

What can we learn from the surface chemical composition of the optical companions of Soft X-ray transients?

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Abstract. Several evolutionary sequences with low-mass secondaries ($M_d = 1.25, 1.5$ and $1.7 M_\odot$) and black hole accretors ($M_{bh} = 5$ and $10 M_\odot$) are calculated. The angular momentum losses due to magnetic braking and gravitational wave radiation are included. Using full nuclear networks (p-p and CNO cycles) we follow carefully the evolution of the surface composition of the secondary star. We find that the surface chemical composition of the secondary star may give additional information which helps to understand the formation of soft X-ray transients with black holes as accretors. We show that observations of isotope ratios $^{12}\text{C}/^{13}\text{C}$, $^{14}\text{N}/^{15}\text{N}$ and $^{16}\text{O}/^{17}\text{O}$ with comparison to computed sequences allow estimates independent of spectroscopy of the mass of the secondary component. We find that our evolutionary calculations satisfactorily explain the observed $q = M_{sg}/M_{bh} - P_{orb}$ distribution for Soft X-ray transients with orbital periods less than one day. Using our evolutionary calculations we estimate secondary masses and surface chemical abundances (C, N, O) for different systems. We distinguished three different phases in the SXT's evolution. The optical component shows (i) cosmic C, N, O abundances and $^{12}\text{C}/^{13}\text{C}$ isotopic ratio; (ii) cosmic C, N, O abundances but modified $^{12}\text{C}/^{13}\text{C}$ ratio; and (iii) depletion of C and enhanced of N abundances and strongly modified isotopic ratios of C, N, O.

Key words. stars: evolution – X-ray: stars

1. Introduction

In recent years, about a dozen black hole candidates (BHC) with low-mass companion stars have been identified as the so-called soft X-ray transients (SXTs). During the low X-ray luminosity stage (quiescent phase) optical/infrared observations of the optical companion allow the measurement of the mass function and sets a strong lower limit on the mass of the unseen companion

$$f(M_{bh}) = \frac{M_{bh}^3 \sin^3 i}{(M_{bh} + M_{sg})^2} = \frac{K_{sg}^3 P_{orb}}{2\pi G}, \quad (1)$$

where M_{bh} , M_{sg} are the black hole and secondary masses, i is the inclination of the binary orbit, P_{orb} is the orbital period and K_{sg} is the velocity semi-amplitude of the optical component.

If $f(M_{bh}) > 3 M_\odot$, then M_{bh} is larger than the upper limit the gravitational mass of a neutron star (Rhoades & Ruffini 1974) and these compact objects are black holes. The total number of close binaries with a black hole companion in the Galaxy is estimated to be between a few

hundred and a few thousand. Only a small fraction of these systems show X-ray activity (Tanaka & Lewin 1995; Tanaka & Shibazaki 1996).

The most popular scenario for the origin of low-mass X-ray binaries proposes as a starting point a relatively wide binary system with an extreme mass ratio (van den Heuvel 1983). After filling its Roche lobe, the massive primary engulfs its low-mass companion which will spiral-in inside its envelope (common envelope). In the common envelope scenario, if the envelope of the massive star is expelled before the low-mass secondary coalesces with the massive helium core of the primary, then a close binary system forms. Black hole formation occurs due to the collapse of the massive helium core after the ejection of the red supergiant envelope.

The critical question is which stars end their evolution with black hole formation.

For a long time it has been accepted that black holes form from very massive stars (more than 40–50 M_\odot). Recently, observational and theoretical evidence suggest that black holes form from stars with masses above 25 M_\odot

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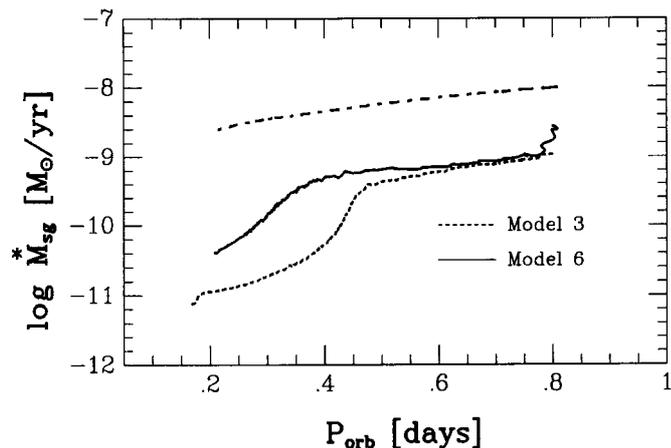


Fig. 1. The evolution of mass accretion rate as a function of the orbital period: dashed line – model 3, solid line – model 6. The critical mass accretion rate computed from Eq. (2) is also shown (dash–dotted line).

(Portegies Zwart et al. 1997; Ergma & van den Heuvel 1998; Ergma & Fedorova 1998; Fryer 1999).

The majority of observed black hole candidates (see Table 1) have orbital periods less than one day. Therefore, the transient nature of BHC systems and short orbital periods put rather strong constraints on the properties of the progenitor systems and hence our understanding of how these systems evolve.

In this paper we would like to show that there is one additional, independent observational piece of evidence – the abundance of CNO elements and their isotopic ratios – which will give us information about the progenitors of SXTs and their evolutionary stage.

2. LMXB evolution – general picture

Following the King et al. (1996) description we discuss three cases of evolution depending on two timescales: 1) nuclear expansion of the secondary on the timescale τ_{ms} and 2) shrinkage of the orbit on the angular momentum loss timescale τ_{aml} . In Case (1) $\tau_{\text{ms}} \ll \tau_{\text{aml}}$, in Case (2) $\tau_{\text{ms}} \gg \tau_{\text{aml}}$, and in Case (3) $\tau_{\text{ms}} \sim \tau_{\text{aml}}$. For Case (1) the secondary evolves as a subgiant (or giant) and transfers mass on the nuclear timescale. The binary is evolving to longer periods and after mass transfer ceases, a wide system with a black hole and a helium white dwarf is formed. A similar evolutionary scenario has been discussed for the formation of wide binary millisecond pulsars with helium white dwarfs (see recent results by Tauris & Savonije 1999). As shown by King et al. (1996) for Case (2) the secondary is an unevolved main-sequence star and the mass transfer rate is always above the limit mass transfer rate (Eq. (2)) for an irradiated disk, i.e. the mass transfer is stable. The binary evolves to short periods (hours) and is observed as a persistent X-ray source. In Case (3), the secondary is evolved before mass transfer starts, but angular momentum losses shrink the binary orbit more

rapidly than it expands and the binary evolves to very short periods (Ergma & Fedorova 1998).

To understand why these sources are transients we use the dwarf nova instability criterion adapted to account for X-ray heating of the disk. King et al. (1997) have realized that heating by irradiation is much weaker if the accreting object is a black hole rather than a neutron star, since the black hole has no hard surface and cannot act as a point source for irradiation. For black hole binaries King et al. (1997) have obtained the following formula for the critical accretion rate:

$$\dot{M}_{\text{cr}}^{\text{irr}} \approx 2.86 \times 10^{-11} M_{\text{bh}}^{5/6} M_{\text{sg}}^{-1/6} P_{\text{orb}}^{4/3} [M_{\odot} \text{ yr}^{-1}]. \quad (2)$$

For $\dot{M} < \dot{M}_{\text{cr}}^{\text{irr}}$ mass transfer is unstable and the source will show transient outbursts. So we may exclude Case (2) in our consideration since for this case the mass transfer rate is stable and the binary is observed as a persistent but not a transient X-ray source.

Ergma & Fedorova (1998) found the bifurcation period P_{bif} , which separates orbital evolution of Case (3) and Case (2) from Case (1), to be about one day. So to have short orbital period systems it is necessary that the secondary fills its Roche lobe (RLOF) with an initial orbital period $P_{i,\text{orb}}$ (RLOF) less than P_{bif} . Also, the mass of the secondary is not arbitrary but must be between 1 and $1.8 M_{\odot}$ to have Case (2) or (3) evolution. Pylyser & Savonije’s (1988) calculations show an absence of Case (2) or (3) evolution for a binary consisting of $M_{\text{bh}} = 4 M_{\odot}$ with an initial donor star mass $\geq 1.7 M_{\odot}$.

3. The evolutionary code

The Roche–filling–component (secondary star) models were computed using a standard stellar evolution code based on the Henyey–type code of Paczyński (1970), which has been adapted to low–mass stars (Marks & Sarna 1998). The carbon–nitrogen–oxygen (CNO) tri–cycle affects the abundance ratios we are interested in outside the hydrogen burning core. As the secondary loses matter, due to mass transfer, layers originally below the surface are exposed. As a consequence of mass loss and nuclear evolution, a convective envelope develops and penetrates to even deeper layers of the star, which are then mixed, changing its surface chemical composition.

Our nuclear reaction network is based on that of Kudryashov & Ergma (1980), who included the reactions of the CNO tri–cycle in their calculations of hydrogen and helium burning in the envelope of an accreting neutron star. We have included the reactions of the proton–proton (p–p) chain. Hence, we are able to follow the evolution of the elements ^1H , ^3He , ^4He , ^7Be , ^{12}C , ^{13}C , ^{13}N , ^{14}N , ^{15}N , ^{14}O , ^{15}O , ^{16}O , ^{17}O and ^{17}F . We assume that the abundances of ^{18}O and ^{20}Ne stay constant throughout the evolution. We use the reaction rates of Fowler et al. (1967, 1975), Harris et al. (1983), Caughlan et al. (1985), Caughlan & Fowler (1988), Bahcall & Ulrich (1988), Bahcall & Pinsonneault (1992), Bahcall et al. (1995) and Pols et al. (1995).

Table 1. Observational data for SXT with known orbital periods (<1 d).

Sources	P_{orb} [d]	q	$f(M_{\text{bh}})$ [M_{\odot}]	i	References
XTE J1118+480	0.171		6.0 ± 0.3		McClintock et al. (2000, 2001)
		~ 0.05	6.1 ± 0.3	81 ± 2	Wagner et al. (2001)
GRO J0422+32	0.212	$0.116^{+0.079}_{-0.071}$	1.21 ± 0.06	35–55	Harlaftis et al. (1999)
			1.19 ± 0.02		Webb et al. (2000)
GRS 1009–45	0.285	0.137 ± 0.015	3.17 ± 0.12	<80	Filippenko et al. (1999)
A0620–00	0.323	0.067 ± 0.010	3.18 ± 0.16	31–54	Marsh et al. (1994)
GS 2000+25	0.345	0.042 ± 0.012	4.97 ± 0.10	66	Casares et al. (1995), Harlaftis et al. (1996)
GRS 1124–683	0.433	$0.128^{+0.044}_{-0.039}$	3.10 ± 0.4	54–65	Casares et al. (1997)
H1705–250	0.521	<0.053	4.86 ± 0.13	60–80	Harlaftis et al. (1997)
4U 1755-338	0.186	BHC			Pan et al. (1995)
XTE J1859+226	0.382	BHC			Sanchez-Fernandez et al. (2000)
GX339–4	0.617	BHC			Tanaka & Lewin (1995)

Table 2. The computed sequences.

Model	$P_{i,\text{orb}}$ (RLOF) [d]	P_{orb} ($C/N = 1$) [d]	P_{orb} ($C/N = 0.1$) [d]	$M_{i,\text{bh}}$ [M_{\odot}]	$M_{i,\text{sg}}$ [M_{\odot}]	M_{sg} ($C/N = 1$) [M_{\odot}]	M_{sg} ($C/N = 0.1$) [M_{\odot}]
1	0.6	0.234	0.191	10	1.25	0.472	0.346
2	0.7	0.315	0.277	10	1.25	0.488	0.365
3	0.8	0.455	0.431	10	1.25	0.514	0.353
4	0.7	0.295	0.249	5	1.25	0.487	0.372
5	0.7	0.277	0.309	10	1.50	0.624	0.505
6	0.8	0.373	0.336	10	1.50	0.636	0.505
7	0.9	0.791	0.599	10	1.50	0.671	0.599
8	0.8	0.347	0.312	5	1.50	0.632	0.507
9	0.8	0.442	0.394	10	1.70	0.749	0.610
10	0.8	0.410	0.355	5	1.70	0.746	0.611

For radiative transport, we use the opacity tables of Iglesias & Rogers (1996). Where the Iglesias & Rogers (1996) tables are incomplete, we have filled the gaps using the opacity tables of Huebner et al. (1977). For temperatures less than 6000 K we use the opacities given by Alexander & Ferguson (1994) and Alexander (private communication). The contribution from conduction, which is present in the Huebner et al. (1977) opacity tables, has been added to the other tables as well, since they don't include it (Haensel, private communication). The chemical compositions are $X = 0.7$, $Z = 0.02$. In calculating evolutionary models of binary stars, we must take into account mass transfer and the associated physical mechanisms which lead to angular momentum loss. We consider the subsequent mass transfer from the secondary to the black hole when the secondary star reaches contact with its Roche lobe. We use the Eggleton (1983) formula to calculate the size of the secondary's Roche lobe. We take into account angular momentum losses due to gravitational wave radiation (Landau & Lifshitz 1971) and magnetic stellar wind braking (Verbunt & Zwaan 1981).

4. Observational data

In Table 1 we present observational data for all known or suspected SXTs with a black hole as accretor and orbital period less than one day.

Spectral observations and a mass function determination have been done for several systems. For a few systems C, N, O spectral lines in different wavelength ranges were also detected.

4.1. XTE J1118+480

XTE J1118+480 is a BHC (Table 1) with an orbital period of 0.171 d (Patterson 2000). McClintock et al. (2000, 2001) found that $f(M_{\text{bh}}) = 6.0 \pm 0.36 M_{\odot}$. Similar result has been presented by Wagner et al. (2001) ($f(M_{\text{bh}}) = 6.1 \pm 0.3 M_{\odot}$). Haswell et al. (2000) found that the Balmer jump appears in absorption. N V emission (124.0, 124.3 nm) is most prominent with equivalent width 0.6 nm. No C IV or O V emission is detected, suggesting that the accreting material has been CNO-processed.

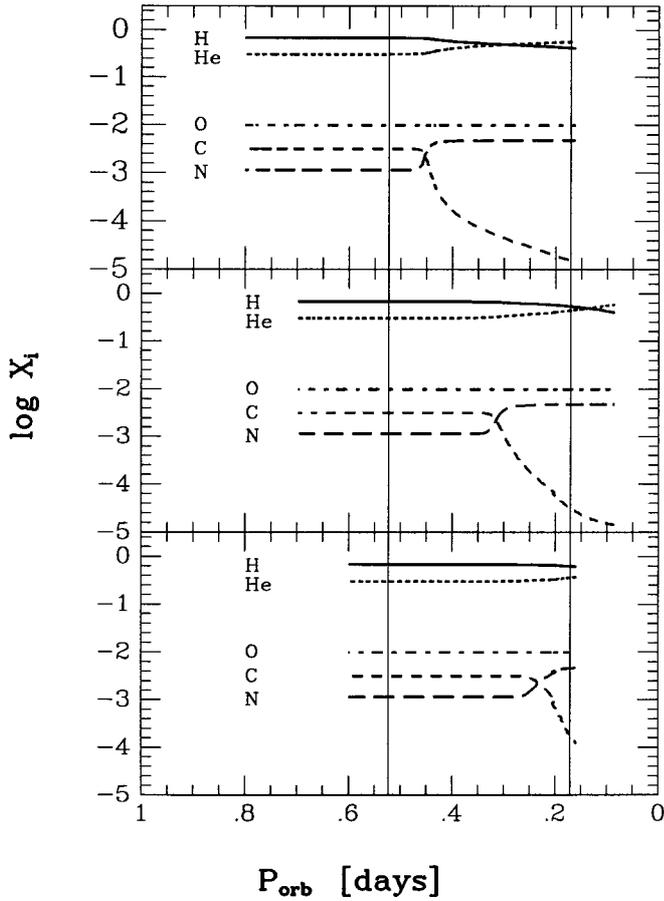


Fig. 2. The evolution of the red subgiant surface abundances of H, He, O, C, N as a function of orbital period: lower panel – sequence (1), middle panel – sequence (2), upper panel – sequence (3). The two thin solid vertical lines show the orbital period region for SXT's.

4.2. XTE J1859+226

XTE J1859+226 is a suspected BHC with suggested orbital period $P_{orb} = 0.382$ d (Sanchez-Fernander et al. 2000). The ultraviolet spectrum shows broad and deep Ly- α absorption, strong C IV 155.5 nm emission and weaker emission lines of C III, N V, O III, O IV, O V, Si IV and He II (Hynes et al. 1999).

4.3. 4U 1755–338

The spectrum is nearly featureless. Very weak He II was measured in one spectrum in 1986 (Cowley et al. 1988).

4.4. GRS 1124–68

Della Valle et al. (1991) found that the most prominent emission lines are H_{α} , H_{β} , N III+He II and N II (721.7 nm). The N III emission is normally attributed to the X-ray heating driving the Bowen fluorescence process, but in the present case it appears broadened by the O II and C III ions.

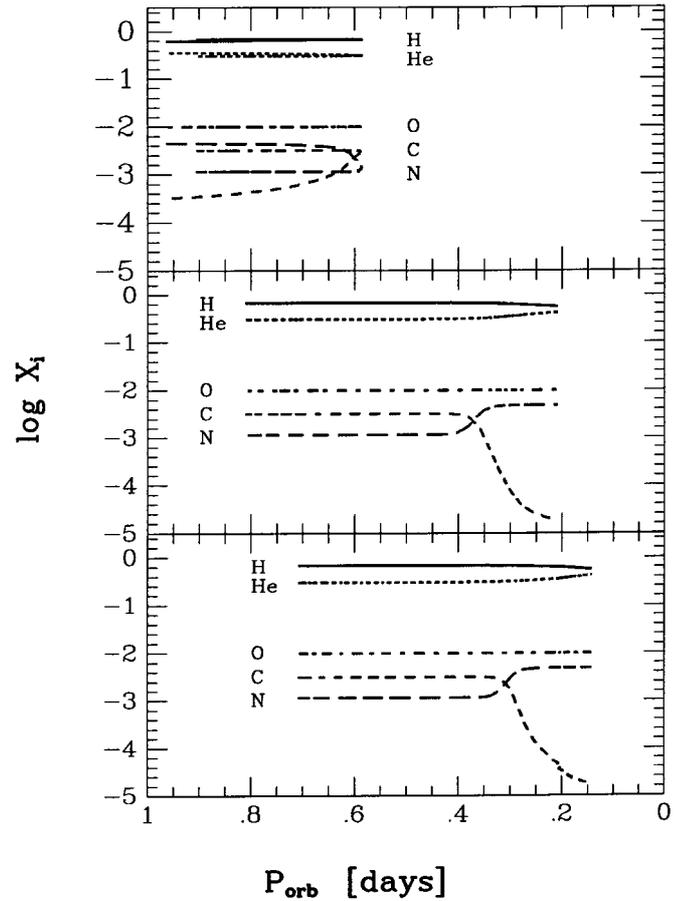


Fig. 3. The same as for Fig. 2: lower panel – sequences (5), middle panel – sequences (6), upper panel – sequence (7).

5. Results of calculations

In Table 2 we present computed masses and orbital periods for two different phases of the binary evolutionary sequences: for the beginning of carbon depletion ($C/N = 1$) and the high carbon depletion ($C/N = 0.1$).

In our Table 2, only for Model 7, the secondary fills the Roche lobe close to the bifurcation period and binary evolution ends up with almost the same period as the initial orbital period. For other models, since $P_{i,orb}(RLOF) < P_{bif}$, all binaries evolve towards short orbital periods. In Fig. 1 we present mass accretion rate versus orbital period for Models 3 and 6. The critical mass accretion rate (Eq. (2)) is also shown (dash-dotted line). Our calculations show that during evolution the secular mass accretion rate is always less than the critical one. Ergma & Fedorova (1998) pointed out that the condition for disk instability is more favorable in systems with higher black hole masses.

Our main interest was concerned with how the surface chemical composition evolves depending on the initial secondary mass and the initial orbital period of RLOF. In Figs. 2a–c we present the evolution of the $1.25 M_{\odot}$ red subgiant surface abundances of H, He, O, C, N as a function of orbital period for Models 1, 2 and 3. In Figs. 3a–c

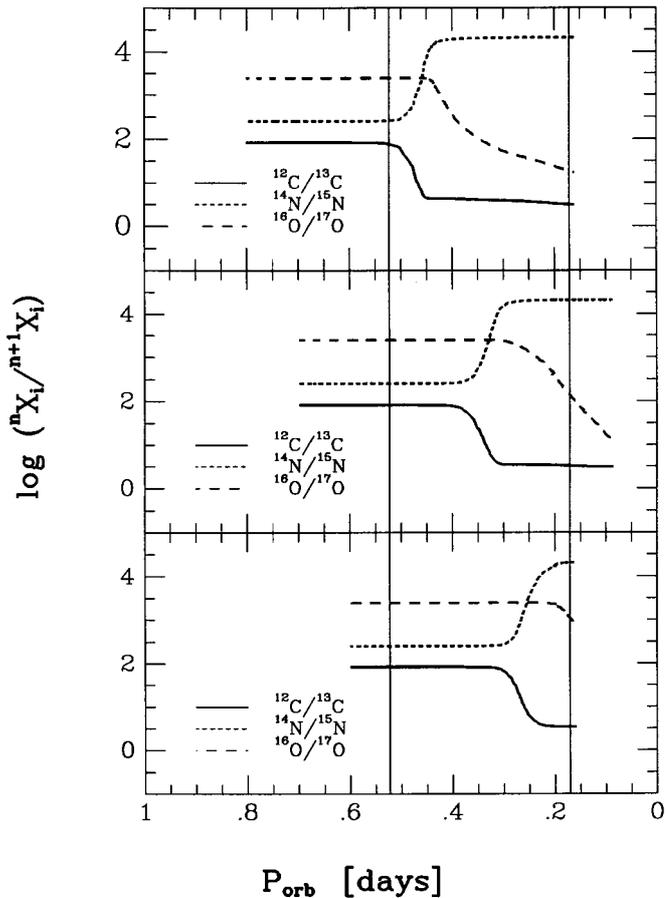


Fig. 4. The evolution of various isotope ratios $^{12}\text{C}/^{13}\text{C}$, $^{14}\text{N}/^{15}\text{N}$ and $^{16}\text{O}/^{17}\text{O}$ versus orbital period for the $1.25 M_{\odot}$ secondary: lower panel – sequence (1), middle panel – sequence (2), upper panel – sequence (3). The two thin solid vertical lines show the orbital period region for SXT’s.

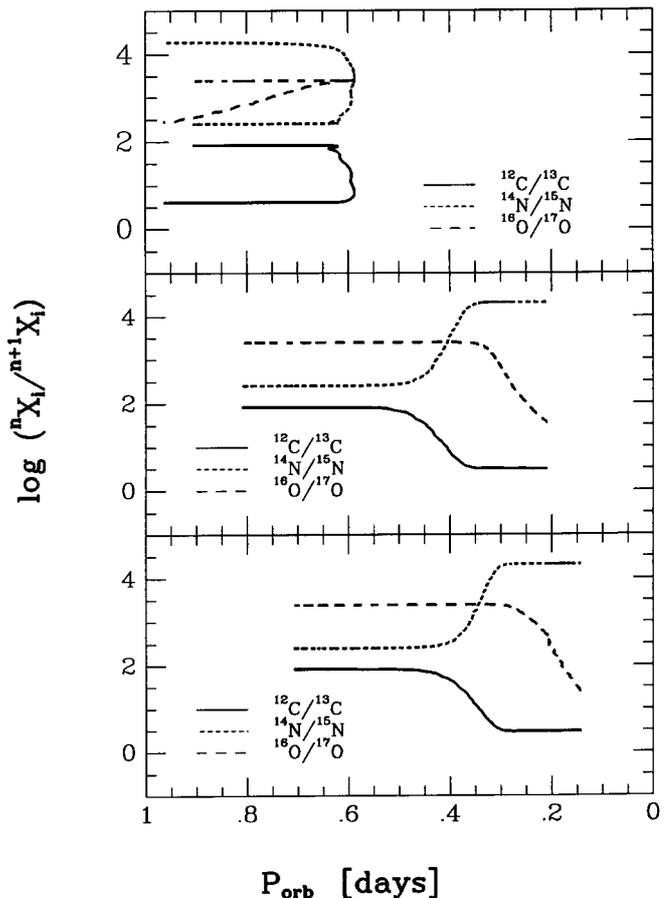


Fig. 5. The same as for Fig. 4 but for $1.5 M_{\odot}$ secondary: lower panel – sequence (5), middle panel – sequence (6), upper panel – sequence (7).

the same is shown but for $1.5 M_{\odot}$ secondaries (Models 5, 6, 7).

Figures 2 and 3 show that surface chemical composition may give us additional information about the progenitors of SXTs. If we do not observe carbon in the spectra of the optical companion of SXTs with an orbital period of about 0.4 d, then the secondary must fill its Roche lobe near $P_{i,\text{orb}}(\text{RLOF}) \geq 0.8$ d (but less than one day). The secondary initial mass must be less than $1.7 M_{\odot}$. We predict that if we observe carbon in the spectra of the secondary star in SXT with $P_{\text{orb}} \simeq 0.3$ d, then the initial mass of the secondary must be less than $1.5 M_{\odot}$ (Fig. 3). For $M_{\text{sg}} = 1.25 M_{\odot}$, initial Roche lobe filling must occur when $P_{i,\text{orb}}(\text{RLOF}) \leq 0.6$ d. In Figs. 4a–c and 5a–c the dependence of various isotope ratios $^{12}\text{C}/^{13}\text{C}$, $^{14}\text{N}/^{15}\text{N}$ and $^{16}\text{O}/^{17}\text{O}$ versus orbital period are shown.

In Figs. 6a, b we show the evolution of the red subgiant surface abundances of H, He, O, C, N (a) and $^{12}\text{C}/^{13}\text{C}$, $^{14}\text{N}/^{15}\text{N}$ and $^{16}\text{O}/^{17}\text{O}$ (b) as a function of secondary mass (Model 3). In Figs. 7a, b the same is shown for Model 6. From these figures we can see that for more massive secondaries, isotope ratios start to change when the mass

of the secondary has decreased to $0.9 M_{\odot}$ ($0.7 M_{\odot}$ for a less massive secondary) and C/N ratios change when $M_{\text{sg}} \leq 0.6 M_{\odot}$ (for $1.5 M_{\odot}$) and $M_{\text{sg}} \leq 0.5 M_{\odot}$ (for $1.25 M_{\odot}$), independent of the initial period of the RLOF.

From the point of view of the evolution of chemical composition we will distinguish three different phases of the SXT’s evolutionary stage:

- 1) For $M_{\text{sg}} > 0.7 M_{\odot}$ and $P_{\text{orb}} > 0.4$ d the optical component shows solar/cosmic C, N, O abundances and isotopic ratio of $^{12}\text{C}/^{13}\text{C}$;
- 2) For $0.4 M_{\odot} < M_{\text{sg}} < 0.7 M_{\odot}$ and $0.3 \text{ d} < P_{\text{orb}} < 0.4$ d the optical component shows cosmic C, N, O abundances but a modified $^{12}\text{C}/^{13}\text{C}$ ratio;
- 3) For $M_{\text{sg}} < 0.4 M_{\odot}$ and $P_{\text{orb}} < 0.3$ d the optical component shows depletion of carbon and enhancement of N abundances (small C/N ratio) and strongly modified isotopic ratios of C, N and O.

We conclude that chemical evolution can give us extra information about the mass of the secondary and this is independent of the black hole mass and the initial evolutionary stage of the secondary component (see Table 2).

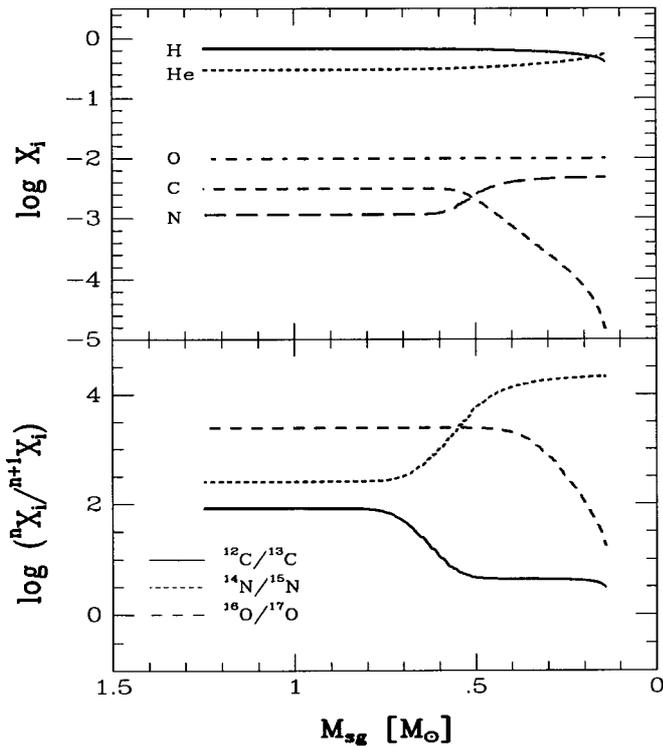


Fig. 6. The evolution of red subgiant surface abundances of H, He, O, C (upper panel) and isotopic ratios of $^{12}\text{C}/^{13}\text{C}$, $^{14}\text{N}/^{15}\text{N}$ and $^{16}\text{O}/^{17}\text{O}$ (lower panel) as function of secondary mass (Model 3).

5.1. Comparison with observations

In Fig. 8 we present calculated q versus orbital period P_{orb} for $M_{\text{sg}} = 1.70, 1.50, 1.25 M_{\odot}$ and $M_{\text{bh}} = 5 M_{\odot}$ (upper curves) and $M_{\text{bh}} = 10 M_{\odot}$ (lower curves). In this figure we also plot observed q values from Table 1. We see that for five systems (XTE J1118+480, A0620-003, GS 2000+25, GRS 1124-683 and H1705-250 (only upper limit)) our theoretical results agree satisfactorily with the observations. For GRO J0422+32 and GRS 1009-45 agreement is not good. The mass ratio for GRS 1009-45 is based only on an H_{α} emission radial velocity curve that is not exactly in antiphase with respect to the absorption line velocity curve. Therefore this mass ratio should be treated with extreme caution (referee remark). The mass ratio for GRS 1009-45 is not reliable so that point in the $q - P_{\text{orb}}$ diagram can move down (good for theoretical models) or up (bad for our picture). For XTE J1118+480 Wagner et al. (2001) found that modeling of the light curves gives a small mass ratio (~ 0.05) which fits well with our model calculation results (see also Fig. 8).

In Fig. 9 computed mass functions (for different values of orbital inclination) are shown for two black hole masses (5 and $10 M_{\odot}$) and three secondary masses (1.25, 1.5 and $1.7 M_{\odot}$).

From computed evolutionary sequences we predict the chemical composition of the optical companion of the black hole. For all systems with known orbital period (see

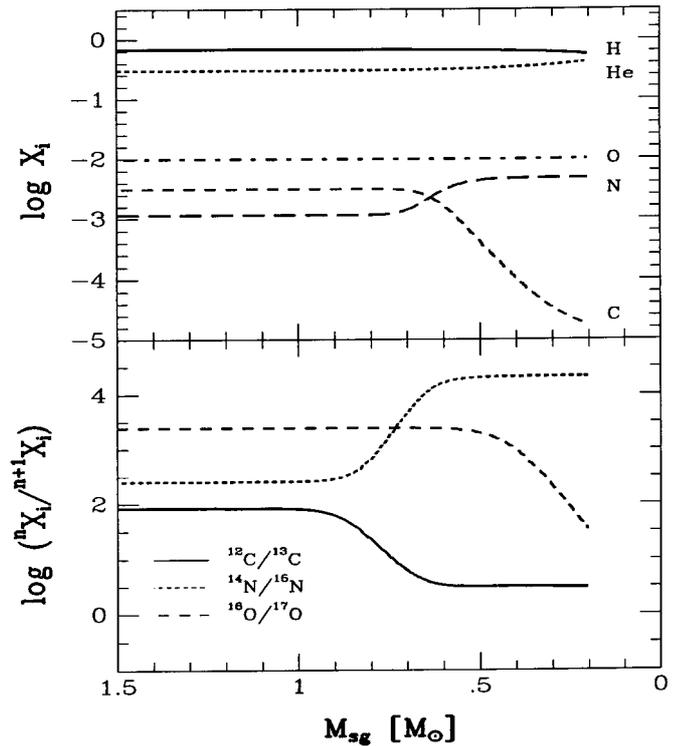


Fig. 7. The same as for Fig. 7 but for model 6.

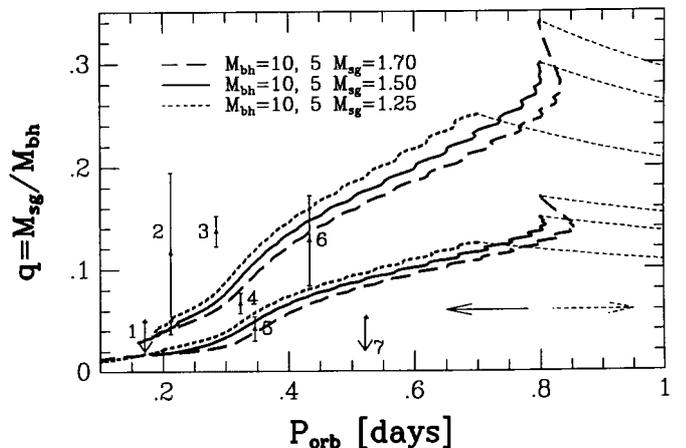


Fig. 8. The observed mass ratio q versus orbital period P_{orb} for black hole X-ray transients: 1 - XTE J1118+480, 2 - GRO J0422+32, 3 - GRS 1009-45, 4 - A0620-003, 5 - GS 2000+25, 6 - GRS 1124-683, 7 - H1705-250. The calculated theoretical relations (q, P_{orb}) for various M_{bh} and M_{sg} are also plotted. Thin dashed lines show fully conservative evolution. The two arrows show the directions of non-conservative (solid) and fully conservative (dashed) evolution. Upper curves are for $M_{\text{bh}} = 5 M_{\odot}$, lower for $M_{\text{bh}} = 10 M_{\odot}$.

Table 1) we estimate (from our grid of models) the following parameters: C/N , $^{12}\text{C}/^{13}\text{C}$, $^{16}\text{O}/^{17}\text{O}$ and M_{sg} . The data are presented in Table 3. For all systems we predict the range of secondary masses using only orbital period and our grid of models.

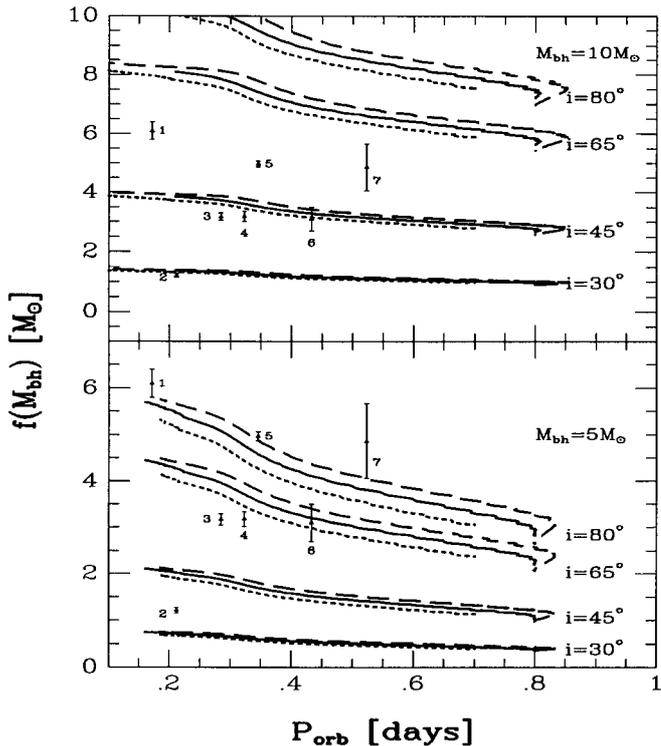


Fig. 9. The observed mass function $f(M_{\text{bh}})$ versus orbital period P_{orb} for black hole X-ray transients: 1 – XTE J1118+480, 2 – GRO J0422+32, 3 – GRS 1009-45, 4 – A0620-003, 5 – GS 2000+25, 6 – GRS 1124-683, 7 – H1705-250. The calculated theoretical relations $(f(M_{\text{bh}}), P_{\text{orb}})$ are for $M_{\text{bh}} = 10 M_{\odot}$ and $M_{\text{sg}} = 1.25$ (short-dashed lines), 1.5 (solid lines) and $1.7 M_{\odot}$ (long-dashed lines) (upper panel). $i = 30, 45, 65, 80$ are also marked. The same for $M_{\text{bh}} = 5 M_{\odot}$ and $M_{\text{sg}} = 1.25$ (short-dashed lines), 1.5 (solid lines) and $1.7 M_{\odot}$ (long-dashed lines) (lower panel).

All our models (beside Model 7) predict that near an orbital period of 0.2–0.3 d, carbon is depleted (GRO J0422+32 and XTE J1118+480). For XTE J1118+480 we estimate a secondary mass in the range 0.14 – $0.29 M_{\odot}$ and a rather small mass ratio ($q < 0.04$).

If XTE J1859-058 has an orbital period of 0.382 d and its UV spectrum shows carbon emission lines then besides Models 3, 7, 9 and 10, carbon is not depleted near this orbital period.

5.2. Observational tests

Besides the UV and blue spectral regions it is interesting to try to observe in red spectral regions (Charles 2001, private communication) and infrared regions of the spectrum.

5.2.1. Red observations of the CN bands

The red CN bands $A^2\Pi - X^2\Sigma^+$ (Bauschlicher et al. 1988) from 4370 – 15050 \AA are useful for observations. We

propose to observe the spectral region near 7920 – 7940 \AA to identify two ^{13}CN lines at 7921.13 \AA and 7935.67 \AA which are very useful for both $^{12}\text{C}/^{13}\text{C}$ isotopic ratio and C, N abundance determination. In the case of a low $^{12}\text{C}/^{13}\text{C}$ ratio (< 10) these lines are clearly recognized (Fujita 1985). However, in stars of high $^{12}\text{C}/^{13}\text{C}$ ratio (> 20) both isotopic lines are undetectable. The best candidates for such observations are GRS 1009-45, A0620-00 and GRS 1124-683. The E_{B-V} in the direction of these systems is not very high and also optical companions are not too faint. For the first two systems we predict no carbon detection while for last one, carbon lines must be visible.

5.2.2. Infrared observations of the CO bands

Following Sarna et al. (1995), Marks et al. (1997) and Marks & Sarna (1998), the isotopic ratios $^{12}\text{C}/^{13}\text{C}$ and $^{16}\text{O}/^{17}\text{O}$ can be determined by infrared observations of the CO bands. Specifically, the bands of ^{12}CO and ^{13}CO around $1.59, 2.3$ ($2.29, 2.32, 2.35$ and $2.38 \mu\text{m}$) and $4.6 \mu\text{m}$ (Bernat et al. 1979; Harris & Lambert 1984a,b; Harris et al. 1988) give a direct measurement of the isotopic ratio $^{12}\text{C}/^{13}\text{C}$. If we can estimate also the $^{16}\text{O}/^{17}\text{O}$ ratio then it is possible to determine the secondary mass using computed sequences. For such observations a 10 m class telescope is necessary.

6. Conclusions

Our theoretical models show that observations of chemical abundances may give additional information about the progenitors of SXTs and also about the mass of the secondary component. To produce the majority of observed short orbital period SXTs with a black hole as accretor, the initial secondary mass must be between 1 and $1.7 M_{\odot}$ and the initial orbital period (when the secondary is filling its Roche lobe) between 0.5 and 1 d. It will be interesting to do population synthesis analyses to see how many systems it is possible to produce in the suggested orbital period – secondary mass range. Having data about observed C, N, O and their isotope abundances it is possible to estimate the mass of the secondary component. Non-conservative evolution (in the sense of the orbital angular momentum loss from the system) is able to explain satisfactorily the observed mass ratio and orbital period distributions. From our analysis one can conclude that the black hole masses are between 5 and $10 M_{\odot}$, which agrees well with Bailyn et al. (1998) results, who compiled the observations of the mass functions and the best estimates of the mass ratios and inclinations and concluded that the black hole masses were clustered near $7 M_{\odot}$.

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Table 3. The predicted chemical composition and secondary masses of SXTs with orbital periods <1 d.

Sources	P_{orb} [d]	C/N	$^{12}\text{C}/^{13}\text{C}$	$^{16}\text{O}/^{17}\text{O}$	M_{sg} [M_{\odot}]
XTE J1118+480	0.171	0.005–0.04	3–3.4	20–1100	0.14–0.29
GRO J0422+32	0.212	0.004–0.02	3–3.4	30–500	0.15–0.36
GRS 1009–45	0.285	0.01–1.14	3.1–3.8	50–2000	0.17–0.54
A0620–00	0.323	0.005–1.6	3–5.2	70–2470	0.18–0.67
GS 2000+25	0.345	0.02–2.78	10–83	100–2470	0.20–0.83
GRS 1124–683	0.433	0.12–2.78	4–83	1600–2470	0.36–1.05
H1705–250	0.521	2.78	74–83	2470	0.77–1.24
4U 1755–338	0.186	0.005–0.09	3–3.4	20–1800	0.15–0.33
XTE J1859+226	0.382	0.03–2.78	7–83	200–2470	0.25–0.90
GX339–4	0.617	2.78	83	2470	0.94–1.25

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