 21.4 mag in the *B*, *V*, and *R* band respectively. For SSS₁, located in one of the spiral arms of the galaxy, no optical counterpart brighter than $m_{\text{V}} = 24.5$ mag coincides with the source, therefore excluding the presence of an O or early B companion star (see Carpano et al. 2005, for the optical field around the source).

Figure 2 shows the light curve of SSS₂ in revolutions 998 and 1092. Periods of high background have been excluded from the data. The light curve does not present large fluctuations. To test the significance of the source variability, we fit a constant value to the light curves (binned to 1000 s), and, from the resulting χ^2 (9 for 18 d.o.f., in rev. 998, and 31 for 33 d.o.f., in rev. 1092), we find that the source is variable with a probability

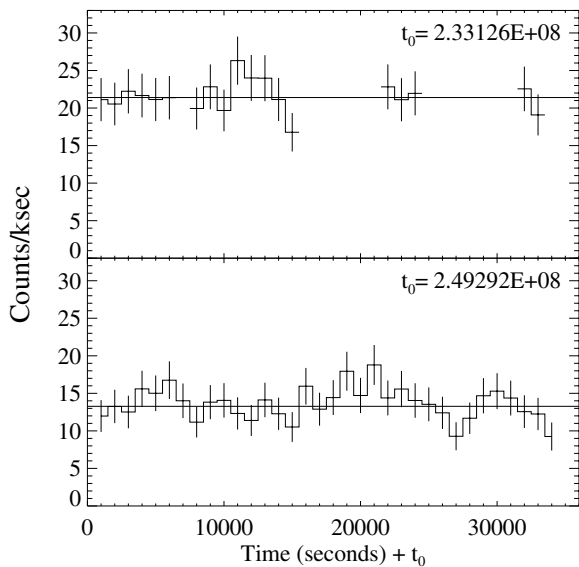


Fig. 2. MOS and pn 0.2–2.0 keV light curve of SSS₂ in revolution 998 (top) and 1092 (bottom). Periods of high background have been excluded from the data. The horizontal line shows the fitted mean value. Times given are barycentric and measured in seconds from 1998 January 1 (MJD 50814.0).

of 5% and 42%, for revolution 998 and 1092, respectively. Using periodograms and epoch-folding, no short-time periodic signal was found on timescales from 5 s to 30 ks.

Figure 3 shows the spectra and the best fit spectral model of SSS₂ for revolutions 998 and 1092. The data were binned to have at least 35 counts in each energy bin. Results of the spectral fits, the corresponding 0.2–2 keV flux absorbed luminosities, and the bolometric luminosities are given in Table 1. During revolution 1092 SSS₂ is situated on an EPIC-pn CCD gap. For this observation the flux/luminosities are calculated from the MOS1 data alone. We tried to describe the data with several spectral models, including bremsstrahlung, power-law, blackbody and disk blackbody. The blackbody and disk blackbody are the only models that provide a reasonable value for the reduced χ^2 , ($\chi^2_\nu < 1.2$). The spectral fit parameters and flux resulting from the disk blackbody model are very similar to that provided by the simple blackbody model. Therefore, for simplicity, we assume the simple blackbody model in the rest of the paper. As suggested by Mukai et al. (2005), we also tried an ionized model for the absorption (implemented in XSPEC as `absori`), but the spectral parameters corresponding to this model cannot be constrained and the best-fit model is a neutral absorber (ionization state $\xi = 0$).

From the results of Table 1 we see that within 6 months the absorbing column slightly decreased (although the associated errors are very large), the temperature increased, and the observed luminosity dropped by a factor of ~ 1.7 .

Bolometric luminosities of supersoft sources are difficult to determine due to the large uncertainty associated with the absorbing column. In our case, a blackbody model associated with photo-electric absorption provides a low χ^2 value ($\chi^2_\nu < 1.05$) and any other suitable model does not significantly change the bolometric luminosity. Using these considerations, we therefore conclude that the high luminosity of SSS₂, which is above the Eddington luminosity of a white dwarf, excludes the presence of unbeamed emission from steady nuclear burning of hydrogen accreted onto a white dwarf. In the next section we discuss the models that could explain the nature of the SSSs observed

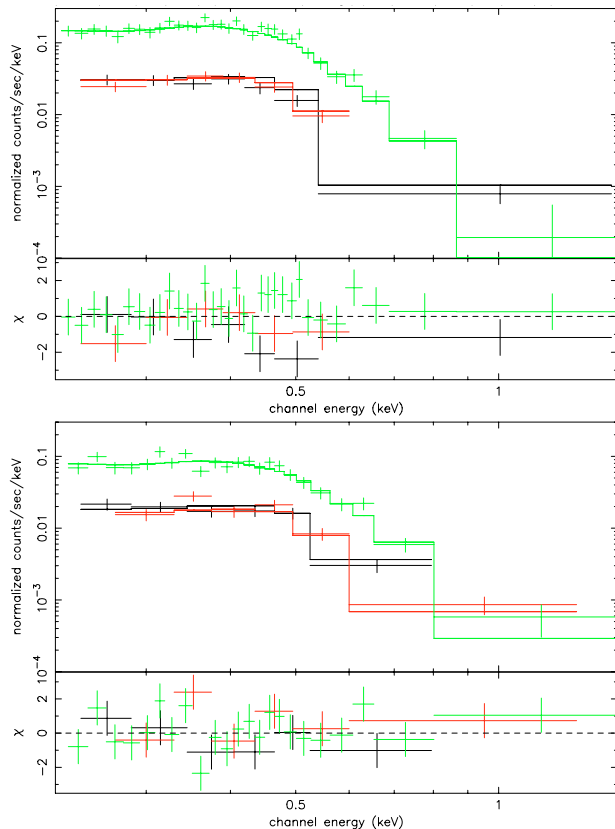


Fig. 3. pn and MOS spectra of source SSS₂ observed in revolution 998 (top) and 1092 (bottom), and the best fit spectral model. Bottom of each spectrum: residuals expressed in σ .

in NGC 300 after summarizing the information we have on the previously known SSS₁.

4. The nature of SSS₁ and SSS₂

4.1. What do we know about SSS₁?

SSS₁ is a transient source: the observed luminosity changed by at least a factor of ~ 35 (we measured an observed luminosity of 4×10^{37} erg s⁻¹ while the *XMM-Newton* detection threshold is $\sim 1.2 \times 10^{36}$ erg s⁻¹). The source has been detected in the *ROSAT* data of 1992 May/June (Read & Pietsch 2001) and in the *XMM-Newton* data of 2002 December/2001 January (Kong & Di Stefano 2003; Carpano et al. 2005). In the highest luminosity state, the source could have been observed in the *ROSAT* data of 1991 November/1992 January, 1994 June and 1995 May, and certainly in the *XMM-Newton* observations of 2005 May and November. The source has thus been detected in two epochs spaced by ~ 8 years. Kong & Di Stefano (2003) performed a deep analysis of the source and found it to be very luminous (10^{38} – 10^{39} erg s⁻¹) and very soft ($kT \sim 60$ eV). Using the most recent calibration files, we re-evaluated the bolometric luminosity of SSS₁ to $6.2^{+1.3}_{-3.9} \times 10^{38}$ erg s⁻¹ in revolution 192 and $3.3^{+0.7}_{-2.0} \times 10^{38}$ erg s⁻¹ in revolution 195, at a confidence level of 99%.

Read & Pietsch (2001) reported that the count rate of SSS₁ in 1992 May (7.4 ± 0.8 cts ks⁻¹) is equivalent to that of 1992 June (7.5 ± 0.8 cts ks⁻¹). This result suggests that the duration of the outburst decline is several months and that the decrease in luminosity within the 6 days separating the two first *XMM-Newton* observations is just a short term flux

Table 1. Results of the spectral fits for SSS₂, using an absorbed blackbody model (phabs+bbbody, in XSPEC), where N_{H} is the column density of neutral hydrogen, kT the temperature and $\chi^2_{\nu}/\text{d.o.f.}$ is the reduced chi-square and the number of degrees of freedom. The corresponding 0.2–2 keV flux, and absorbed luminosities, as well as the bolometric luminosities, are shown in the last three columns. Uncertainties are given at a 90% confidence level, except for the bolometric luminosity, where they are at 99%.

Source (rev.)	$N_{\text{H}}(\times 10^{20} \text{ cm}^{-2})$	kT (eV)	$\chi^2_{\nu}/\text{d.o.f.}$	$F_{0.2-2}$ (cgs)	$L_{0.2-2}^{\text{obs}}$ (cgs)	L^{bol} (cgs)
SSS ₂ (998)	$8.02^{+2.20}_{-1.53}$	54^{+3}_{-4}	1.03/43	$1.18^{+1.07}_{-0.96} \times 10^{-13}$	$4.99^{+4.54}_{-4.06} \times 10^{37}$	$8.12^{+1.39}_{-4.47} \times 10^{38}$
SSS ₂ (1092)	$5.82^{+1.97}_{-2.39}$	62^{+6}_{-4}	1.16/31	$0.71^{+0.39}_{-0.49} \times 10^{-13}$	$3.01^{+1.66}_{-2.07} \times 10^{37}$	$2.21^{+0.45}_{-1.40} \times 10^{38}$

modulation. In the light curve of SSS₁ during revolution 195, there are two luminosity decreases lasting ~ 5 ks, separated by ~ 20 ks. Using a Lomb-Scargle periodogram analysis (Lomb 1976; Scargle 1982), Kong & Di Stefano (2003) claim that the modulation present in the light curve is periodic at a confidence level $>99.9\%$ and conclude that this periodicity could be associated with the orbital period of the system. Assuming white noise variability, however, is not an adequate assumption for X-ray binaries where many systems show strong variability on timescales of hours. Using the Monte Carlo approach of Benlloch et al. (2001), we re-evaluated the confidence level assuming a red-noise process instead of pure white noise. We found that the 5.4 h period is significant only at the 68% confidence level. Much longer observations than the existing ones are therefore required to be able to associate the 5.4 h feature with some periodic signal, which might or might not be related to the orbital period of the system.

The properties of SSS₁ make it a very similar source to SSS₂. They both can be modelled with absorbed blackbodies with a temperature of ~ 60 eV, they both present transient behaviour, and their maximal bolometric luminosities observed in X-rays are in both cases close to $10^{39} \text{ erg s}^{-1}$. The SSSs in NGC 300 therefore have a luminosity in their high state that classifies them as intermediate between the well-known ‘‘classical’’ SSSs and the ultraluminous SSSs. As we discussed in Sect. 1, this kind of system has not been well studied and only a few such sources have been reported. Orio (2005) observed a variable SSS in M 31, r3-8, with a luminosity in the high state at $\sim 6 \times 10^{38} \text{ erg s}^{-1}$. Two other SSSs were observed in M 81 and one in M 101 (Swartz et al. 2002; Di Stefano & Kong 2003), all with $L_{\text{bol}} \sim 4 \times 10^{38} \text{ erg s}^{-1}$. The few observations of these SSSs, however, cannot establish a possibly transient behaviour nor the highest luminosity levels reached by the sources.

4.2. Interpretations for the high and soft state of the sources

The most natural explanation for these SSSs would be a steady nuclear burning of hydrogen accreted onto a white dwarf (WD). However, as shown in the previous section, the bolometric luminosity is above the Eddington limit for a $1.4 M_{\odot}$ compact object ($1.82 \times 10^{38} \text{ erg s}^{-1}$). To explain the nature of the variable ultraluminous supersoft X-ray source in the Antennae, Fabbiano et al. (2003) suggested beamed emission from nuclear burning onto a WD, with a beaming factor, $b = L/L_{\text{sph}} = 0.01$, where L_{sph} is the inferred isotropic luminosity of the blackbody and L the true source luminosity. They suggest that the most likely cause of the anisotropy would be a warping of the accretion disk. In our case the beaming factor would be only of ~ 0.25 .

Another model, suggested by Kong & Di Stefano (2003), Kong et al. (2004), and Swartz et al. (2002) to explain the luminous SSS(s) present in NGC 300, M 101 and M 81, respectively, is the presence of an intermediate-mass black hole in the source.

Assuming a blackbody model, with $kT \sim 60$ eV, a luminosity of $1 \times 10^{39} \text{ erg s}^{-1}$, and assuming that the X-ray emission comes from the innermost stable orbit, Kong & Di Stefano (2003) estimate the mass of the black hole to $\sim 2800 M_{\odot}$. For our SSS, this hypothesis seems very unlikely: when observed in the ‘‘high’’ state, this massive black hole would emit only at $<0.3\%$ of its Eddington limit ($3.64 \times 10^{41} \text{ erg s}^{-1}$), and much lower in the quiescent state. However, as reported by Nowak (1995) for stellar-mass black holes, below a few percent of the Eddington luminosity, the sources are dominated by hard non-thermal emission and soft emission is only observed once the source luminosity increases by several percent of the Eddington luminosity.

Another model was suggested by Mukai et al. (2003) and Fabbiano et al. (2003) to explain the SSS ULX in M 101 and in the Antennae, respectively. In this model, when material is accreted above the Eddington rate, the excess of matter is ejected from the inner part of the disk. The electron scattering opacity induced by the wind/outflow involves supersoft blackbody emission from a photosphere of $10^8\text{--}10^9$ cm. King & Pounds (2003) re-analysed this model in more detail: assuming a radial outflow with an outflow rate \dot{M}_{out} in a double cone occupying a solid angle $4\pi b$, at a constant speed, they showed that the outflow is Compton-thick for $\dot{M}_{\text{out}} \sim \dot{M}_{\text{Edd}}$. This result is true for $b \sim 1$, when scattering of photons from the sides of the outflow is negligible, and for $b \ll 1$, when scattering is dominant. The emission is therefore mainly thermalized and observed as a soft spectral component (King & Pounds 2003). The authors also evaluated the temperature of this soft blackbody component as:

$$T_{\text{eff}} = 1 \times 10^5 g^{-1/4} \dot{M}_1^{-1} M_8^{3/4} \text{ K} \quad (1)$$

where $g(b) = 1/b$ or $1/(2b^{1/2})$ (for $b \sim 1$ or $b \ll 1$), $\dot{M}_1 = \dot{M}_{\text{out}}/(1 M_{\odot} \text{ yr}^{-1})$, and $M_8 = M/10^8 M_{\odot}$, and M is the mass of the accretor. These results confirm the hypothesis and observations of the SSS ULX from Mukai et al. (2003) and Fabbiano et al. (2003). For the SSSs in NGC 300, the accretion rate $\dot{M} = L/(\eta c^2)$, where L is the luminosity and η the radiative efficiency, is $\sim 1.4 \times 10^{-7} M_{\odot} \text{ yr}^{-1}$, if we take a typical value of $\eta = 0.1$. This accretion rate value is not extreme considering that the system is observed in a high/outburst state. Furthermore, assuming the source is close to the Eddington limit, where $\dot{M}_{\text{out}} \sim \dot{M}$, we are able to estimate the mass of the accreting object, using Eq. (1). Fixing the temperature at 60 eV and the luminosity at $8 \times 10^{38} \text{ erg s}^{-1}$, the mass is

$$M = 0.037 \left[\frac{g^{1/4}}{\eta} \right]^{4/3} M_{\odot}. \quad (2)$$

Except for very low values of b ($\lesssim 0.1$), $g^{1/4}$ is between 1 and 2, while η goes from 0.06 for a non-rotating black hole to 0.42 for an maximally rotating black hole. This results in a mass range between $\sim 0.1 M_{\odot}$ and $4 M_{\odot}$, i.e., at the lower limit of the mass range for black holes in our Galaxy.

As a last model, we consider the viewing angle dependence of the emission of supercritical accretion flows

(Watarai et al. 2005), i.e., accretion flows with a mass accretion rate that is so large that the accretion disk becomes geometrically thick due to enhanced radiation pressure. In this case, if the binary system is viewed at high inclination, the outer part of the disk occults its inner parts, such that only the very soft spectrum from the outer disk is observable. For such a flow around a $10 M_{\odot}$ black hole, Watarai et al. (2005) showed that the emitted spectrum resembles a 2 keV blackbody at low inclination angle ($i < 40^{\circ}$) and looks like a 0.6 keV blackbody at $i > 60^{\circ}$. Consequently, when viewed edge-on, such a system will appear very faint. This is also the argument given by Narayan & McClintock (2005) to explain why none of their 20 studied black hole X-ray binaries present eclipses. In our case, although with 60 eV the observed temperature is still lower than in the example given by Watarai et al. (2005) for a $10 M_{\odot}$ black hole, we believe that this model is consistent with our observations. When the outburst state observed in SSS₂ begins to decline, an inner part of the disk would be visible, explaining the harder blackbody component in the spectrum of rev. 1092.

5. Conclusions

We report the discovery of a new luminous supersoft source in the 2005 May *XMM-Newton* observation of NGC 300. The previously known luminous supersoft source detected by *ROSAT* and the previous *XMM-Newton* data was below detectability. This latter source already appeared highly variable in the *ROSAT* observations.

No object in the SIMBAD catalogue is associated with the new SSS, and, from the optical data, no counterpart brighter than ~ 21.7 mag (~ 24.5 mag for the previous known SSS) has been found.

The X-ray spectrum is well described by an absorbed blackbody at temperatures of $kT \sim 60$ eV. The bolometric luminosity, in the highest observed state, is $8.1_{-4.5}^{+1.4} \times 10^{38}$ erg s⁻¹ and dropped to $2.2_{-1.4}^{+0.5} \times 10^{38}$ erg s⁻¹ six months later.

The SSSs in NGC 300 are brighter than “classical” SSSs, for which steady nuclear burning of hydrogen accreted onto white dwarfs has been suggested to explain their nature. They are too faint, however, to be classified as ultraluminous sources. We summarized several possible explanations for their nature. These involve beaming emission from a WD, intermediate-mass black

hole (IMBH) or a stellar-mass black hole with matter outflow or observed at high inclination angle. Except the one including IMBH, which seems unlikely in our case, all models are consistent with our observations.

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